

Wettkampf 30 - 400m Freistil männlich

Pflichtzeiten

2009: 07:10,00 2008: 07:00,00 2007: 06:20,00 2006: 05:50,00 2005: 05:35,00 2004: 05:25,00 2002 bis 2003: 05:15,00
offen: 05:10,00

Jahrgang 2009

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und und Bezirksjahrgangsmeister 2019					
	Josef Strohalm	2009	Hofheimer SC	05:14,36	343
	100m: 01:13,76 (01:13,76) 200m: 02:34,22 (01:20,46) 300m: 03:55,37 (01:21,15) 400m: 05:14,36 (01:18,99)				
2.	Leopold Maskort	2009	SC Wiesbaden 1911	05:59,71	228
	100m: 01:23,54 (01:23,54) 200m: 02:54,36 (01:30,82) 300m: 04:27,24 (01:32,88) 400m: 05:59,71 (01:32,47)				
3.	Daniel Hollen	2009	Hofheimer SC	06:18,86	195
	100m: 01:30,70 (01:30,70) 200m: 03:10,26 (01:39,56) 300m: 04:46,67 (01:36,41) 400m: 06:18,86 (01:32,19)				
4.	Julian Bleek	2009	SC Wiesbaden 1911	06:22,21	190
	100m: 01:32,07 (01:32,07) 200m: 03:10,04 (01:37,97) 300m: 04:48,27 (01:38,23) 400m: 06:22,21 (01:33,94)				
5.	Finn Schade	2009	SG Frankfurt	06:22,36	190
	100m: 01:29,88 (01:29,88) 200m: 03:09,08 (01:39,20) 300m: 04:48,11 (01:39,03) 400m: 06:22,36 (01:34,25)				
6.	Felix Pawelczyk	2009	WSV Delphin 78 Großauheim	06:28,81	181
	100m: 01:35,96 (01:35,96) 200m: 03:15,93 (01:39,97) 300m: 04:56,78 (01:40,85) 400m: 06:28,81 (01:32,03)				
7.	Florian Wiese	2009	Erster Sodener SC	06:38,41	168
	100m: 01:37,59 (01:37,59) 200m: 03:20,69 (01:43,10) 300m: 05:01,84 (01:41,15) 400m: 06:38,41 (01:36,57)				
8.	Mirac-Enes Alkan	2009	Wfr. Fechenheim	06:45,98	159
	100m: 01:33,74 (01:33,74) 200m: 03:16,23 (01:42,49) 300m: 05:02,11 (01:45,88) 400m: 06:45,98 (01:43,87)				
9.	Timm Borgens	2009	SV Poseidon Limburg e. V.	06:47,06	158
	100m: 01:32,57 (01:32,57) 200m: 03:20,37 (01:47,80) 300m: 05:06,82 (01:46,45) 400m: 06:47,06 (01:40,24)				
10.	Philipp Morgovski	2009	SG Frankfurt	06:57,68	146
	100m: 01:35,38 (01:35,38) 200m: 03:24,44 (01:49,06) 300m: 05:13,77 (01:49,33) 400m: 06:57,68 (01:43,91)				

Jahrgang 2008

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und und Bezirksjahrgangsmeister 2019					
	Max Luca Schmidt	2008	SC Wiesbaden 1911	05:21,90	319
	100m: 01:15,27 (01:15,27) 200m: 02:37,94 (01:22,67) 300m: 04:01,95 (01:24,01) 400m: 05:21,90 (01:19,95)				
2.	Normann Böhm	2008	SG Frankfurt	05:23,53	314
	100m: 01:16,42 (01:16,42) 200m: 02:39,76 (01:23,34) 300m: 04:02,25 (01:22,49) 400m: 05:23,53 (01:21,28)				
3.	Ole Ayk Schmitz	2008	SC Wiesbaden 1911	05:25,60	308
	100m: 01:17,19 (01:17,19) 200m: 02:41,03 (01:23,84) 300m: 04:03,89 (01:22,86) 400m: 05:25,60 (01:21,71)				
4.	Phil Malsch	2008	SG Frankfurt	05:27,55	303
	100m: 01:16,83 (01:16,83) 200m: 02:39,53 (01:22,70) 300m: 04:03,84 (01:24,31) 400m: 05:27,55 (01:23,71)				
5.	Sebastian Melvin Doll	2008	Hofheimer SC	05:32,47	290
	100m: 01:18,28 (01:18,28) 200m: 02:44,66 (01:26,38) 300m: 04:10,78 (01:26,12) 400m: 05:32,47 (01:21,69)				
6.	Maximilian Diehl	2008	SV Gelnhausen 1924 e.V.	05:41,35	267
	100m: 01:20,26 (01:20,26) 200m: 02:48,28 (01:28,02) 300m: 04:17,50 (01:29,22) 400m: 05:41,35 (01:23,85)				
7.	Jonas Ott	2008	SV Gelnhausen 1924 e.V.	05:52,95	242
	100m: 01:25,84 (01:25,84) 200m: 02:58,14 (01:32,30) 300m: 04:29,44 (01:31,30) 400m: 05:52,95 (01:23,51)				
8.	Cedric Wittmann	2008	SCW Eschborn	05:54,39	239
	100m: 01:33,80 (01:33,80) 200m: 03:01,79 (01:27,99) 300m: 04:31,24 (01:29,45) 400m: 05:54,39 (01:23,15)				
9.	Leif Hauschild	2008	Hofheimer SC	05:55,35	237
	100m: 01:26,13 (01:26,13) 200m: 02:57,10 (01:30,97) 300m: 04:28,74 (01:31,64) 400m: 05:55,35 (01:26,61)				
10.	Emil Schön	2008	Erster Sodener SC	06:07,11	215
	100m: 01:28,55 (01:28,55) 200m: 03:04,75 (01:36,20) 300m: 04:39,78 (01:35,03) 400m: 06:07,11 (01:27,33)				
11.	Jaron Groß	2008	SG Frankfurt	06:13,53	204
	100m: 01:27,60 (01:27,60) 200m: 03:06,28 (01:38,68) 300m: 04:43,81 (01:37,53) 400m: 06:13,53 (01:29,72)				
12.	Lothar Zilai Wang	2008	SG Frankfurt	06:20,53	193
	100m: 01:28,36 (01:28,36) 200m: 03:06,71 (01:38,35) 300m: 04:45,78 (01:39,07) 400m: 06:20,53 (01:34,75)				
13.	Jamie-Jason Duchscherer	2008	SV Poseidon Limburg e. V.	06:44,26	161
	100m: 01:32,36 (01:32,36) 200m: 03:16,24 (01:43,88) 300m: 05:01,38 (01:45,14) 400m: 06:44,26 (01:42,88)				



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Jahrgang 2007

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und und Bezirksjahrgangsmeister 2019					
	Lucas Telzerow	2007	Hofheimer SC	05:02,73	384
	100m: 01:11,18 (01:11,18) 200m: 02:28,67 (01:17,49) 300m: 03:46,83 (01:18,16) 400m: 05:02,73 (01:15,90)				
2.	David Heymann	2007	Hofheimer SC	05:10,16	357
	100m: 01:14,06 (01:14,06) 200m: 02:33,52 (01:19,46) 300m: 03:52,33 (01:18,81) 400m: 05:10,16 (01:17,83)				
3.	Erik Lang	2007	SC Wiesbaden 1911	05:19,98	325
	100m: 01:16,26 (01:16,26) 200m: 02:40,42 (01:24,16) 300m: 04:01,26 (01:20,84) 400m: 05:19,98 (01:18,72)				
4.	Ben Noah Gärtner	2007	WSV Delphin 78 Großauheim	05:26,72	305
	100m: 01:17,13 (01:17,13) 200m: 02:39,00 (01:21,87) 300m: 04:03,83 (01:24,83) 400m: 05:26,72 (01:22,89)				
5.	René Wahnke	2007	SG Frankfurt	05:32,97	288
	100m: 01:18,16 (01:18,16) 200m: 02:44,19 (01:26,03) 300m: 04:10,94 (01:26,75) 400m: 05:32,97 (01:22,03)				
6.	Balint Gerencser	2007	Erster Sodener SC	05:53,56	241
	100m: 01:20,88 (01:20,88) 200m: 02:52,07 (01:31,19) 300m: 04:24,90 (01:32,83) 400m: 05:53,56 (01:28,66)				
7.	Tjark Hölldorfer	2007	SC Wiesbaden 1911	06:01,45	225
	100m: 01:26,76 (01:26,76) 200m: 03:04,46 (01:37,70) 400m: 06:01,45 (02:56,99)				
8.	Sven Bräunig	2007	Wfr. Fechenheim	06:05,91	217
	100m: 01:27,66 (01:27,66) 200m: 03:02,13 (01:34,47) 300m: 04:37,53 (01:35,40) 400m: 06:05,91 (01:28,38)				
<u>abgemeldet</u>					
	Leonard Kevin Metzger	2007	WSV Großkrotzenburg		EnM

Jahrgang 2006

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und und Bezirksjahrgangsmeister 2019					
	Valentin Groß	2006	Erster Sodener SC	04:57,46	404
	100m: 01:10,93 (01:10,93) 200m: 02:26,71 (01:15,78) 300m: 03:43,54 (01:16,83) 400m: 04:57,46 (01:13,92)				
2.	Alec Mangin	2006	SV Gelnhausen 1924 e.V.	05:03,37	381
	100m: 01:11,37 (01:11,37) 200m: 02:29,87 (01:18,50) 300m: 03:47,78 (01:17,91) 400m: 05:03,37 (01:15,59)				
3.	Henry Doll	2006	Hofheimer SC	05:19,77	325
	100m: 01:15,34 (01:15,34) 200m: 02:38,06 (01:22,72) 300m: 04:00,20 (01:22,14) 400m: 05:19,77 (01:19,57)				
4.	Arian Afshari	2006	Aqua Sports Eschborn	05:21,18	321
	100m: 01:13,81 (01:13,81) 200m: 02:36,43 (01:22,62) 300m: 04:00,08 (01:23,65) 400m: 05:21,18 (01:21,10)				
5.	Henri Heinke	2006	SCW Eschborn	05:21,47	320
	100m: 01:14,44 (01:14,44) 200m: 02:36,86 (01:22,42) 300m: 04:00,51 (01:23,65) 400m: 05:21,47 (01:20,96)				
6.	Thorben Emil Such	2006	SV Poseidon Limburg e. V.	05:35,66	281
	100m: 01:17,70 (01:17,70) 200m: 02:43,82 (01:26,12) 300m: 04:11,07 (01:27,25) 400m: 05:35,66 (01:24,59)				
7.	Jonas Aaron Wittgruber	2006	SC Undina Bruchköbel 90	05:48,71	251
	100m: 01:22,81 (01:22,81) 200m: 02:52,00 (01:29,19) 300m: 04:22,82 (01:30,82) 400m: 05:48,71 (01:25,89)				
	<u>aufgegeben</u>				
	Mirko Pleines	2006	Aqua Sports Eschborn		EnM
	<u>abgemeldet</u>				
	Finn Ekerdt	2006	SC Wiesbaden 1911		EnM

Jahrgang 2005

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und und Bezirksjahrgangsmeister 2019					
	Mathies-Justus Liersch	2005	SC Wiesbaden 1911	04:52,01	428
	100m: 01:09,43 (01:09,43) 200m: 02:25,10 (01:15,67) 300m: 03:40,41 (01:15,31) 400m: 04:52,01 (01:11,60)				
2.	Ole Hellmold	2005	Hofheimer SC	05:00,23	393
	100m: 01:12,89 (01:12,89) 200m: 02:29,89 (01:17,00) 300m: 03:46,32 (01:16,43) 400m: 05:00,23 (01:13,91)				
3.	Niklas Staab	2005	SV Gelnhausen 1924 e.V.	05:06,37	370
	100m: 01:12,56 (01:12,56) 200m: 02:32,75 (01:20,19) 300m: 03:51,72 (01:18,97) 400m: 05:06,37 (01:14,65)				



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noch Jahrgang 2005

Platz	Schwimmer	Jg.	Verein	Endzeit	
4.	Lennard Böhm	2005	SG Frankfurt	05:06,50	370
	100m: 01:11,13 (01:11,13) 200m: 02:28,91 (01:17,78) 300m: 03:46,91 (01:18,00) 400m: 05:06,50 (01:19,59)				
5.	Luka Wilson	2005	Hofheimer SC	05:06,71	369
	100m: 01:11,38 (01:11,38) 200m: 02:32,85 (01:21,47) 300m: 03:52,36 (01:19,51) 400m: 05:06,71 (01:14,35)				
6.	Franz Bock	2005	SC Undina Bruchköbel 90	05:07,78	365
	100m: 01:11,03 (01:11,03) 200m: 02:30,04 (01:19,01) 300m: 03:49,56 (01:19,52) 400m: 05:07,78 (01:18,22)				
7.	Carl Schweppe	2005	SC Oberursel	05:09,26	360
	100m: 01:12,99 (01:12,99) 200m: 02:32,33 (01:19,34) 300m: 03:52,37 (01:20,04) 400m: 05:09,26 (01:16,89)				
8.	Keanu Wittig	2005	SG Wetterau	05:20,60	323
	100m: 01:17,03 (01:17,03) 200m: 02:39,91 (01:22,88) 300m: 04:02,47 (01:22,56) 400m: 05:20,60 (01:18,13)				
9.	Samuel Kern	2005	SV Gelnhausen 1924 e.V.	05:41,56	267
	100m: 01:19,40 (01:19,40) 300m: 04:14,54 (02:55,14) 400m: 05:41,56 (01:27,02)				

EnM

Jahrgang 2004

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und und Bezirksjahrgangsmeister 2019					
	Felix Gehrlein	2004	SG Frankfurt	04:39,40	488
	100m: 01:06,25 (01:06,25) 200m: 02:17,88 (01:11,63) 300m: 03:29,76 (01:11,88) 400m: 04:39,40 (01:09,64)				
2.	Till Lasse Schröder	2004	SC Wiesbaden 1911	04:43,98	465
	100m: 01:06,31 (01:06,31) 200m: 02:18,78 (01:12,47) 300m: 03:32,53 (01:13,75) 400m: 04:43,98 (01:11,45)				
3.	Jona Vergin	2004	SG Frankfurt	04:45,41	458
	100m: 01:06,46 (01:06,46) 200m: 02:19,41 (01:12,95) 300m: 03:32,83 (01:13,42) 400m: 04:45,41 (01:12,58)				
4.	Marius Fleck	2004	SV Gelnhausen 1924 e.V.	04:48,84	442
	100m: 01:08,29 (01:08,29) 200m: 02:23,16 (01:14,87) 300m: 03:37,50 (01:14,34) 400m: 04:48,84 (01:11,34)				
5.	Adam Illavsky	2004	WSV Großkrotzenburg	04:53,70	420
	100m: 01:09,90 (01:09,90) 200m: 02:24,59 (01:14,69) 300m: 03:40,03 (01:15,44) 400m: 04:53,70 (01:13,67)				
6.	Simon Pepler	2004	SG Frankfurt	04:54,04	419
	100m: 01:08,33 (01:08,33) 200m: 02:23,59 (01:15,26) 300m: 03:40,05 (01:16,46) 400m: 04:54,04 (01:13,99)				
7.	Niklas Pschibl	2004	Wfr. Fechenheim	04:59,18	398
	100m: 01:00,06 (01:00,06) 200m: 02:17,39 (01:17,33) 300m: 03:34,88 (01:17,49) 400m: 04:59,18 (01:24,30)				
8.	Liam Radovanovic	2004	SC Wiesbaden 1911	05:00,48	392
	100m: 01:12,95 (01:12,95) 200m: 02:28,01 (01:15,06) 300m: 03:45,72 (01:17,71) 400m: 05:00,48 (01:14,76)				
9.	Keno Graumann	2004	SC Wiesbaden 1911	05:15,01	340
	100m: 01:10,72 (01:10,72) 200m: 02:33,03 (01:22,31) 300m: 03:55,90 (01:22,87) 400m: 05:15,01 (01:19,11)				

abgemeldet

Timothy Lockhart 2004 SG Frankfurt

EnM

Jahrgang 2003

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und und Bezirksjahrgangsmeister 2019					
	Felix Wöltinger	2003	WSV Großkrotzenburg	04:44,02	465
	100m: 01:06,96 (01:06,96) 200m: 02:19,92 (01:12,96) 300m: 03:32,58 (01:12,66) 400m: 04:44,02 (01:11,44)				
2.	Elias Alfonso	2003	Erster Sodener SC	05:12,68	348
	100m: 01:12,03 (01:12,03) 200m: 02:32,74 (01:20,71) 300m: 03:54,64 (01:21,90) 400m: 05:12,68 (01:18,04)				

Jahrgang 2002

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und und Bezirksjahrgangsmeister 2019					
	Elia Vergin	2002	SG Frankfurt	04:30,54	538
	100m: 01:03,10 (01:03,10) 200m: 02:11,04 (01:07,94) 300m: 03:21,29 (01:10,25) 400m: 04:30,54 (01:09,25)				
2.	Jona Buhrke	2002	SC Oberursel	04:39,03	490
	100m: 01:05,03 (01:05,03) 200m: 02:16,14 (01:11,11) 300m: 03:28,93 (01:12,79) 400m: 04:39,03 (01:10,10)				
3.	Timotheos Kyriakidis	2002	Wfr. Fechenheim	04:50,80	433
	100m: 01:06,65 (01:06,65) 200m: 02:20,34 (01:13,69) 300m: 03:35,87 (01:15,53) 400m: 04:50,80 (01:14,93)				



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noch Jahrgang 2002

Platz	Schwimmer	Jg.	Verein	Endzeit		
4.	Alexander Jäger	2002	WSV Delphin 78 Großauheim	05:20,67	323	EnM
100m: 01:13,13 (01:13,13) 200m: 02:35,80 (01:22,67) 300m: 04:01,06 (01:25,26) 400m: 05:20,67 (01:19,61)						

Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit		
1. und und Bezirksmeister 2019						
	Elia Vergin	2002	SG Frankfurt	04:30,54	538	
100m: 01:03,10 (01:03,10) 200m: 02:11,04 (01:07,94) 300m: 03:21,29 (01:10,25) 400m: 04:30,54 (01:09,25)						
2.	Jona Buhrke	2002	SC Oberursel	04:39,03	490	
100m: 01:05,03 (01:05,03) 200m: 02:16,14 (01:11,11) 300m: 03:28,93 (01:12,79) 400m: 04:39,03 (01:10,10)						
3.	Felix Gehrlein	2004	SG Frankfurt	04:39,40	488	
100m: 01:06,25 (01:06,25) 200m: 02:17,88 (01:11,63) 300m: 03:29,76 (01:11,88) 400m: 04:39,40 (01:09,64)						
4.	Marius Rupp	2000	SC Undina Bruchköbel 90	04:42,25	474	
100m: 01:03,81 (01:03,81) 200m: 02:16,41 (01:12,60) 300m: 03:30,38 (01:13,97) 400m: 04:42,25 (01:11,87)						
5.	Till Lasse Schröder	2004	SC Wiesbaden 1911	04:43,98	465	
100m: 01:06,31 (01:06,31) 200m: 02:18,78 (01:12,47) 300m: 03:32,53 (01:13,75) 400m: 04:43,98 (01:11,45)						
6.	Felix Wöltinger	2003	WSV Großkrotzenburg	04:44,02	465	
100m: 01:06,96 (01:06,96) 200m: 02:19,92 (01:12,96) 300m: 03:32,58 (01:12,66) 400m: 04:44,02 (01:11,44)						
7.	Jona Vergin	2004	SG Frankfurt	04:45,41	458	
100m: 01:06,46 (01:06,46) 200m: 02:19,41 (01:12,95) 300m: 03:32,83 (01:13,42) 400m: 04:45,41 (01:12,58)						
8.	Marius Fleck	2004	SV Gelnhausen 1924 e.V.	04:48,84	442	
100m: 01:08,29 (01:08,29) 200m: 02:23,16 (01:14,87) 300m: 03:37,50 (01:14,34) 400m: 04:48,84 (01:11,34)						
9.	Timotheos Kyriakidis	2002	Wfr. Fechenheim	04:50,80	433	
100m: 01:06,65 (01:06,65) 200m: 02:20,34 (01:13,69) 300m: 03:35,87 (01:15,53) 400m: 04:50,80 (01:14,93)						
10.	Mathies-Justus Liersch	2005	SC Wiesbaden 1911	04:52,01	428	
100m: 01:09,43 (01:09,43) 200m: 02:25,10 (01:15,67) 300m: 03:40,41 (01:15,31) 400m: 04:52,01 (01:11,60)						

Abschnittende: 15:57 Uhr

Protokollende: 16:01 Uhr

Schiedsrichter

Schiedsrichter

Protokollführer

