Wettkampf 43 - 400m Freistil weiblich

Jahrgang 2011

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Frida Zimmer	2011	SSG Saar Max Ritter	05:18,08	397
	50m: 00:35,04 (00:35,04) | 100m: 01:14,61 (00:39,57)				
	150m: 01:55,20 (00:40,59) | 200m: 02:35,16 (00:39,96)				
	250m: 03:15,73 (00:40,57) | 300m: 03:56,77 (00:41,04)				
	350m: 04:37,78 (00:41,01) | 400m: 05:18,08 (00:40,30)				

Jahrgang 2009

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Nele Bär	2009	SSG Saar Max Ritter	04:58,42	481
	50m: 00:34,38 (00:34,38) | 100m: 01:12,19 (00:37,81)				
	150m: 01:50,35 (00:38,16) | 200m: 02:28,75 (00:38,40)				
	250m: 03:07,08 (00:38,33) | 300m: 03:44,72 (00:37,64)				
	350m: 04:22,99 (00:38,27) | 400m: 04:58,42 (00:35,43)				
	nicht am Start				
	Lena Rossi	2009	SSG Saar Max Ritter		

Jahrgang 2008

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Charlotte Krieger	2008	Potsdamer SV im OSC Potsdam	04:55,92	493
	50m: 00:32,63 (00:32,63) | 100m: 01:08,55 (00:35,92)				
	150m: 01:46,39 (00:37,84) | 200m: 02:24,62 (00:38,23)				
	250m: 03:02,72 (00:38,10) | 300m: 03:41,04 (00:38,32)				
	350m: 04:19,05 (00:38,01) | 400m: 04:55,92 (00:36,87)				

Jahrgang 2007

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Nele Hoffmann	2007	SC Oberursel 1958	04:53,67	505
	50m: 00:33,66 (00:33,66) | 100m: 01:10,11 (00:36,45)				
	150m: 01:47,49 (00:37,38) | 200m: 02:25,37 (00:37,88)				
	250m: 03:03,09 (00:37,72) | 300m: 03:40,47 (00:37,38)				
	350m: 04:18,11 (00:37,64) | 400m: 04:53,67 (00:35,56)				

Jahrgang 2005

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Jana-Caterina Kasper	2005	SSG Saar Max Ritter	04:34,20	620
	50m: 00:32,03 (00:32,03) | 100m: 01:07,25 (00:35,22)				
	150m: 01:42,18 (00:34,93) | 200m: 02:16,99 (00:34,81)				
	250m: 02:50,97 (00:33,98) | 300m: 03:25,67 (00:34,70)				
	350m: 04:00,51 (00:34,84) | 400m: 04:34,20 (00:33,69)				