

Wettkampf 23 - 400m Freistil weiblich

Pflichtzeiten

2009: 07:30,00 2008: 07:00,00 2007: 06:30,00 2006: 06:20,00 2005: 06:10,00 2004: 05:55,00 2003: 05:35,00
2002 und älter: 05:27,00

Jahrgang 2009

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Bezirksjahrgangsmeisterin 2019	Lina Zellat	2009	TG Kitzingen	06:48,80
	50m: 00:42,84 (00:42,84) 100m: 01:34,68 (00:51,84) 150m: 02:26,91 (00:52,23) 200m: 03:20,10 (00:53,19) 250m: 04:13,58 (00:53,48) 300m: 05:06,96 (00:53,38) 350m: 05:56,10 (00:49,14) 400m: 06:48,80 (00:52,70)			

Jahrgang 2008

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Bezirksjahrgangsmeisterin 2019	Rosa Reitz	2008	TSV 1846 Lohr a. Main	06:09,08
	50m: 00:40,23 (00:40,23) 100m: 01:26,86 (00:46,63) 150m: 02:14,06 (00:47,20) 200m: 03:01,69 (00:47,63) 250m: 03:49,20 (00:47,51) 300m: 04:37,42 (00:48,22) 350m: 05:23,91 (00:46,49) 400m: 06:09,08 (00:45,17)			

Jahrgang 2007

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Bezirksjahrgangsmeisterin 2019	Amira Kraus	2007	SSKC Poseidon Aschaffenburg	05:40,82
	100m: 01:15,49 (01:15,49) 200m: 02:42,77 (01:27,28) 300m: 04:12,31 (01:29,54) 400m: 05:40,82 (01:28,51)			
2.	Julia Gabriel	2007	TG Kitzingen	05:41,94
	50m: 00:37,07 (00:37,07) 100m: 01:19,72 (00:42,65) 150m: 02:03,46 (00:43,74) 200m: 02:47,46 (00:44,00) 250m: 03:30,63 (00:43,17) 300m: 04:14,38 (00:43,75) 350m: 04:58,24 (00:43,86) 400m: 05:41,94 (00:43,70)			
3.	Maren Krauss	2007	SSKC Poseidon Aschaffenburg	05:57,08
	50m: 00:37,52 (00:37,52) 100m: 01:21,44 (00:43,92) 150m: 02:07,69 (00:46,25) 200m: 02:53,03 (00:45,34) 250m: 03:38,29 (00:45,26) 300m: 04:24,82 (00:46,53) 350m: 05:10,70 (00:45,88) 400m: 05:57,08 (00:46,38)			
4.	Anna Schwaab	2007	TV Gerolzhofen	05:57,53
	50m: 00:38,86 (00:38,86) 100m: 01:23,93 (00:45,07) 150m: 02:10,07 (00:46,14) 200m: 02:56,54 (00:46,47) 250m: 03:43,16 (00:46,62) 300m: 04:30,53 (00:47,37) 350m: 05:15,49 (00:44,96) 400m: 05:57,53 (00:42,04)			

Jahrgang 2006

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Bezirksjahrgangsmeisterin 2019	Amelie Glasmann	2006	SG - Eisenfeld/Kleinwallstadt	05:12,39
	50m: 00:34,07 (00:34,07) 100m: 01:12,82 (00:38,75) 150m: 01:51,78 (00:38,96) 200m: 02:32,04 (00:40,26) 250m: 03:13,49 (00:41,45) 300m: 03:54,70 (00:41,21) 350m: 04:34,93 (00:40,23) 400m: 05:12,39 (00:37,46)			
2.	Vanessa Pohl	2006	SSKC Poseidon Aschaffenburg	05:47,76
	100m: 01:19,93 (01:19,93) 200m: 02:49,83 (01:29,90) 300m: 04:20,45 (01:30,62) 400m: 05:47,76 (01:27,31)			

Jahrgang 2005

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Bezirksjahrgangsmeisterin 2019	Emelie Lazarov	2005	SG - Eisenfeld/Kleinwallstadt	05:03,99
	50m: 00:33,42 (00:33,42) 100m: 01:10,09 (00:36,67) 150m: 01:48,58 (00:38,49) 200m: 02:27,58 (00:39,00) 250m: 03:06,63 (00:39,05) 300m: 03:46,59 (00:39,96) 350m: 04:25,75 (00:39,16) 400m: 05:03,99 (00:38,24)			
2.	Julia Schwaab	2005	TV Gerolzhofen	05:16,25
	50m: 00:35,29 (00:35,29) 100m: 01:13,56 (00:38,27) 150m: 01:52,46 (00:38,90) 200m: 02:32,71 (00:40,25) 250m: 03:13,51 (00:40,80) 300m: 03:54,55 (00:41,04) 350m: 04:35,88 (00:41,33) 400m: 05:16,25 (00:40,37)			
3.	Svenja Kessel	2005	SSKC Poseidon Aschaffenburg	05:43,25
	100m: 01:19,43 (01:19,43) 200m: 02:48,07 (01:28,64) 300m: 04:17,29 (01:29,22) 400m: 05:43,25 (01:25,96)			
4.	Eleonora-Francesca Martani	2005	SG Haßberge	05:47,73
	100m: 01:20,31 (01:20,31) 200m: 02:50,13 (01:29,82) 300m: 04:21,03 (01:30,90) 400m: 05:47,73 (01:26,70)			



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Jahrgang 2004

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Bezirksjahrgangsmeisterin 2019	Adriana Bethke	2004	SG - Elsenfeld/Kleinwallstadt	05:01,64	
	50m: 00:33,96 (00:33,96) 100m: 01:10,49 (00:36,53) 150m: 01:48,19 (00:37,70) 200m: 02:27,05 (00:38,86)				
	250m: 03:05,70 (00:38,65) 300m: 03:44,74 (00:39,04) 350m: 04:23,56 (00:38,82) 400m: 05:01,64 (00:38,08)				
2.	Elena Harbauer	2004	TG Kitzingen	05:41,61	
	50m: 00:38,09 (00:38,09) 100m: 01:20,12 (00:42,03) 150m: 02:04,31 (00:44,19) 200m: 02:48,93 (00:44,62)				
	250m: 03:33,58 (00:44,65) 300m: 04:19,02 (00:45,44) 350m: 05:02,94 (00:43,92) 400m: 05:41,61 (00:38,67)				
3.	Natalie Vavricka	2004	SSKC Poseidon Aschaffenburg	05:51,62	
	100m: 01:21,72 (01:21,72) 200m: 02:51,96 (01:30,24) 300m: 04:24,51 (01:32,55) 400m: 05:51,62 (01:27,11)				
4.	Hanna Schneider	2004	TV Ochsenfurt	05:54,64	
	50m: 00:37,21 (00:37,21) 100m: 01:19,87 (00:42,66) 150m: 02:05,22 (00:45,35) 200m: 02:52,04 (00:46,82)				
	250m: 03:38,87 (00:46,83) 300m: 04:24,60 (00:45,73) 350m: 05:10,98 (00:46,38) 400m: 05:54,64 (00:43,66)				
5.	Hannah Ludwig	2004	SSKC Poseidon Aschaffenburg	06:14,88	EnM
	50m: 00:37,07 (00:37,07) 100m: 01:20,81 (00:43,74) 150m: 02:09,40 (00:48,59) 200m: 02:58,50 (00:49,10)				
	250m: 03:47,10 (00:48,60) 300m: 04:37,57 (00:50,47) 350m: 05:27,38 (00:49,81) 400m: 06:14,88 (00:47,50)				

Jahrgang 2003

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Bezirksjahrgangsmeisterin 2019	Lara Deininger	2003	TSG Kleinostheim	05:19,65	
	50m: 00:34,00 (00:34,00) 100m: 01:11,71 (00:37,71) 150m: 01:51,40 (00:39,69) 200m: 02:31,53 (00:40,13)				
	250m: 03:13,45 (00:41,92) 300m: 03:55,27 (00:41,82) 350m: 04:37,76 (00:42,49) 400m: 05:19,65 (00:41,89)				
2.	Lena Roth	2003	SG Haßberge	05:30,14	
	50m: 00:34,62 (00:34,62) 100m: 01:13,49 (00:38,87) 150m: 01:55,34 (00:41,85) 200m: 02:37,77 (00:42,43)				
	250m: 03:20,87 (00:43,10) 300m: 04:04,51 (00:43,64) 350m: 04:47,88 (00:43,37) 400m: 05:30,14 (00:42,26)				
3.	Melanie Weissbeck	2003	TV 1884 e.V. Markttheidenfeld	05:56,12	EnM
	50m: 00:37,92 (00:37,92) 100m: 01:20,74 (00:42,82) 150m: 02:06,79 (00:46,05) 200m: 02:52,62 (00:45,83)				
	250m: 03:39,39 (00:46,77) 300m: 04:24,97 (00:45,58) 350m: 05:11,08 (00:46,11) 400m: 05:56,12 (00:45,04)				

Jahrgang 2002

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Bezirksjahrgangsmeisterin 2019	Viktoria Kolb	2002	TG Kitzingen	05:03,43	
	50m: 00:34,42 (00:34,42) 100m: 01:11,71 (00:37,29) 150m: 01:50,24 (00:38,53) 200m: 02:29,24 (00:39,00)				
	250m: 03:08,20 (00:38,96) 300m: 03:47,02 (00:38,82) 350m: 04:25,58 (00:38,56) 400m: 05:03,43 (00:37,85)				

Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Bezirksmeisterin 2019	Adriana Bethke	2004	SG - Elsenfeld/Kleinwallstadt	05:01,64	
	50m: 00:33,96 (00:33,96) 100m: 01:10,49 (00:36,53) 150m: 01:48,19 (00:37,70) 200m: 02:27,05 (00:38,86)				
	250m: 03:05,70 (00:38,65) 300m: 03:44,74 (00:39,04) 350m: 04:23,56 (00:38,82) 400m: 05:01,64 (00:38,08)				
2.	Viktoria Kolb	2002	TG Kitzingen	05:03,43	
	50m: 00:34,42 (00:34,42) 100m: 01:11,71 (00:37,29) 150m: 01:50,24 (00:38,53) 200m: 02:29,24 (00:39,00)				
	250m: 03:08,20 (00:38,96) 300m: 03:47,02 (00:38,82) 350m: 04:25,58 (00:38,56) 400m: 05:03,43 (00:37,85)				
3.	Emelie Lazarov	2005	SG - Elsenfeld/Kleinwallstadt	05:03,99	
	50m: 00:33,42 (00:33,42) 100m: 01:10,09 (00:36,67) 150m: 01:48,58 (00:38,49) 200m: 02:27,58 (00:39,00)				
	250m: 03:06,63 (00:39,05) 300m: 03:46,59 (00:39,96) 350m: 04:25,75 (00:39,16) 400m: 05:03,99 (00:38,24)				
4.	Amelie Glasmann	2006	SG - Elsenfeld/Kleinwallstadt	05:12,39	
	50m: 00:34,07 (00:34,07) 100m: 01:12,82 (00:38,75) 150m: 01:51,78 (00:38,96) 200m: 02:32,04 (00:40,26)				
	250m: 03:13,49 (00:41,45) 300m: 03:54,70 (00:41,21) 350m: 04:34,93 (00:40,23) 400m: 05:12,39 (00:37,46)				
5.	Julia Schwaab	2005	TV Gerolzhofen	05:16,25	
	50m: 00:35,29 (00:35,29) 100m: 01:13,56 (00:38,27) 150m: 01:52,46 (00:38,90) 200m: 02:32,71 (00:40,25)				
	250m: 03:13,51 (00:40,80) 300m: 03:54,55 (00:41,04) 350m: 04:35,88 (00:41,33) 400m: 05:16,25 (00:40,37)				



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noch Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit
6.	Lara Deininger	2003	TSG Kleinostheim	05:19,65
	50m: 00:34,00 (00:34,00) 100m: 01:11,71 (00:37,71) 150m: 01:51,40 (00:39,69) 200m: 02:31,53 (00:40,13) 250m: 03:13,45 (00:41,92) 300m: 03:55,27 (00:41,82) 350m: 04:37,76 (00:42,49) 400m: 05:19,65 (00:41,89)			
7.	Lena Roth	2003	SG Haßberge	05:30,14
	50m: 00:34,62 (00:34,62) 100m: 01:13,49 (00:38,87) 150m: 01:55,34 (00:41,85) 200m: 02:37,77 (00:42,43) 250m: 03:20,87 (00:43,10) 300m: 04:04,51 (00:43,64) 350m: 04:47,88 (00:43,37) 400m: 05:30,14 (00:42,26)			
8.	Amira Kraus	2007	SSKC Poseidon Aschaffenburg	05:40,82
	100m: 01:15,49 (01:15,49) 200m: 02:42,77 (01:27,28) 300m: 04:12,31 (01:29,54) 400m: 05:40,82 (01:28,51)			
9.	Elena Harbauer	2004	TG Kitzingen	05:41,61
	50m: 00:38,09 (00:38,09) 100m: 01:20,12 (00:42,03) 150m: 02:04,31 (00:44,19) 200m: 02:48,93 (00:44,62) 250m: 03:33,58 (00:44,65) 300m: 04:19,02 (00:45,44) 350m: 05:02,94 (00:43,92) 400m: 05:41,61 (00:38,67)			
10.	Julia Gabriel	2007	TG Kitzingen	05:41,94
	50m: 00:37,07 (00:37,07) 100m: 01:19,72 (00:42,65) 150m: 02:03,46 (00:43,74) 200m: 02:47,46 (00:44,00) 250m: 03:30,63 (00:43,17) 300m: 04:14,38 (00:43,75) 350m: 04:58,24 (00:43,86) 400m: 05:41,94 (00:43,70)			

