

Wettkampf 14 - 400m Freistil männlich

Pflichtzeiten

1994 bis 1998: 05:25,00 1989 bis 1993: 05:41,00 1984 bis 1988: 05:41,00 1979 bis 1983: 05:49,00 1974 bis 1978: 05:49,00
 1969 bis 1973: 05:49,00 1964 bis 1968: 06:03,00 1959 bis 1963: 06:44,00 1954 bis 1958: 07:02,00 1949 bis 1953: 07:46,00
 1944 bis 1948: 07:52,00

AK 90

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Karl Hauter	1925/AK 90	1. Schwimmverein Blau-Weiss Pirmasens	08:05,29	998
	50m: 00:51,06 (00:51,06) 100m: 01:51,73 (01:00,67) 150m: 02:55,03 (01:03,30) 200m: 03:59,70 (01:04,67)				
	250m: 05:04,45 (01:04,75) 300m: 06:07,76 (01:03,31) 350m: 07:07,95 (01:00,19) 400m: 08:05,29 (00:57,34)				

AK 85

Platz	Schwimmer	Jg.	Verein	Endzeit	
	nicht am Start				
	Helmut Butzmann	1933/AK 85	Union 1861 Schönebeck		EnM

AK 80

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Dr. Gerhard Hole	1935/AK 80	SSF Bonn	07:03,75	641
	50m: 00:47,25 (00:47,25) 100m: 01:41,20 (00:53,95) 150m: 02:35,03 (00:53,83) 200m: 03:29,97 (00:54,94)				
	250m: 04:24,06 (00:54,09) 300m: 05:19,08 (00:55,02) 350m: 06:12,87 (00:53,79) 400m: 07:03,75 (00:50,88)				
2.	Hans Klosz	1938/AK 80	SC Chemnitz von 1892	07:17,01	584
	50m: 00:48,01 (00:48,01) 100m: 01:43,71 (00:55,70) 150m: 02:41,12 (00:57,41) 200m: 03:37,97 (00:56,85)				
	250m: 04:33,83 (00:55,86) 300m: 05:30,06 (00:56,23) 350m: 06:24,64 (00:54,58) 400m: 07:17,01 (00:52,37)				

AK 75

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Günter Tobisch	1943/AK 75	Bremischer Schwimmverein	06:36,46	652
	50m: 00:43,28 (00:43,28) 100m: 01:34,20 (00:50,92) 150m: 02:27,12 (00:52,92) 200m: 03:19,05 (00:51,93)				
	250m: 04:09,78 (00:50,73) 300m: 05:00,82 (00:51,04) 350m: 05:50,68 (00:49,86) 400m: 06:36,46 (00:45,78)				
2.	Bernd Schröder	1943/AK 75	Humboldt-Uni Berlin	06:36,85	650
	50m: 00:40,93 (00:40,93) 100m: 01:28,85 (00:47,92) 150m: 02:19,38 (00:50,53) 200m: 03:11,36 (00:51,98)				
	250m: 04:03,74 (00:52,38) 300m: 04:55,90 (00:52,16) 350m: 05:47,63 (00:51,73) 400m: 06:36,85 (00:49,22)				
3.	Alfred Seeger	1940/AK 75	TSV 1850 Lindau	06:42,88	622
	50m: 00:43,75 (00:43,75) 100m: 01:33,84 (00:50,09) 150m: 02:26,43 (00:52,59) 200m: 03:18,20 (00:51,77)				
	250m: 04:09,93 (00:51,73) 300m: 05:02,66 (00:52,73) 350m: 05:54,15 (00:51,49) 400m: 06:42,88 (00:48,73)				
4.	Steffen Mai	1943/AK 75	SC Chemnitz von 1892	06:45,44	610
	50m: 00:44,63 (00:44,63) 100m: 01:35,35 (00:50,72) 150m: 02:25,40 (00:50,05) 200m: 03:19,02 (00:53,62)				
	250m: 04:11,14 (00:52,12) 300m: 05:06,08 (00:54,94) 350m: 05:57,91 (00:51,83) 400m: 06:45,44 (00:47,53)				

AK 70

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Herbert Lange	1946/AK 70	SSC Berlin-Reinickendorf	07:02,41	458
	50m: 00:44,31 (00:44,31) 100m: 01:35,09 (00:50,78) 150m: 02:27,38 (00:52,29) 200m: 03:21,72 (00:54,34)				
	250m: 04:16,89 (00:55,17) 300m: 05:12,02 (00:55,13) 350m: 06:07,32 (00:55,30) 400m: 07:02,41 (00:55,09)				
2.	Rüdiger Paske	1945/AK 70	Brühler SK 1923	07:23,99	394
	50m: 00:46,14 (00:46,14) 100m: 01:39,66 (00:53,52) 150m: 02:37,18 (00:57,52) 200m: 03:35,17 (00:57,99)				
	250m: 04:33,91 (00:58,74) 300m: 05:32,43 (00:58,52) 350m: 06:30,92 (00:58,49) 400m: 07:23,99 (00:53,07)				

Gefördert durch:



----- Institutionelle Partner -----

----- Technische Pool Partner -----

----- Kooperationspartner -----

noch Wettkampf 14 - 400m Freistil männlich

noch AK 70

Platz	Schwimmer	Jg.	Verein	Endzeit
	<u>abgemeldet</u>			
	Dieter Lochner	1946/AK 70	SSF Bonn	

AK 65

Platz	Schwimmer	Jg.	Verein	Endzeit		
1. und Internationaler Deutscher Altersklassenmeister						
	Karl-Heinz Nottrodt	1952/AK 65	SG Mönchengladbach	05:14,28	1069	DAK
	50m: 00:35,99 (00:35,99) 100m: 01:15,40 (00:39,41) 150m: 01:54,01 (00:38,61) 200m: 02:34,23 (00:40,22) 250m: 03:14,07 (00:39,84) 300m: 03:54,70 (00:40,63) 350m: 04:34,59 (00:39,89) 400m: 05:14,28 (00:39,69)					
2.	Klaus Beckmann	1951/AK 65	TSG Westerstede	05:48,65	783	
	50m: 00:37,11 (00:37,11) 100m: 01:19,72 (00:42,61) 150m: 02:02,84 (00:43,12) 200m: 02:47,56 (00:44,72) 250m: 03:31,98 (00:44,42) 300m: 04:17,40 (00:45,42) 350m: 05:02,88 (00:45,48) 400m: 05:48,65 (00:45,77)					
3.	Helmut Hertelendy	1950/AK 65	SV Hof 1911 e. V.	05:56,00	735	
	50m: 00:39,33 (00:39,33) 100m: 01:22,36 (00:43,03) 150m: 02:07,75 (00:45,39) 200m: 02:53,90 (00:46,15) 250m: 03:39,77 (00:45,87) 300m: 04:26,51 (00:46,74) 350m: 05:11,75 (00:45,24) 400m: 05:56,00 (00:44,25)					
4.	Stephan Kopetsch	1952/AK 65	Zehlendorfer TSV v. 1888 e.V.	06:21,74	596	
	50m: 00:40,18 (00:40,18) 100m: 01:26,81 (00:46,63) 150m: 02:15,33 (00:48,52) 200m: 03:05,15 (00:49,82) 250m: 03:54,86 (00:49,71) 300m: 04:45,84 (00:50,98) 350m: 05:35,58 (00:49,74) 400m: 06:21,74 (00:46,16)					
5.	Ulrich Heinrich Pape	1953/AK 65	SG WAGO 1950	06:31,55	552	
	50m: 00:44,55 (00:44,55) 100m: 01:32,45 (00:47,90) 150m: 02:23,19 (00:50,74) 200m: 03:13,57 (00:50,38) 250m: 04:04,58 (00:51,01) 300m: 04:54,99 (00:50,41) 350m: 05:44,75 (00:49,76) 400m: 06:31,55 (00:46,80)					

AK 60

Platz	Schwimmer	Jg.	Verein	Endzeit		
1. und Internationaler Deutscher Altersklassenmeister						
	Peter Kauch	1956/AK 60	SG Gladbeck/Recklinghausen	05:09,97	905	
	50m: 00:35,44 (00:35,44) 100m: 01:13,99 (00:38,55) 150m: 01:53,28 (00:39,29) 200m: 02:32,99 (00:39,71) 250m: 03:12,95 (00:39,96) 300m: 03:52,76 (00:39,81) 350m: 04:32,41 (00:39,65) 400m: 05:09,97 (00:37,56)					
2.	Rainer Fritsche	1954/AK 60	Berliner TSC	05:25,53	781	
	50m: 00:36,11 (00:36,11) 100m: 01:15,70 (00:39,59) 150m: 01:56,49 (00:40,79) 200m: 02:38,72 (00:42,23) 250m: 03:20,71 (00:41,99) 300m: 04:03,13 (00:42,42) 350m: 04:45,37 (00:42,24) 400m: 05:25,53 (00:40,16)					
3.	Wolfgang Rossa	1958/AK 60	TPSK 1925 e.V.	05:47,74	641	
	50m: 00:38,12 (00:38,12) 100m: 01:19,78 (00:41,66) 150m: 02:03,40 (00:43,62) 200m: 02:48,13 (00:44,73) 250m: 03:33,52 (00:45,39) 300m: 04:18,54 (00:45,02) 350m: 05:04,05 (00:45,51) 400m: 05:47,74 (00:43,69)					
4.	Dietmar Sebald	1957/AK 60	1. Dresdner Schwimmgemeinschaft	06:04,83	555	
	50m: 00:42,79 (00:42,79) 100m: 01:28,72 (00:45,93) 150m: 02:15,82 (00:47,10) 200m: 03:02,56 (00:46,74) 250m: 03:49,33 (00:46,77) 300m: 04:35,90 (00:46,57) 350m: 05:22,17 (00:46,27) 400m: 06:04,83 (00:42,66)					
5.	Ulrich Gohl	1958/AK 60	SK Sparta Konstanz	06:11,33	526	
	50m: 00:41,02 (00:41,02) 100m: 01:26,74 (00:45,72) 150m: 02:12,95 (00:46,21) 200m: 02:59,61 (00:46,66) 250m: 03:47,16 (00:47,55) 300m: 04:34,36 (00:47,20) 350m: 05:23,00 (00:48,64) 400m: 06:11,33 (00:48,33)					
6.	Gerhard Schug	1955/AK 60	SG Rhein-Mosel	06:22,46	481	
	50m: 00:42,54 (00:42,54) 100m: 01:29,41 (00:46,87) 150m: 02:18,00 (00:48,59) 200m: 03:05,47 (00:47,47) 250m: 03:54,50 (00:49,03) 300m: 04:43,58 (00:49,08) 350m: 05:34,32 (00:50,74) 400m: 06:22,46 (00:48,14)					
7.	Jürgen Redemann	1955/AK 60	SGS Bückeburg	06:22,93	480	
	50m: 00:41,12 (00:41,12) 100m: 01:28,27 (00:47,15) 150m: 02:16,05 (00:47,78) 200m: 03:05,97 (00:49,92) 250m: 03:55,11 (00:49,14) 300m: 04:45,83 (00:50,72) 350m: 05:35,42 (00:49,59) 400m: 06:22,93 (00:47,51)					
8.	Eduard Nowak	1957/AK 60	TG Hochheim	06:33,56	442	
	50m: 00:42,77 (00:42,77) 100m: 01:30,26 (00:47,49) 150m: 02:20,26 (00:50,00) 200m: 03:10,61 (00:50,35) 250m: 04:01,95 (00:51,34) 300m: 04:52,87 (00:50,92) 350m: 05:44,86 (00:51,99) 400m: 06:33,56 (00:48,70)					

abgemeldet

Achim Gall 1956/AK 60 SV Göppingen 04

Steffen Pöritz 1955/AK 60 SG Worms

Gefördert durch:



----- Institutionelle Partner -----

----- Technische Pool Partner -----

----- Kooperationspartner -----

noch Wettkampf 14 - 400m Freistil männlich

AK 55

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Michael Kleiber	1963/AK 55	SK Sparta Konstanz	04:39,18	978
	50m: 00:32,78 (00:32,78) 100m: 01:07,34 (00:34,56) 150m: 01:42,36 (00:35,02) 200m: 02:17,99 (00:35,63) 250m: 02:52,93 (00:34,94) 300m: 03:28,37 (00:35,44) 350m: 04:03,76 (00:35,39) 400m: 04:39,18 (00:35,42)				
2.	Karsten Dellbrügge	1962/AK 55	WSV Speyer	04:45,48	914
	50m: 00:31,89 (00:31,89) 100m: 01:06,73 (00:34,84) 150m: 01:42,08 (00:35,35) 200m: 02:18,33 (00:36,25) 250m: 02:55,24 (00:36,91) 300m: 03:32,27 (00:37,03) 350m: 04:09,46 (00:37,19) 400m: 04:45,48 (00:36,02)				
3.	Markus Reinhardt	1960/AK 55	SG Dortmund	04:55,67	823
	50m: 00:33,18 (00:33,18) 100m: 01:10,88 (00:37,70) 150m: 01:49,18 (00:38,30) 200m: 02:27,27 (00:38,09) 250m: 03:04,34 (00:37,07) 300m: 03:41,44 (00:37,10) 350m: 04:19,34 (00:37,90) 400m: 04:55,67 (00:36,33)				
4.	Peter Kleiner	1962/AK 55	Bad Homburger SC	05:04,80	751
	50m: 00:33,20 (00:33,20) 100m: 01:09,78 (00:36,58) 150m: 01:48,04 (00:38,26) 200m: 02:26,63 (00:38,59) 250m: 03:05,95 (00:39,32) 300m: 03:45,56 (00:39,61) 350m: 04:25,51 (00:39,95) 400m: 05:04,80 (00:39,29)				
5.	Alexander Middendorff	1961/AK 55	SGS Hannover	05:10,63	710
	50m: 00:34,12 (00:34,12) 100m: 01:12,06 (00:37,94) 150m: 01:52,10 (00:40,04) 200m: 02:31,79 (00:39,69) 250m: 03:11,96 (00:40,17) 300m: 03:51,41 (00:39,45) 350m: 04:31,56 (00:40,15) 400m: 05:10,63 (00:39,07)				
6.	Achim Globisch	1962/AK 55	BSC Robben	05:14,50	684
	50m: 00:36,01 (00:36,01) 100m: 01:15,32 (00:39,31) 150m: 01:55,92 (00:40,60) 200m: 02:35,80 (00:39,88) 250m: 03:16,17 (00:40,37) 300m: 03:56,12 (00:39,95) 350m: 04:35,97 (00:39,85) 400m: 05:14,50 (00:38,53)				
7.	Ulrich Blanke	1961/AK 55	Zehlendorfer TSV v. 1888 e.V.	05:25,66	616
	50m: 00:35,98 (00:35,98) 100m: 01:15,06 (00:39,08) 150m: 01:57,08 (00:42,02) 200m: 02:38,76 (00:41,68) 250m: 03:21,62 (00:42,86) 300m: 04:03,30 (00:41,68) 400m: 05:25,66 (01:22,36)				
8.	Andreas Farrenkopf	1961/AK 55	Bad Homburger SC	05:28,51	600
	50m: 00:36,38 (00:36,38) 100m: 01:16,24 (00:39,86) 150m: 01:57,92 (00:41,68) 200m: 02:39,39 (00:41,47) 250m: 03:21,97 (00:42,58) 300m: 04:04,36 (00:42,39) 350m: 04:47,54 (00:43,18) 400m: 05:28,51 (00:40,97)				
9.	Ingo Benneweg	1963/AK 55	SG Elbe	05:32,53	578
	50m: 00:33,86 (00:33,86) 100m: 01:14,13 (00:40,27) 150m: 01:56,98 (00:42,85) 200m: 02:41,11 (00:44,13) 250m: 03:24,73 (00:43,62) 300m: 04:08,34 (00:43,61) 350m: 04:51,38 (00:43,04) 400m: 05:32,53 (00:41,15)				
10.	Thomas Spickenbaum	1961/AK 55	SG Gladbeck/Recklinghausen	05:45,01	518
	50m: 00:38,17 (00:38,17) 100m: 01:20,21 (00:42,04) 150m: 02:03,41 (00:43,20) 200m: 02:46,17 (00:42,76) 250m: 03:30,20 (00:44,03) 300m: 04:14,61 (00:44,41) 350m: 05:00,55 (00:45,94) 400m: 05:45,01 (00:44,46)				
11.	Rene Zippel	1959/AK 55	SV Weixdorf e.V.	05:52,47	486
	50m: 00:38,96 (00:38,96) 100m: 01:22,70 (00:43,74) 150m: 02:09,08 (00:46,38) 200m: 02:54,02 (00:44,94) 250m: 03:39,59 (00:45,57) 300m: 04:24,30 (00:44,71) 350m: 05:09,96 (00:45,66) 400m: 05:52,47 (00:42,51)				
12.	Thomas Richter	1960/AK 55	SG Bayer	06:01,18	451
	50m: 00:42,05 (00:42,05) 100m: 01:26,33 (00:44,28) 150m: 02:12,22 (00:45,89) 200m: 02:58,82 (00:46,60) 250m: 03:45,54 (00:46,72) 300m: 04:31,84 (00:46,30) 350m: 05:17,72 (00:45,88) 400m: 06:01,18 (00:43,46)				

AK 50

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Javier Nogues	1964/AK 50	SSF Bonn	04:42,58	845
	50m: 00:33,49 (00:33,49) 100m: 01:09,77 (00:36,28) 150m: 01:45,73 (00:35,96) 200m: 02:21,36 (00:35,63) 250m: 02:56,93 (00:35,57) 300m: 03:32,17 (00:35,24) 350m: 04:07,32 (00:35,15) 400m: 04:42,58 (00:35,26)				
2.	Heiko Krumbeck	1967/AK 50	Berliner TSC	04:54,19	749
	50m: 00:32,87 (00:32,87) 100m: 01:08,47 (00:35,60) 150m: 01:44,01 (00:35,54) 200m: 02:19,98 (00:35,97) 250m: 02:56,57 (00:36,59) 300m: 03:41,84 (00:45,27) 350m: 04:18,83 (00:36,99) 400m: 04:54,19 (00:35,36)				
3.	Frank Martin	1965/AK 50	SG Westthüringen	04:56,00	735
	50m: 00:31,34 (00:31,34) 100m: 01:07,86 (00:36,52) 150m: 01:45,62 (00:37,76) 200m: 02:22,75 (00:37,13) 250m: 03:00,85 (00:38,10) 300m: 03:39,13 (00:38,28) 350m: 04:17,44 (00:38,31) 400m: 04:56,00 (00:38,56)				
4.	Frank Pater	1967/AK 50	SG Region Oldenburg	04:59,89	707
	50m: 00:33,92 (00:33,92) 100m: 01:10,38 (00:36,46) 150m: 01:47,99 (00:37,61) 200m: 02:25,85 (00:37,86) 250m: 03:04,79 (00:38,94) 300m: 03:43,48 (00:38,69) 350m: 04:22,66 (00:39,18) 400m: 04:59,89 (00:37,23)				

Gefördert durch:



----- Institutionelle Partner -----

----- Technische Pool Partner -----

----- Kooperationspartner -----

noch Wettkampf 14 - 400m Freistil männlich

noch AK 50

Platz	Schwimmer	Jg.	Verein	Endzeit	
5.	Stefan Karrer	1965/AK 50	TV Bühl	05:20,61	578
	50m: 00:34,50 (00:34,50) 100m: 01:12,85 (00:38,35) 150m: 01:53,06 (00:40,21) 200m: 02:34,61 (00:41,55) 250m: 03:16,10 (00:41,49) 300m: 03:58,31 (00:42,21) 350m: 04:40,43 (00:42,12) 400m: 05:20,61 (00:40,18)				
6.	Ralf Souto Pinto Soares	1964/AK 50	SC Chemnitz von 1892	05:22,77	567
	50m: 00:34,14 (00:34,14) 100m: 01:13,25 (00:39,11) 150m: 01:53,95 (00:40,70) 200m: 02:35,74 (00:41,79) 250m: 03:17,46 (00:41,72) 300m: 04:00,37 (00:42,91) 350m: 04:41,77 (00:41,40) 400m: 05:22,77 (00:41,00)				
7.	Hans-Georg Löhner	1964/AK 50	WSV Speyer	05:29,18	534
	50m: 00:35,38 (00:35,38) 100m: 01:15,11 (00:39,73) 150m: 01:56,33 (00:41,22) 200m: 02:38,57 (00:42,24) 250m: 03:21,86 (00:43,29) 300m: 04:05,22 (00:43,36) 350m: 04:48,45 (00:43,23) 400m: 05:29,18 (00:40,73)				
8.	Jens Kühne	1965/AK 50	DJK Sportfr. Budenheim	05:36,02	502
	50m: 00:36,06 (00:36,06) 100m: 01:16,40 (00:40,34) 150m: 01:58,92 (00:42,52) 200m: 02:43,11 (00:44,19) 250m: 03:26,97 (00:43,86) 300m: 04:11,38 (00:44,41) 350m: 04:54,99 (00:43,61) 400m: 05:36,02 (00:41,03)				
9.	Jörg Gierer	1968/AK 50	TSV Zirndorf	05:49,09	448
	50m: 00:35,32 (00:35,32) 100m: 01:15,89 (00:40,57) 200m: 02:45,57 (01:29,68) 300m: 04:17,05 (01:31,48) 350m: 05:03,34 (00:46,29) 400m: 05:49,09 (00:45,75)				
10.	Ingo Horwart	1964/AK 50	Gudensberger SG	05:53,96	430
	50m: 00:37,27 (00:37,27) 100m: 01:20,19 (00:42,92) 150m: 02:05,36 (00:45,17) 200m: 02:51,23 (00:45,87) 250m: 03:37,13 (00:45,90) 300m: 04:23,75 (00:46,62) 350m: 05:10,34 (00:46,59) 400m: 05:53,96 (00:43,62)				

AK 45

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Matthias Millers	1970/AK 45	SG Wuppertal	04:39,95	766
	50m: 00:31,73 (00:31,73) 100m: 01:06,80 (00:35,07) 150m: 01:43,01 (00:36,21) 200m: 02:19,60 (00:36,59) 250m: 02:56,12 (00:36,52) 300m: 03:32,53 (00:36,41) 350m: 04:08,49 (00:35,96) 400m: 04:39,95 (00:31,46)				
2.	Frank Gruner	1970/AK 45	SCW Eschborn	04:41,65	752
	50m: 00:31,84 (00:31,84) 100m: 01:06,78 (00:34,94) 150m: 01:42,94 (00:36,16) 200m: 02:19,35 (00:36,41) 250m: 02:56,14 (00:36,79) 300m: 03:32,69 (00:36,55) 350m: 04:08,81 (00:36,12) 400m: 04:41,65 (00:32,84)				
3.	Martin von Kathen	1969/AK 45	SG Wuppertal	04:48,40	701
	50m: 00:32,75 (00:32,75) 100m: 01:08,82 (00:36,07) 150m: 01:45,19 (00:36,37) 200m: 02:22,20 (00:37,01) 250m: 02:58,62 (00:36,42) 300m: 03:35,21 (00:36,59) 350m: 04:11,79 (00:36,58) 400m: 04:48,40 (00:36,61)				
4.	Gunnar Splittgerber	1972/AK 45	BSC Robben	04:56,83	643
	50m: 00:33,72 (00:33,72) 100m: 01:10,09 (00:36,37) 150m: 01:47,55 (00:37,46) 200m: 02:25,09 (00:37,54) 250m: 03:03,01 (00:37,92) 300m: 03:40,23 (00:37,22) 350m: 04:18,61 (00:38,38) 400m: 04:56,83 (00:38,22)				
5.	Alexander Neumüller	1971/AK 45	VfL Herrenberg	05:05,38	590
	50m: 00:32,29 (00:32,29) 100m: 01:08,11 (00:35,82) 150m: 01:45,57 (00:37,46) 200m: 02:24,85 (00:39,28) 250m: 03:04,67 (00:39,82) 300m: 03:45,64 (00:40,97) 350m: 04:26,25 (00:40,61) 400m: 05:05,38 (00:39,13)				
6.	Knut Kreitlein	1969/AK 45	SSV Lahr 1921	05:07,29	579
	50m: 00:34,50 (00:34,50) 100m: 01:12,44 (00:37,94) 150m: 01:51,55 (00:39,11) 200m: 02:30,50 (00:38,95) 250m: 03:09,75 (00:39,25) 300m: 03:48,98 (00:39,23) 350m: 04:28,84 (00:39,86) 400m: 05:07,29 (00:38,45)				
7.	Carsten Orlowski	1972/AK 45	Aqua-Sports Plettenberg	05:40,19	427
	50m: 00:35,07 (00:35,07) 100m: 01:16,03 (00:40,96) 150m: 01:59,03 (00:43,00) 200m: 02:43,38 (00:44,35) 250m: 03:27,94 (00:44,56) 300m: 04:13,11 (00:45,17) 350m: 04:57,73 (00:44,62) 400m: 05:40,19 (00:42,46)				

AK 40

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Jochen Kaminski	1974/AK 40	SSF Bonn	04:40,24	747
	50m: 00:31,48 (00:31,48) 100m: 01:06,97 (00:35,49) 150m: 01:42,78 (00:35,81) 200m: 02:19,66 (00:36,88) 250m: 02:54,58 (00:34,92) 300m: 03:30,15 (00:35,57) 350m: 04:05,09 (00:34,94) 400m: 04:40,24 (00:35,15)				
2.	Christof Groh	1975/AK 40	WSV Speyer	04:42,84	727
	50m: 00:31,38 (00:31,38) 100m: 01:06,63 (00:35,25) 150m: 01:42,94 (00:36,31) 200m: 02:19,70 (00:36,76) 250m: 02:54,94 (00:35,24) 300m: 03:30,75 (00:35,81) 350m: 04:07,15 (00:36,40) 400m: 04:42,84 (00:35,69)				

Gefördert durch:



----- Institutionelle Partner -----

----- Technische Pool Partner -----

----- Kooperationspartner -----

noch Wettkampf 14 - 400m Freistil männlich

noch AK 40

Platz	Schwimmer	Jg.	Verein	Endzeit	
3.	Uwe Heller	1974/AK 40	SSG Bruhrain	04:45,12	710
	50m: 00:31,72 (00:31,72) 100m: 01:07,02 (00:35,30) 150m: 01:44,27 (00:37,25) 200m: 02:21,25 (00:36,98) 250m: 02:58,27 (00:37,02) 300m: 03:35,10 (00:36,83) 350m: 04:11,29 (00:36,19) 400m: 04:45,12 (00:33,83)				
4.	Michael Schulze	1978/AK 40	TSV Jahn Freising	04:56,81	629
	50m: 00:32,43 (00:32,43) 100m: 01:08,63 (00:36,20) 150m: 01:46,11 (00:37,48) 200m: 02:24,04 (00:37,93) 250m: 03:01,80 (00:37,76) 300m: 03:39,65 (00:37,85) 350m: 04:18,83 (00:39,18) 400m: 04:56,81 (00:37,98)				
5.	Sven Kielblock	1976/AK 40	Brander SV 1973 e.V.	05:00,95	603
	50m: 00:32,29 (00:32,29) 100m: 01:08,16 (00:35,87) 150m: 01:45,58 (00:37,42) 200m: 02:24,34 (00:38,76) 250m: 03:03,88 (00:39,54) 300m: 03:43,69 (00:39,81) 350m: 04:23,57 (00:39,88) 400m: 05:00,95 (00:37,38)				
6.	Sascha Stelkens	1975/AK 40	S.V. Aegir 21 Kempen	05:13,07	536
	50m: 00:32,90 (00:32,90) 100m: 01:11,06 (00:38,16) 150m: 01:49,88 (00:38,82) 200m: 02:29,87 (00:39,99) 250m: 03:10,25 (00:40,38) 300m: 03:51,76 (00:41,51) 350m: 04:32,96 (00:41,20) 400m: 05:13,07 (00:40,11)				
7.	Kai Beinke	1976/AK 40	TG ENNIGLOH	05:19,56	504
	50m: 00:35,12 (00:35,12) 100m: 01:13,45 (00:38,33) 150m: 01:53,59 (00:40,14) 200m: 02:33,79 (00:40,20) 250m: 03:15,77 (00:41,98) 300m: 03:57,07 (00:41,30) 350m: 04:39,43 (00:42,36) 400m: 05:19,56 (00:40,13)				

AK 35

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister	Nicky Lange	1980/AK 35	SK Sparta Konstanz	04:30,65	851
	50m: 00:31,53 (00:31,53) 100m: 01:05,83 (00:34,30) 150m: 01:40,03 (00:34,20) 200m: 02:14,76 (00:34,73) 250m: 02:49,25 (00:34,49) 300m: 03:24,15 (00:34,90) 350m: 03:58,76 (00:34,61) 400m: 04:30,65 (00:31,89)				
2.	Peter Schwenzer	1982/AK 35	SSG Braunschweig	04:43,94	737
	50m: 00:31,64 (00:31,64) 100m: 01:06,79 (00:35,15) 150m: 01:42,23 (00:35,44) 200m: 02:19,10 (00:36,87) 250m: 02:55,39 (00:36,29) 300m: 03:32,37 (00:36,98) 350m: 04:08,93 (00:36,56) 400m: 04:43,94 (00:35,01)				

AK 30

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister	Andreas Suck	1987/AK 30	Union 1861 Schönebeck	04:31,64	765
	50m: 00:29,59 (00:29,59) 100m: 01:02,22 (00:32,63) 150m: 01:36,16 (00:33,94) 200m: 02:10,60 (00:34,44) 250m: 02:45,76 (00:35,16) 300m: 03:21,15 (00:35,39) 350m: 03:56,67 (00:35,52) 400m: 04:31,64 (00:34,97)				
2.	Robert Weißhuhn	1984/AK 30	SG Berliner Wasserratten	04:41,32	689
	50m: 00:29,40 (00:29,40) 100m: 01:03,26 (00:33,86) 150m: 01:38,51 (00:35,25) 200m: 02:14,56 (00:36,05) 250m: 02:50,94 (00:36,38) 300m: 03:27,68 (00:36,74) 350m: 04:04,91 (00:37,23) 400m: 04:41,32 (00:36,41)				
3.	Christian Adam	1986/AK 30	TSG Darmstadt	04:44,66	665
	50m: 00:30,89 (00:30,89) 100m: 01:05,72 (00:34,83) 150m: 01:41,52 (00:35,80) 200m: 02:17,59 (00:36,07) 250m: 02:54,31 (00:36,72) 300m: 03:31,02 (00:36,71) 350m: 04:08,38 (00:37,36) 400m: 04:44,66 (00:36,28)				
4.	Tobias Luh	1985/AK 30	Gießener SV	04:48,37	640
	50m: 00:30,26 (00:30,26) 100m: 01:04,33 (00:34,07) 150m: 01:40,63 (00:36,30) 200m: 02:17,48 (00:36,85) 250m: 02:55,63 (00:38,15) 300m: 03:33,45 (00:37,82) 350m: 04:11,38 (00:37,93) 400m: 04:48,37 (00:36,99)				
5.	Pavel Schevzov	1984/AK 30	TSV Quakenbrück	05:06,52	533
	50m: 00:32,75 (00:32,75) 100m: 01:09,78 (00:37,03) 150m: 01:47,68 (00:37,90) 200m: 02:26,35 (00:38,67) 250m: 03:06,26 (00:39,91) 300m: 03:46,76 (00:40,50) 350m: 04:27,70 (00:40,94) 400m: 05:06,52 (00:38,82)				

nicht am Start

Pascal Friedhoff 1984/AK 30 TVE Netphen Flipper

EnM

Gefördert durch:



----- Institutionelle Partner -----

----- Technische Pool Partner -----

----- Kooperationspartner -----

noch Wettkampf 14 - 400m Freistil männlich

AK 25

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Kevin Geiselhart	1992/AK 25	SG Siegen	04:12,26	983
	50m: 00:28,82 (00:28,82) 100m: 01:00,65 (00:31,83) 150m: 01:33,07 (00:32,42) 200m: 02:05,78 (00:32,71) 250m: 02:38,53 (00:32,75) 300m: 03:10,08 (00:31,55) 350m: 03:41,46 (00:31,38) 400m: 04:12,26 (00:30,80)				
2.	Bastian Schorr	1992/AK 25	SG Bamberg	04:18,84	910
	50m: 00:28,78 (00:28,78) 100m: 01:00,87 (00:32,09) 150m: 01:33,26 (00:32,39) 200m: 02:06,20 (00:32,94) 250m: 02:38,76 (00:32,56) 300m: 03:11,60 (00:32,84) 350m: 03:45,35 (00:33,75) 400m: 04:18,84 (00:33,49)				
3.	Matthias Hövener	1990/AK 25	SG Lünen	04:29,84	803
	50m: 00:30,39 (00:30,39) 100m: 01:03,25 (00:32,86) 150m: 01:36,65 (00:33,40) 200m: 02:10,63 (00:33,98) 250m: 02:45,11 (00:34,48) 300m: 03:19,89 (00:34,78) 350m: 03:55,35 (00:35,46) 400m: 04:29,84 (00:34,49)				
4.	Peter Müller	1991/AK 25	TSV Neustadt 1906	04:36,06	750
	50m: 00:30,49 (00:30,49) 100m: 01:04,82 (00:34,33) 150m: 01:39,88 (00:35,06) 200m: 02:14,80 (00:34,92) 250m: 02:50,54 (00:35,74) 300m: 03:26,27 (00:35,73) 350m: 04:01,78 (00:35,51) 400m: 04:36,06 (00:34,28)				
5.	Benjamin Wulf	1991/AK 25	1. Paderborner SV 1911	04:45,70	677
	50m: 00:30,23 (00:30,23) 100m: 01:05,00 (00:34,77) 150m: 01:40,55 (00:35,55) 200m: 02:16,86 (00:36,31) 250m: 02:53,58 (00:36,72) 300m: 03:30,67 (00:37,09) 350m: 04:08,60 (00:37,93) 400m: 04:45,70 (00:37,10)				
6.	Jan Prennig	1993/AK 25	Marburger SV	04:51,74	636
	50m: 00:31,98 (00:31,98) 100m: 01:08,19 (00:36,21) 150m: 01:45,09 (00:36,90) 200m: 02:22,92 (00:37,83) 250m: 03:00,83 (00:37,91) 300m: 03:39,12 (00:38,29) 350m: 04:16,33 (00:37,21) 400m: 04:51,74 (00:35,41)				
7.	Robin Goldberg	1989/AK 25	1. Dresdner Schwimmgemeinschaft	04:52,47	631
	50m: 00:29,66 (00:29,66) 100m: 01:05,32 (00:35,66) 150m: 01:42,20 (00:36,88) 200m: 02:20,63 (00:38,43) 250m: 02:58,46 (00:37,83) 300m: 03:36,56 (00:38,10) 350m: 04:14,61 (00:38,05) 400m: 04:52,47 (00:37,86)				
8.	Patrick Kleemeier	1992/AK 25	SG Bamberg	04:55,44	612
	50m: 00:33,04 (00:33,04) 100m: 01:08,11 (00:35,07) 150m: 01:44,60 (00:36,49) 200m: 02:22,10 (00:37,50) 250m: 03:00,45 (00:38,35) 300m: 03:39,10 (00:38,65) 350m: 04:17,70 (00:38,60) 400m: 04:55,44 (00:37,74)				
9.	Tim Harnisch	1990/AK 25	Zehlendorfer TSV v. 1888 e.V.	04:55,94	609
	50m: 00:31,92 (00:31,92) 100m: 01:06,72 (00:34,80) 150m: 01:43,11 (00:36,39) 200m: 02:20,41 (00:37,30) 250m: 02:59,04 (00:38,63) 300m: 03:38,35 (00:39,31) 350m: 04:18,25 (00:39,90) 400m: 04:55,94 (00:37,69)				
10.	Steffen Willms	1990/AK 25	SG Euregio Swim Team	04:56,24	607
	50m: 00:32,65 (00:32,65) 100m: 01:07,70 (00:35,05) 150m: 01:45,28 (00:37,58) 200m: 02:23,45 (00:38,17) 250m: 03:02,45 (00:39,00) 300m: 03:41,20 (00:38,75) 350m: 04:20,33 (00:39,13) 400m: 04:56,24 (00:35,91)				
11.	Tobias Frank	1993/AK 25	SG Bamberg	04:59,87	585
	50m: 00:32,38 (00:32,38) 100m: 01:08,92 (00:36,54) 150m: 01:46,64 (00:37,72) 200m: 02:25,26 (00:38,62) 250m: 03:04,81 (00:39,55) 300m: 03:43,88 (00:39,07) 350m: 04:22,37 (00:38,49) 400m: 04:59,87 (00:37,50)				
12.	Hendrik Möller	1990/AK 25	Mainzer Schwimmverein 01	05:01,86	574
	50m: 00:30,22 (00:30,22) 100m: 01:04,13 (00:33,91) 150m: 01:41,60 (00:37,47) 200m: 02:20,42 (00:38,82) 250m: 03:00,09 (00:39,67) 300m: 03:40,61 (00:40,52) 350m: 04:21,42 (00:40,81) 400m: 05:01,86 (00:40,44)				
13.	Carsten Gerke	1993/AK 25	SV Neptun Rotenburg	05:16,14	499
	50m: 00:31,76 (00:31,76) 100m: 01:07,75 (00:35,99) 150m: 01:47,15 (00:39,40) 200m: 02:28,05 (00:40,90) 250m: 03:09,95 (00:41,90) 300m: 03:51,75 (00:41,80) 350m: 04:35,12 (00:43,37) 400m: 05:16,14 (00:41,02)				

abgemeldet

Florian Luckas 1991/AK 25 DSW 1912 Darmstadt e.V.

AK 20

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Niklas Frach	1998/AK 20	TV Wetzlar	04:01,11	972
	50m: 00:27,18 (00:27,18) 100m: 00:56,59 (00:29,41) 150m: 01:26,70 (00:30,11) 200m: 01:57,43 (00:30,73) 250m: 02:28,22 (00:30,79) 300m: 02:59,38 (00:31,16) 350m: 03:30,47 (00:31,09) 400m: 04:01,11 (00:30,64)				
2.	Florian Lippke	1995/AK 20	DSW 1912 Darmstadt e.V.	04:27,88	709
	50m: 00:29,82 (00:29,82) 100m: 01:01,88 (00:32,06) 150m: 01:35,68 (00:33,80) 200m: 02:09,59 (00:33,91) 250m: 02:44,19 (00:34,60) 300m: 03:19,30 (00:35,11) 350m: 03:54,04 (00:34,74) 400m: 04:27,88 (00:33,84)				

Gefördert durch:



----- Institutionelle Partner -----

----- Technische Pool Partner -----

----- Kooperationspartner -----

noch Wettkampf 14 - 400m Freistil männlich

noch AK 20

Platz	Schwimmer	Jg.	Verein	Endzeit	
3.	Daniel Pfaender	1996/AK 20	SG Bamberg	04:28,25	706
	50m: 00:31,56 (00:31,56) 100m: 01:04,85 (00:33,29) 150m: 01:38,78 (00:33,93) 200m: 02:12,54 (00:33,76) 250m: 02:46,76 (00:34,22) 300m: 03:21,24 (00:34,48) 350m: 03:55,92 (00:34,68) 400m: 04:28,25 (00:32,33)				
4.	Patrik Putala	1997/AK 20	TV Wetzlar	04:28,49	704
	50m: 00:29,34 (00:29,34) 100m: 01:01,61 (00:32,27) 150m: 01:35,25 (00:33,64) 200m: 02:09,55 (00:34,30) 250m: 02:44,46 (00:34,91) 300m: 03:19,79 (00:35,33) 350m: 03:55,75 (00:35,96) 400m: 04:28,49 (00:32,74)				
5.	Leon Geiger	1995/AK 20	SG Frankfurt	04:31,69	679
	50m: 00:29,68 (00:29,68) 100m: 01:02,45 (00:32,77) 150m: 01:36,64 (00:34,19) 200m: 02:10,67 (00:34,03) 250m: 02:46,11 (00:35,44) 300m: 03:21,34 (00:35,23) 350m: 03:56,97 (00:35,63) 400m: 04:31,69 (00:34,72)				
6.	Julian Barnikol	1994/AK 20	TV Watzenborn-Steinberg	04:54,57	533
	50m: 00:31,07 (00:31,07) 100m: 01:06,52 (00:35,45) 150m: 01:44,37 (00:37,85) 200m: 02:22,32 (00:37,95) 250m: 03:00,91 (00:38,59) 300m: 03:39,55 (00:38,64) 350m: 04:18,30 (00:38,75) 400m: 04:54,57 (00:36,27)				
7.	Oliver Esser	1996/AK 20	SG Euregio Swim Team	05:04,08	484
	50m: 00:33,97 (00:33,97) 100m: 01:12,09 (00:38,12) 150m: 01:50,45 (00:38,36) 200m: 02:30,58 (00:40,13) 250m: 03:10,08 (00:39,50) 300m: 03:49,42 (00:39,34) 350m: 04:27,20 (00:37,78) 400m: 05:04,08 (00:36,88)				
8.	Noah Böhm	1997/AK 20	TV Watzenborn-Steinberg	05:08,59	464
	50m: 00:31,44 (00:31,44) 100m: 01:07,34 (00:35,90) 150m: 01:46,72 (00:39,38) 200m: 02:26,54 (00:39,82) 250m: 03:07,26 (00:40,72) 300m: 03:48,71 (00:41,45) 350m: 04:30,46 (00:41,75) 400m: 05:08,59 (00:38,13)				
9.	Marvin Jäger	1997/AK 20	SSV Meschede	05:11,99	449
	50m: 00:32,18 (00:32,18) 100m: 01:09,08 (00:36,90) 150m: 01:49,01 (00:39,93) 200m: 02:28,88 (00:39,87) 250m: 03:09,94 (00:41,06) 300m: 03:51,22 (00:41,28) 350m: 04:32,95 (00:41,73) 400m: 05:11,99 (00:39,04)				

abgemeldet

Silvan Möller 1995/AK 20 SG Wetterau

Gefördert durch:

Bundesministerium
des InnernDeutsche
SporthilfeIAT
Institut für Angewandte
Trainingswissenschaft
Forschung für den Leistungssport

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