

## Wettkampf 31 - 400m Freistil weiblich

### Jahrgang 2007

Platz	Schwimmerin	Jg.	Verein	Endzeit	
	Marie Strohaln	2007	Hofheimer SC	04:39,71	604
	50m: 00:31,86 (00:31,86)   100m: 01:07,23 (00:35,37)   150m: 01:42,97 (00:35,74)   200m: 02:18,84 (00:35,87)				
	250m: 02:54,71 (00:35,87)   300m: 03:30,85 (00:36,14)   350m: 04:06,49 (00:35,64)   400m: 04:39,71 (00:33,22)				
	Janka Racz	2007	SC Wiesbaden 1911	04:49,22	546
	50m: 00:32,43 (00:32,43)   100m: 01:08,47 (00:36,04)   150m: 01:45,87 (00:37,40)   200m: 02:22,76 (00:36,89)				
	250m: 03:00,00 (00:37,24)   300m: 03:37,27 (00:37,27)   350m: 04:14,11 (00:36,84)   400m: 04:49,22 (00:35,11)				
	Katharina Hruby	2007	SGS Main-Kinzig	04:55,97	509
	50m: 00:33,45 (00:33,45)   100m: 01:10,41 (00:36,96)   150m: 01:48,43 (00:38,02)   200m: 02:26,85 (00:38,42)				
	250m: 03:05,78 (00:38,93)   300m: 03:44,32 (00:38,54)   350m: 04:21,91 (00:37,59)   400m: 04:55,97 (00:34,06)				
	Luna-Kim Latzel	2007	SC Wasserfreunde Fulda e.V.	05:06,29	460
	50m: 00:34,94 (00:34,94)   100m: 01:12,25 (00:37,31)   150m: 01:51,71 (00:39,46)   200m: 02:30,40 (00:38,69)				
	250m: 03:10,10 (00:39,70)   300m: 03:49,46 (00:39,36)   350m: 04:29,12 (00:39,66)   400m: 05:06,29 (00:37,17)				
	Sarah Sophie Haude	2007	TSV Eintracht Stadtallendorf	05:49,90	308
	50m: 00:35,82 (00:35,82)   100m: 01:19,52 (00:43,70)   150m: 02:05,26 (00:45,74)   200m: 02:51,20 (00:45,94)				
	250m: 03:36,84 (00:45,64)   300m: 04:22,84 (00:46,00)   350m: 05:07,67 (00:44,83)   400m: 05:49,90 (00:42,23)				

### Jahrgang 2006

Platz	Schwimmerin	Jg.	Verein	Endzeit	
	Helene Schultetus	2006	SC Wiesbaden 1911	04:55,72	511
	50m: 00:32,55 (00:32,55)   100m: 01:08,95 (00:36,40)   150m: 01:46,45 (00:37,50)   200m: 02:24,67 (00:38,22)				
	250m: 03:03,34 (00:38,67)   300m: 03:42,32 (00:38,98)   350m: 04:20,08 (00:37,76)   400m: 04:55,72 (00:35,64)				
	Emma Heierhoff	2006	SC Wiesbaden 1911	04:58,90	495
	50m: 00:32,96 (00:32,96)   100m: 01:09,60 (00:36,64)   150m: 01:47,77 (00:38,17)   200m: 02:26,06 (00:38,29)				
	250m: 03:05,27 (00:39,21)   300m: 03:44,03 (00:38,76)   350m: 04:21,96 (00:37,93)   400m: 04:58,90 (00:36,94)				
	Greta Wappenschmidt	2006	SCW Eschborn	05:04,74	467
	50m: 00:32,91 (00:32,91)   100m: 01:09,29 (00:36,38)   150m: 01:47,06 (00:37,77)   200m: 02:25,48 (00:38,42)				
	250m: 03:05,69 (00:40,21)   300m: 03:45,00 (00:39,31)   350m: 04:25,35 (00:40,35)   400m: 05:04,74 (00:39,39)				
	Charlotte Uherek	2006	SGS Main-Kinzig	05:19,19	406
	50m: 00:33,06 (00:33,06)   100m: 01:11,56 (00:38,50)   150m: 01:51,48 (00:39,92)   200m: 02:33,34 (00:41,86)				
	250m: 03:14,89 (00:41,55)   300m: 03:57,03 (00:42,14)   350m: 04:38,60 (00:41,57)   400m: 05:19,19 (00:40,59)				
	Sophie Franke	2006	SCW Eschborn	05:21,95	396
	50m: 00:33,61 (00:33,61)   100m: 01:12,04 (00:38,43)   150m: 01:52,83 (00:40,79)   200m: 02:34,49 (00:41,66)				
	250m: 03:16,24 (00:41,75)   300m: 03:58,20 (00:41,96)   350m: 04:40,77 (00:42,57)   400m: 05:21,95 (00:41,18)				

#### abgemeldet

Lilia-Marie Bensalah 2006 SC Wiesbaden 1911

### Jahrgang 2005

Platz	Schwimmerin	Jg.	Verein	Endzeit	
	Yvonne Prehn	2005	SC Wiesbaden 1911	04:39,47	605
	50m: 00:31,30 (00:31,30)   100m: 01:06,00 (00:34,70)   150m: 01:42,20 (00:36,20)   200m: 02:18,57 (00:36,37)				
	250m: 02:54,48 (00:35,91)   300m: 03:30,60 (00:36,12)   350m: 04:05,60 (00:35,00)   400m: 04:39,47 (00:33,87)				
	Lenja Hessberger	2005	SV Gelnhausen 1924 e.V.	04:42,11	588
	50m: 00:30,71 (00:30,71)   100m: 01:06,32 (00:35,61)   150m: 01:42,16 (00:35,84)   200m: 02:19,06 (00:36,90)				
	250m: 02:55,18 (00:36,12)   300m: 03:31,57 (00:36,39)   350m: 04:07,17 (00:35,60)   400m: 04:42,11 (00:34,94)				
	Lisa Alexandra Wolff	2005	Gießener SV	05:54,82	295
	50m: 00:40,22 (00:40,22)   100m: 01:24,52 (00:44,30)   150m: 02:10,21 (00:45,69)   200m: 02:55,63 (00:45,42)				
	250m: 03:41,10 (00:45,47)   300m: 04:26,18 (00:45,08)   350m: 05:11,01 (00:44,83)   400m: 05:54,82 (00:43,81)				

### Junioren

Platz	Schwimmerin	Jg.	Verein	Endzeit	
	Liv-Kathy Göbel	2003	SG ACT/Baunatal	04:46,50	562
	50m: 00:32,09 (00:32,09)   100m: 01:07,70 (00:35,61)   150m: 01:43,65 (00:35,95)   200m: 02:20,06 (00:36,41)				
	250m: 02:56,74 (00:36,68)   300m: 03:33,84 (00:37,10)   350m: 04:10,75 (00:36,91)   400m: 04:46,50 (00:35,75)				
	Sarah-Johanna Helmich	2003	SCW Eschborn	04:48,79	548
	50m: 00:31,81 (00:31,81)   100m: 01:06,87 (00:35,06)   150m: 01:43,68 (00:36,81)   200m: 02:20,61 (00:36,93)				
	250m: 02:58,96 (00:38,35)   300m: 03:37,46 (00:38,50)   350m: 04:14,93 (00:37,47)   400m: 04:48,79 (00:33,86)				

**noch Wettkampf 31 - 400m Freistil weiblich**

Offene Wertung

<b>Platz</b>	<b>Schwimmerin</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
	Christina Lehr	1998	Hofheimer SC	04:32,70	651
	50m: 00:30,89 (00:30,89)   100m: 01:05,28 (00:34,39)   150m: 01:40,28 (00:35,00)   200m: 02:15,88 (00:35,60)				
	250m: 02:50,75 (00:34,87)   300m: 03:25,91 (00:35,16)   350m: 03:59,83 (00:33,92)   400m: 04:32,70 (00:32,87)				