

40. ISF des SSV BINGEN in Wiesbaden - Cross-the-River-Cup

vom 23.09.2023 bis 24.09.2023 im Hallenbad Kleinfeldchen Wiesbaden

Veranstalter: SSV Bingen / Ausrichter: SSV Bingen

Protokoll

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Wettkampf 31 - 400m Freistil w - nage libre f - freestyle f

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Madlen Mihm		SC Wasserfreunde Fulda e.V.	06:35,35	207
	100m: 01:32,90 (01:32,90) 200m: 03:14,18 (01:41,28) 300m: 04:57,36 (01:43,18) 400m: 06:35,35 (01:37,99)				
2.	Charlotte Fleissner		SC Wasserfreunde Fulda e.V.	07:31,58	138
	100m: 01:51,42 (01:51,42) 200m: 03:46,02 (01:54,60) 300m: 05:45,73 (01:59,71) 400m: 07:31,58 (01:45,85)				

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Isabel Krugmann		SC Wiesbaden 1911	05:39,71	326
	100m: 01:19,83 (01:19,83) 200m: 02:47,47 (01:27,64) 300m: 04:14,24 (01:26,77) 400m: 05:39,71 (01:25,47)				
2.	Lilli Kramm		SC Wasserfreunde Fulda e.V.	05:42,42	318
	100m: 01:19,02 (01:19,02) 200m: 02:47,34 (01:28,32) 300m: 04:16,23 (01:28,89) 400m: 05:42,42 (01:26,19)				
3.	Leni-Marie Höhl		SC Wasserfreunde Fulda e.V.	06:02,10	269
	100m: 01:22,65 (01:22,65) 200m: 02:56,15 (01:33,50) 300m: 04:30,31 (01:34,16) 400m: 06:02,10 (01:31,79)				
4.	Mia Kaiser		SV Delphin Wiesbaden e.V.	06:41,04	198
	100m: 01:25,08 (01:25,08) 200m: 03:06,21 (01:41,13) 300m: 04:52,03 (01:45,82) 400m: 06:41,04 (01:49,01)				
5.	Ida Prange-Wegmann		SV Delphin Wiesbaden e.V.	06:41,56	197
	100m: 01:35,21 (01:35,21) 200m: 03:19,10 (01:43,89) 300m: 05:03,13 (01:44,03) 400m: 06:41,56 (01:38,43)				
6.	Hannah Grether		Kaiserslauterer SK	06:44,14	193
	100m: 01:36,56 (01:36,56) 200m: 03:22,13 (01:45,57) 300m: 05:06,69 (01:44,56) 400m: 06:44,14 (01:37,45)				
7.	Livia Gremm		SC Wasserfreunde Fulda e.V.	06:59,79	173
	100m: 01:37,98 (01:37,98) 200m: 03:25,56 (01:47,58) 300m: 05:15,78 (01:50,22) 400m: 06:59,79 (01:44,01)				
8.	Lina Benner		SC Wasserfreunde Fulda e.V.	07:22,78	147
	100m: 01:47,29 (01:47,29) 200m: 03:44,12 (01:56,83) 300m: 05:41,00 (01:56,88) 400m: 07:22,78 (01:41,78)				

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Marie Trostmann		SV Delphin Wiesbaden e.V.	05:01,49	467
	100m: 01:11,96 (01:11,96) 200m: 02:29,34 (01:17,38) 300m: 03:46,47 (01:17,13) 400m: 05:01,49 (01:15,02)				
2.	Siri Marie Klose		SC Wiesbaden 1911	05:12,37	419
	100m: 01:13,06 (01:13,06) 200m: 02:33,44 (01:20,38) 300m: 03:53,31 (01:19,87) 400m: 05:12,37 (01:19,06)				
3.	Emily Oster		SC Wiesbaden 1911	05:14,93	409
	100m: 01:16,41 (01:16,41) 200m: 02:36,47 (01:20,06) 300m: 03:56,60 (01:20,13) 400m: 05:14,93 (01:18,33)				
4.	Carlotta Wöll		SC Wiesbaden 1911	05:34,97	340
	100m: 01:19,48 (01:19,48) 200m: 02:45,55 (01:26,07) 300m: 04:11,41 (01:25,86) 400m: 05:34,97 (01:23,56)				
5.	Kate Schröder		Mainzer Schwimmverein 01	05:41,11	322
	100m: 01:20,24 (01:20,24) 200m: 02:47,73 (01:27,49) 400m: 05:41,11 (02:53,38)				
6.	Audrey Kurr		SC Wiesbaden 1911	05:42,85	317
	100m: 01:21,28 (01:21,28) 200m: 02:48,81 (01:27,53) 300m: 04:17,92 (01:29,11) 400m: 05:42,85 (01:24,93)				
7.	Mariarita Carosino		SC Wiesbaden 1911	05:49,53	299
	100m: 01:22,03 (01:22,03) 200m: 02:50,35 (01:28,32) 300m: 04:20,42 (01:30,07) 400m: 05:49,53 (01:29,11)				

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Emmah Wetherwex	SC Wiesbaden 1911
Klara Strohkendl	SC Wiesbaden 1911
Nathalia Koval	SC Wiesbaden 1911

abgemeldet

Malea Noak	SC Wasserfreunde Fulda e.V.
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Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Marlene Tecklenburg		SC Wiesbaden 1911	04:40,49	580
	100m: 01:07,24 (01:07,24) 200m: 02:18,26 (01:11,02) 300m: 03:29,90 (01:11,64) 400m: 04:40,49 (01:10,59)				
2.	Emma Lia Pauly		SV Delphin Wiesbaden e.V.	04:43,05	564
	100m: 01:07,61 (01:07,61) 200m: 02:18,97 (01:11,36) 300m: 03:31,07 (01:12,10) 400m: 04:43,05 (01:11,98)				
3.	Inessa Kelberer		SC Wasserfreunde Fulda e.V.	04:48,01	535
	100m: 01:07,75 (01:07,75) 200m: 02:19,41 (01:11,66) 300m: 03:33,90 (01:14,49) 400m: 04:48,01 (01:14,11)				

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noch Wettkampf 31 - 400m Freistil w - nage libre f - freestyle f

noch Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
4.	Sabina Ahmedov		SC Wiesbaden 1911	04:58,76	479
	100m: 01:09,04 (01:09,04) 200m: 02:23,91 (01:14,87) 300m: 03:41,82 (01:17,91) 400m: 04:58,76 (01:16,94)				
5.	Karlotta Reihle		SC Wiesbaden 1911	05:01,36	467
	100m: 01:11,46 (01:11,46) 200m: 02:27,76 (01:16,30) 300m: 03:45,36 (01:17,60) 400m: 05:01,36 (01:16,00)				
6.	Anna Grimm		SC Wiesbaden 1911	05:04,96	451
	100m: 01:10,79 (01:10,79) 200m: 02:27,67 (01:16,88) 300m: 03:46,57 (01:18,90) 400m: 05:04,96 (01:18,39)				
7.	Sophie Marie Göbel		SC Wasserfreunde Fulda e.V.	05:06,26	445
	100m: 01:15,14 (01:15,14) 200m: 02:34,35 (01:19,21) 300m: 03:52,48 (01:18,13) 400m: 05:06,26 (01:13,78)				
8.	Kim Zoe Diefenbach		SV Delphin Wiesbaden e.V.	05:09,55	431
	100m: 01:14,40 (01:14,40) 200m: 02:33,70 (01:19,30) 300m: 03:52,10 (01:18,40) 400m: 05:09,55 (01:17,45)				
9.	Marit-Henrike Trapp		VfR Simmern	05:42,59	318
	100m: 01:21,33 (01:21,33) 200m: 02:48,06 (01:26,73) 300m: 04:14,92 (01:26,86) 400m: 05:42,59 (01:27,67)				

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Svea Charlotte Wilsmann		SG EWR Rheinhessen-Mainz	04:59,06	478
	100m: 01:11,00 (01:11,00) 200m: 02:26,92 (01:15,92) 300m: 03:43,41 (01:16,49) 400m: 04:59,06 (01:15,65)				
2.	Sara Spira		SG EWR Rheinhessen-Mainz	05:14,28	412
	100m: 01:16,45 (01:16,45) 200m: 02:36,74 (01:20,29) 300m: 03:56,45 (01:19,71) 400m: 05:14,28 (01:17,83)				
3.	Leni Oswald		SC Wasserfreunde Fulda e.V.	05:25,65	370
	100m: 01:14,20 (01:14,20) 200m: 02:37,57 (01:23,37) 300m: 04:01,66 (01:24,09) 400m: 05:25,65 (01:23,99)				
4.	Laura Grimm		SC Wiesbaden 1911	05:26,16	368
	100m: 01:12,97 (01:12,97) 200m: 02:34,33 (01:21,36) 300m: 03:59,88 (01:25,55) 400m: 05:26,16 (01:26,28)				

nicht am Start

Avah Wetherwax

SC Wiesbaden 1911

Hannah Takar

VfR Simmern

Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Janna Pauly		SV Delphin Wiesbaden e.V.	04:34,43	619
	100m: 01:04,98 (01:04,98) 200m: 02:15,47 (01:10,49) 300m: 03:26,01 (01:10,54) 400m: 04:34,43 (01:08,42)				
2.	Tamara Braun		SC Wiesbaden 1911	04:42,85	565
	100m: 01:09,06 (01:09,06) 200m: 02:21,28 (01:12,22) 300m: 03:33,42 (01:12,14) 400m: 04:42,85 (01:09,43)				
3.	Leni Fischer		SC Wasserfreunde Fulda e.V.	04:47,33	539
	100m: 01:07,73 (01:07,73) 200m: 02:20,57 (01:12,84) 300m: 03:34,83 (01:14,26) 400m: 04:47,33 (01:12,50)				
4.	Mia Kiegler		SG EWR Rheinhessen-Mainz	04:59,18	477
	100m: 01:11,29 (01:11,29) 200m: 02:26,91 (01:15,62) 300m: 03:43,45 (01:16,54) 400m: 04:59,18 (01:15,73)				

Jahrgang 2005 und älter

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Fiona Dengler-Harles		Mainzer Schwimmverein 01	04:29,22	655
	100m: 01:04,25 (01:04,25) 200m: 02:12,81 (01:08,56) 300m: 03:21,46 (01:08,65) 400m: 04:29,22 (01:07,76)				
2.	Luisa Drube		Mainzer Schwimmverein 01	04:46,70	543
	100m: 01:07,87 (01:07,87) 200m: 02:19,51 (01:11,64) 300m: 03:33,54 (01:14,03) 400m: 04:46,70 (01:13,16)				
3.	Mailin Riegel		SG EWR Rheinhessen-Mainz	04:57,64	485
	100m: 01:11,78 (01:11,78) 200m: 02:26,95 (01:15,17) 300m: 03:42,55 (01:15,60) 400m: 04:57,64 (01:15,09)				