

Wettkampf 32 - 400m Freistil männlich

Jahrgang 2011

Platz	Schwimmer	Jg.	Verein	Endzeit	
	Frederik Alexander Kaul	2011	SG Wetterau	05:35,04	283
	50m: 00:36,70 (00:36,70) 100m: 01:18,24 (00:41,54)				
	150m: 02:01,47 (00:43,23) 200m: 02:44,71 (00:43,24)				
	250m: 03:27,96 (00:43,25) 300m: 04:12,09 (00:44,13)				
	350m: 04:54,72 (00:42,63) 400m: 05:35,04 (00:40,32)				
	Jakob Stark	2011	TV Wetzlar	05:36,44	279
	50m: 00:37,77 (00:37,77) 100m: 01:21,01 (00:43,24)				
	150m: 02:04,02 (00:43,01) 200m: 02:47,03 (00:43,01)				
	250m: 03:31,20 (00:44,17) 300m: 04:14,51 (00:43,31)				
	350m: 04:57,05 (00:42,54) 400m: 05:36,44 (00:39,39)				
	Johann Weiß	2011	SC Wiesbaden 1911	05:57,11	234
	50m: 00:38,72 (00:38,72) 100m: 01:24,68 (00:45,96)				
	150m: 02:10,08 (00:45,40) 200m: 02:55,16 (00:45,08)				
	250m: 03:41,23 (00:46,07) 300m: 04:27,55 (00:46,32)				
	350m: 05:13,98 (00:46,43) 400m: 05:57,11 (00:43,13)				
	Linus Bechtel	2011	SG Wetterau	05:58,45	231
	50m: 00:39,95 (00:39,95) 100m: 01:25,02 (00:45,07)				
	150m: 02:11,03 (00:46,01) 200m: 02:57,77 (00:46,74)				
	250m: 03:44,27 (00:46,50) 300m: 04:30,25 (00:45,98)				
	350m: 05:17,30 (00:47,05) 400m: 05:58,45 (00:41,15)				
	Niklas Maack	2011	SC Wiesbaden 1911	07:33,11	114
	50m: 00:48,45 (00:48,45) 100m: 01:46,07 (00:57,62)				
	150m: 02:44,97 (00:58,90) 200m: 03:44,75 (00:59,78)				
	250m: 04:43,60 (00:58,85) 300m: 05:42,68 (00:59,08)				
	350m: 06:40,88 (00:58,20) 400m: 07:33,11 (00:52,23)				

Jahrgang 2010

Platz	Schwimmer	Jg.	Verein	Endzeit	
	Alexander Wang	2010	SCW Eschborn	05:13,19	346
	50m: 00:35,82 (00:35,82) 100m: 01:15,80 (00:39,98)				
	150m: 01:57,16 (00:41,36) 200m: 02:37,32 (00:40,16)				
	250m: 03:18,20 (00:40,88) 300m: 03:58,17 (00:39,97)				
	350m: 04:37,47 (00:39,30) 400m: 05:13,19 (00:35,72)				
	Tom Scott Mühlbauer	2010	SCW Eschborn	05:17,92	331
	50m: 00:37,49 (00:37,49) 100m: 01:18,11 (00:40,62)				
	150m: 01:59,76 (00:41,65) 200m: 02:39,88 (00:40,12)				
	250m: 03:20,54 (00:40,66) 300m: 04:00,57 (00:40,03)				
	350m: 04:40,52 (00:39,95) 400m: 05:17,92 (00:37,40)				
	Mathis Lindner	2010	SC Wiesbaden 1911	05:20,88	322
	50m: 00:36,16 (00:36,16) 100m: 01:17,30 (00:41,14)				
	150m: 01:58,48 (00:41,18) 200m: 02:40,33 (00:41,85)				
	250m: 03:20,98 (00:40,65) 300m: 04:02,10 (00:41,12)				
	350m: 04:43,45 (00:41,35) 400m: 05:20,88 (00:37,43)				
	Arne Gerald Roth	2010	SCW Eschborn	05:23,20	315
	50m: 00:36,93 (00:36,93) 100m: 01:17,14 (00:40,21)				
	150m: 01:59,35 (00:42,21) 200m: 02:42,19 (00:42,84)				
	250m: 03:23,61 (00:41,42) 300m: 04:05,15 (00:41,54)				
	350m: 04:46,14 (00:40,99) 400m: 05:23,20 (00:37,06)				
	Florian Funke	2010	SC Wiesbaden 1911	05:23,31	315
	50m: 00:37,28 (00:37,28) 100m: 01:17,79 (00:40,51)				
	150m: 01:59,05 (00:41,26) 200m: 02:40,42 (00:41,37)				
	250m: 03:21,57 (00:41,15) 300m: 04:03,06 (00:41,49)				
	350m: 04:44,01 (00:40,95) 400m: 05:23,31 (00:39,30)				



Protokolldaten

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Platz	Schwimmer	Jg.	Verein	Endzeit	
	Malte Minner	2010	SC Wiesbaden 1911	05:23,60	314
	50m: 00:34,55 (00:34,55) 100m: 01:13,67 (00:39,12)				
	150m: 01:54,41 (00:40,74) 200m: 02:36,36 (00:41,95)				
	250m: 03:18,34 (00:41,98) 300m: 04:00,50 (00:42,16)				
	350m: 04:42,69 (00:42,19) 400m: 05:23,60 (00:40,91)				
	Oskar Immisch	2010	SCW Eschborn	05:42,83	264
	50m: 00:38,31 (00:38,31) 100m: 01:22,44 (00:44,13)				
	150m: 02:07,23 (00:44,79) 200m: 02:51,74 (00:44,51)				
	250m: 03:36,25 (00:44,51) 300m: 04:21,25 (00:45,00)				
	350m: 05:03,49 (00:42,24) 400m: 05:42,83 (00:39,34)				
	Karl Cornet	2010	SV Poseidon Limburg e. V.	05:47,61	253
	50m: 00:37,18 (00:37,18) 100m: 01:20,96 (00:43,78)				
	150m: 02:06,05 (00:45,09) 200m: 02:51,06 (00:45,01)				
	250m: 03:36,18 (00:45,12) 300m: 04:20,24 (00:44,06)				
	350m: 05:04,98 (00:44,74) 400m: 05:47,61 (00:42,63)				
	Fabian Holz	2010	SCW Eschborn	05:47,91	253
	50m: 00:38,41 (00:38,41) 100m: 01:23,18 (00:44,77)				
	150m: 02:08,12 (00:44,94) 200m: 02:52,64 (00:44,52)				
	250m: 03:38,62 (00:45,98) 300m: 04:23,01 (00:44,39)				
	350m: 05:07,91 (00:44,90) 400m: 05:47,91 (00:40,00)				
	Ruian Liu	2010	SCW Eschborn	05:48,41	252
	50m: 00:37,07 (00:37,07) 100m: 01:21,62 (00:44,55)				
	150m: 02:07,24 (00:45,62) 200m: 02:53,60 (00:46,36)				
	250m: 03:37,81 (00:44,21) 300m: 04:24,15 (00:46,34)				
	350m: 05:07,34 (00:43,19) 400m: 05:48,41 (00:41,07)				
	Oskar Vaupotic	2010	SV Gelnhausen 1924 e.V.	05:53,59	241
	50m: 00:38,53 (00:38,53) 100m: 01:23,06 (00:44,53)				
	150m: 02:10,62 (00:47,56) 200m: 02:55,38 (00:44,76)				
	250m: 03:41,59 (00:46,21) 300m: 04:26,46 (00:44,87)				
	350m: 05:11,01 (00:44,55) 400m: 05:53,59 (00:42,58)				
	Taku Missel	2010	SCW Eschborn	05:54,65	238
	50m: 00:39,78 (00:39,78) 100m: 01:24,94 (00:45,16)				
	150m: 02:10,31 (00:45,37) 200m: 02:56,47 (00:46,16)				
	250m: 03:42,55 (00:46,08) 300m: 04:28,09 (00:45,54)				
	350m: 05:12,22 (00:44,13) 400m: 05:54,65 (00:42,43)				
	David Eckardt	2010	SV Gelnhausen 1924 e.V.	05:55,00	238
	50m: 00:37,72 (00:37,72) 100m: 01:22,11 (00:44,39)				
	150m: 02:08,25 (00:46,14) 200m: 02:54,95 (00:46,70)				
	250m: 03:41,69 (00:46,74) 300m: 04:26,99 (00:45,30)				
	350m: 05:12,19 (00:45,20) 400m: 05:55,00 (00:42,81)				
	Matteo Mackensen	2010	SCW Eschborn	06:03,48	221
	50m: 00:39,14 (00:39,14) 100m: 01:25,75 (00:46,61)				
	150m: 02:12,76 (00:47,01) 200m: 03:00,31 (00:47,55)				
	250m: 03:47,95 (00:47,64) 300m: 04:34,10 (00:46,15)				
	350m: 05:19,54 (00:45,44) 400m: 06:03,48 (00:43,94)				
	Moha Ascour	2010	SV Gelnhausen 1924 e.V.	06:04,03	220
	50m: 00:38,44 (00:38,44) 100m: 01:22,49 (00:44,05)				
	150m: 02:07,60 (00:45,11) 200m: 02:54,64 (00:47,04)				
	250m: 03:40,83 (00:46,19) 300m: 04:30,09 (00:49,26)				
	350m: 05:16,89 (00:46,80) 400m: 06:04,03 (00:47,14)				



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Platz	Schwimmer	Jg.	Verein	Endzeit	
	Magnus Bucerius	2010	SG Wetterau	06:16,60	199
	50m: 00:38,90 (00:38,90) 100m: 01:25,77 (00:46,87)				
	150m: 02:14,53 (00:48,76) 200m: 03:02,96 (00:48,43)				
	250m: 03:51,49 (00:48,53) 300m: 04:41,15 (00:49,66)				
	350m: 05:31,03 (00:49,88) 400m: 06:16,60 (00:45,57)				
	Jonas Kipp	2010	SC Wiesbaden 1911	06:25,54	185
	50m: 00:39,10 (00:39,10) 100m: 01:26,66 (00:47,56)				
	150m: 02:16,64 (00:49,98) 200m: 03:06,66 (00:50,02)				
	300m: 04:48,69 (01:42,03) 350m: 05:39,98 (00:51,29)				
	400m: 06:25,54 (00:45,56)				
	Ben Blasche	2010	Kelkheimer SC	06:28,09	182
	50m: 00:41,69 (00:41,69) 100m: 01:30,01 (00:48,32)				
	150m: 02:21,03 (00:51,02) 200m: 03:13,53 (00:52,50)				
	250m: 04:04,74 (00:51,21) 300m: 04:56,36 (00:51,62)				
	350m: 05:46,43 (00:50,07) 400m: 06:28,09 (00:41,66)				
	Matthis Becker	2010	SVS Griesheim	06:33,00	175
	50m: 00:43,03 (00:43,03) 100m: 01:31,80 (00:48,77)				
	150m: 02:22,15 (00:50,35) 200m: 03:13,54 (00:51,39)				
	250m: 04:05,63 (00:52,09) 300m: 04:55,83 (00:50,20)				
	350m: 05:47,51 (00:51,68) 400m: 06:33,00 (00:45,49)				
	Theo Föll	2010	TV Wetzlar	07:30,36	116
	50m: 00:49,11 (00:49,11) 100m: 01:48,81 (00:59,70)				
	150m: 02:48,46 (00:59,65) 200m: 03:46,97 (00:58,51)				
	250m: 04:45,08 (00:58,11) 300m: 05:40,57 (00:55,49)				
	350m: 06:39,68 (00:59,11) 400m: 07:30,36 (00:50,68)				
	Erik Tolksdorf	2010	SC Wiesbaden 1911	08:12,09	89
	100m: 01:46,97 (01:46,97) 200m: 03:56,45 (02:09,48)				
	250m: 05:01,20 (01:04,75) 300m: 06:04,69 (01:03,49)				
	400m: 08:12,09 (02:07,40)				
	Daniel Damaschin	2010	SC Wiesbaden 1911	08:27,12	81
	50m: 00:53,66 (00:53,66) 100m: 01:57,06 (01:03,40)				
	150m: 03:06,05 (01:08,99) 200m: 04:11,43 (01:05,38)				
	250m: 05:23,14 (01:11,71) 300m: 06:28,93 (01:05,79)				
	350m: 07:30,88 (01:01,95) 400m: 08:27,12 (00:56,24)				

Jahrgang 2009

Platz	Schwimmer	Jg.	Verein	Endzeit	
	Jannes Schmidt	2009	SC Wiesbaden 1911	04:45,67	457
	50m: 00:33,02 (00:33,02) 100m: 01:09,95 (00:36,93)				
	150m: 01:46,33 (00:36,38) 200m: 02:23,18 (00:36,85)				
	250m: 03:00,23 (00:37,05) 300m: 03:36,03 (00:35,80)				
	350m: 04:12,19 (00:36,16) 400m: 04:45,67 (00:33,48)				
	Julian Santino Bleek	2009	SC Wiesbaden 1911	04:58,34	401
	50m: 00:34,01 (00:34,01) 100m: 01:11,84 (00:37,83)				
	150m: 01:49,86 (00:38,02) 200m: 02:28,36 (00:38,50)				
	250m: 03:06,25 (00:37,89) 300m: 03:44,44 (00:38,19)				
	350m: 04:21,85 (00:37,41) 400m: 04:58,34 (00:36,49)				
	Leopold Maskort	2009	SC Wiesbaden 1911	04:59,45	396
	50m: 00:33,65 (00:33,65) 100m: 01:12,29 (00:38,64)				
	150m: 01:49,86 (00:37,57) 200m: 02:27,96 (00:38,10)				
	250m: 03:06,14 (00:38,18) 300m: 03:44,88 (00:38,74)				
	350m: 04:22,76 (00:37,88) 400m: 04:59,45 (00:36,69)				



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Platz	Schwimmer	Jg.	Verein	Endzeit	
	Daniel Shumakovich	2009	SC Wiesbaden 1911	05:06,75	369
	50m: 00:37,23 (00:37,23) 100m: 01:16,37 (00:39,14)				
	150m: 01:55,55 (00:39,18) 200m: 02:34,09 (00:38,54)				
	250m: 03:12,77 (00:38,68) 300m: 03:51,40 (00:38,63)				
	350m: 04:29,81 (00:38,41) 400m: 05:06,75 (00:36,94)				
	Lenny Luca Frank	2009	SV Gelnhausen 1924 e.V.	05:12,29	349
	50m: 00:33,36 (00:33,36) 100m: 01:11,61 (00:38,25)				
	150m: 01:51,80 (00:40,19) 200m: 02:32,51 (00:40,71)				
	250m: 03:13,55 (00:41,04) 300m: 03:54,05 (00:40,50)				
	350m: 04:34,64 (00:40,59) 400m: 05:12,29 (00:37,65)				
	Tilman von den Driesch	2009	SV Delphin Wiesbaden e.V.	05:47,55	253
	50m: 00:38,19 (00:38,19) 100m: 01:22,47 (00:44,28)				
	150m: 02:07,34 (00:44,87) 200m: 02:52,77 (00:45,43)				
	250m: 03:37,37 (00:44,60) 300m: 04:22,48 (00:45,11)				
	350m: 05:06,21 (00:43,73) 400m: 05:47,55 (00:41,34)				
	Luca Gündogan	2009	TV 1862 Langen e.V.	06:15,16	201
	50m: 00:39,20 (00:39,20) 100m: 01:23,66 (00:44,46)				
	150m: 02:11,24 (00:47,58) 200m: 02:59,51 (00:48,27)				
	250m: 03:49,17 (00:49,66) 300m: 04:39,14 (00:49,97)				
	350m: 05:28,51 (00:49,37) 400m: 06:15,16 (00:46,65)				
	<u>abgemeldet</u>				
	David Smeja-Kerr	2009	SC Wiesbaden 1911		
	Karl Anton Macher	2009	SV Delphin Wiesbaden e.V.		

Jahrgang 2008

Platz	Schwimmer	Jg.	Verein	Endzeit	
	Clemens Stark	2008	TV Wetzlar	04:49,33	440
	50m: 00:33,13 (00:33,13) 100m: 01:09,45 (00:36,32)				
	150m: 01:46,11 (00:36,66) 200m: 02:23,65 (00:37,54)				
	250m: 03:00,59 (00:36,94) 300m: 03:37,21 (00:36,62)				
	350m: 04:13,90 (00:36,69) 400m: 04:49,33 (00:35,43)				
	Ole Schmitz	2008	SC Wiesbaden 1911	04:50,24	435
	50m: 00:32,77 (00:32,77) 100m: 01:09,07 (00:36,30)				
	150m: 01:46,13 (00:37,06) 200m: 02:23,40 (00:37,27)				
	250m: 03:00,49 (00:37,09) 300m: 03:37,53 (00:37,04)				
	350m: 04:14,85 (00:37,32) 400m: 04:50,24 (00:35,39)				
	Luis Cimiotti	2008	SG Wetterau	05:16,73	335
	50m: 00:33,95 (00:33,95) 100m: 01:13,92 (00:39,97)				
	150m: 01:55,00 (00:41,08) 200m: 02:36,03 (00:41,03)				
	250m: 03:17,26 (00:41,23) 300m: 03:58,50 (00:41,24)				
	350m: 04:39,54 (00:41,04) 400m: 05:16,73 (00:37,19)				
	<u>nicht am Start</u>				
	Charbel Jarjour	2008	SC Wiesbaden 1911		

Jahrgang 2007

Platz	Schwimmer	Jg.	Verein	Endzeit	
	Diego Alfons Heinze	2007	SC Wiesbaden 1911	04:25,42	570
	50m: 00:29,83 (00:29,83) 100m: 01:02,63 (00:32,80)				
	150m: 01:35,49 (00:32,86) 200m: 02:09,47 (00:33,98)				
	250m: 02:43,41 (00:33,94) 300m: 03:17,77 (00:34,36)				
	350m: 03:51,97 (00:34,20) 400m: 04:25,42 (00:33,45)				



Protokolldaten

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noch Jahrgang 2007

Platz	Schwimmer	Jg.	Verein	Endzeit	
	Melvin Jonas	2007	SC Wasserfreunde Fulda e.V.	04:36,71	503
	50m: 00:30,58 (00:30,58) 100m: 01:05,64 (00:35,06)				
	150m: 01:41,39 (00:35,75) 200m: 02:17,17 (00:35,78)				
	250m: 02:52,88 (00:35,71) 300m: 03:28,21 (00:35,33)				
	350m: 04:03,80 (00:35,59) 400m: 04:36,71 (00:32,91)				
	Erik Lang	2007	SV Delphin Wiesbaden e.V.	04:47,48	448
	50m: 00:31,86 (00:31,86) 100m: 01:06,82 (00:34,96)				
	150m: 01:43,19 (00:36,37) 200m: 02:19,69 (00:36,50)				
	250m: 02:57,07 (00:37,38) 300m: 03:34,84 (00:37,77)				
	350m: 04:11,93 (00:37,09) 400m: 04:47,48 (00:35,55)				
	Soma Bardi	2007	SV Poseidon Limburg e. V.	04:54,12	418
	50m: 00:32,01 (00:32,01) 100m: 01:07,92 (00:35,91)				
	150m: 01:45,35 (00:37,43) 200m: 02:23,71 (00:38,36)				
	250m: 03:02,61 (00:38,90) 300m: 03:40,67 (00:38,06)				
	350m: 04:19,17 (00:38,50) 400m: 04:54,12 (00:34,95)				
	Alexej Sukhov	2007	TV Wetzlar	04:54,27	418
	50m: 00:31,67 (00:31,67) 100m: 01:08,50 (00:36,83)				
	150m: 01:46,15 (00:37,65) 200m: 02:24,36 (00:38,21)				
	250m: 03:02,31 (00:37,95) 300m: 03:40,57 (00:38,26)				
	350m: 04:18,13 (00:37,56) 400m: 04:54,27 (00:36,14)				
	Hagen Lang	2007	SV Delphin Wiesbaden e.V.	04:56,86	407
	50m: 00:33,17 (00:33,17) 100m: 01:10,77 (00:37,60)				
	150m: 01:48,58 (00:37,81) 200m: 02:27,10 (00:38,52)				
	250m: 03:05,22 (00:38,12) 300m: 03:43,44 (00:38,22)				
	350m: 04:21,20 (00:37,76) 400m: 04:56,86 (00:35,66)				
	Leander Franke	2007	SV Delphin Wiesbaden e.V.	05:02,61	384
	50m: 00:33,31 (00:33,31) 100m: 01:11,08 (00:37,77)				
	150m: 01:49,97 (00:38,89) 200m: 02:28,53 (00:38,56)				
	250m: 03:07,44 (00:38,91) 300m: 03:46,34 (00:38,90)				
	350m: 04:25,56 (00:39,22) 400m: 05:02,61 (00:37,05)				
	Fritz Föll	2007	TV Wetzlar	05:16,92	334
	50m: 00:36,22 (00:36,22) 100m: 01:16,76 (00:40,54)				
	150m: 01:57,95 (00:41,19) 200m: 02:38,46 (00:40,51)				
	250m: 03:20,02 (00:41,56) 300m: 04:00,17 (00:40,15)				
	350m: 04:39,90 (00:39,73) 400m: 05:16,92 (00:37,02)				
	<u>abgemeldet</u>				
	David Heymann	2007	SCW Eschborn		

**Protokolldaten**