

Wettkampf 16 - 400 m Freistilschwimmen weiblich

Pflichtzeiten

2006: 06:30,00 2005: 05:43,00 2004: 05:21,00

Jahrgang 2006

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Hessische Jahrgangsmeisterin 2016					
	Lara Mrozinski	2006	TV 1862 Langen e.V.	05:28,65	363
	50m: 00:36,01 (00:36,01) 100m: 01:17,66 (00:41,65) 150m: 01:59,84 (00:42,18) 200m: 02:41,26 (00:41,42) 250m: 03:23,96 (00:42,70) 300m: 04:07,09 (00:43,13) 350m: 04:48,94 (00:41,85) 400m: 05:28,65 (00:39,71)				
2.	Larissa Sina	2006	SG Frankfurt	05:33,12	348
	50m: 00:37,50 (00:37,50) 100m: 01:18,85 (00:41,35) 150m: 02:01,73 (00:42,88) 200m: 02:44,50 (00:42,77) 250m: 03:27,74 (00:43,24) 300m: 04:11,12 (00:43,38) 350m: 04:54,62 (00:43,50) 400m: 05:33,12 (00:38,50)				
3.	Finja Florentin Lang	2006	DSW 1912 Darmstadt e.V.	05:54,98	288
	50m: 00:38,43 (00:38,43) 100m: 01:22,37 (00:43,94) 150m: 02:07,15 (00:44,78) 200m: 02:52,58 (00:45,43) 250m: 03:37,97 (00:45,39) 300m: 04:24,70 (00:46,73) 350m: 05:11,55 (00:46,85) 400m: 05:54,98 (00:43,43)				
4.	Annika Fleck	2006	SV Gelnhausen 1924 e.V.	06:00,00	276
	50m: 00:39,43 (00:39,43) 100m: 01:22,42 (00:42,99) 150m: 02:08,20 (00:45,78) 200m: 02:53,87 (00:45,67) 250m: 03:40,80 (00:46,93) 300m: 04:28,71 (00:47,91) 400m: 06:00,00 (01:31,29)				
5.	Lisa Weber	2006	SCW Eschborn	06:01,30	273
	50m: 00:40,73 (00:40,73) 100m: 01:26,76 (00:46,03) 150m: 02:13,46 (00:46,70) 200m: 02:59,71 (00:46,25) 250m: 03:46,72 (00:47,01) 300m: 04:34,02 (00:47,30) 350m: 05:18,88 (00:44,86) 400m: 06:01,30 (00:42,42)				
6.	Jasmin Sina	2006	SG Frankfurt	06:02,22	271
	50m: 00:39,55 (00:39,55) 100m: 01:25,36 (00:45,81) 150m: 02:11,81 (00:46,45) 200m: 02:58,71 (00:46,90) 250m: 03:45,68 (00:46,97) 300m: 04:32,48 (00:46,80) 350m: 05:19,39 (00:46,91) 400m: 06:02,22 (00:42,83)				
7.	Xenia Friedrich	2006	SG Frankfurt	06:06,29	262
	50m: 00:39,88 (00:39,88) 100m: 01:23,68 (00:43,80) 150m: 02:10,34 (00:46,66) 200m: 02:57,30 (00:46,96) 250m: 03:45,03 (00:47,73) 300m: 04:32,86 (00:47,83) 350m: 05:20,28 (00:47,42) 400m: 06:06,29 (00:46,01)				
8.	Charlotte Uherek	2006	SC Undina Bruchköbel 90	06:16,05	242
	50m: 00:41,36 (00:41,36) 100m: 01:28,59 (00:47,23) 150m: 02:15,50 (00:46,91) 200m: 03:03,51 (00:48,01) 250m: 03:51,30 (00:47,79) 300m: 04:40,47 (00:49,17) 350m: 05:30,02 (00:49,55) 400m: 06:16,05 (00:46,03)				
9.	Giulia Vollkammer	2006	SC Oberursel	06:18,33	238
	50m: 00:42,32 (00:42,32) 100m: 01:30,61 (00:48,29) 150m: 02:19,24 (00:48,63) 200m: 03:08,27 (00:49,03) 250m: 03:57,38 (00:49,11) 300m: 04:45,86 (00:48,48) 350m: 05:34,83 (00:48,97) 400m: 06:18,33 (00:43,50)				
10.	Mia Behringer	2006	SG Frankfurt	06:21,30	232
	50m: 00:41,17 (00:41,17) 100m: 01:28,99 (00:47,82) 150m: 02:18,50 (00:49,51) 200m: 03:07,56 (00:49,06) 250m: 03:57,35 (00:49,79) 300m: 04:45,57 (00:48,22) 350m: 05:33,95 (00:48,38) 400m: 06:21,30 (00:47,35)				
11.	Emma Nikles	2006	TV Wetzlar	06:27,54	221
	50m: 00:42,72 (00:42,72) 100m: 01:29,95 (00:47,23) 150m: 02:19,15 (00:49,20) 200m: 03:08,45 (00:49,30) 250m: 03:58,25 (00:49,80) 300m: 04:49,05 (00:50,80) 350m: 05:38,56 (00:49,51) 400m: 06:27,54 (00:48,98)				

nicht am Start

Greta Wappenschmidt 2006 SCW Eschborn EnM

abgemeldet

Lene Plücker 2006 WSV Großkrotzenburg EnM

Jahrgang 2005

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Hessische Jahrgangsmeisterin 2016					
	Rianne Rose	2005	TV 1843 Dillenburg	04:49,25	532
	50m: 00:32,40 (00:32,40) 100m: 01:08,37 (00:35,97) 150m: 01:45,03 (00:36,66) 200m: 02:22,10 (00:37,07) 250m: 02:59,21 (00:37,11) 300m: 03:36,31 (00:37,10) 350m: 04:13,57 (00:37,26) 400m: 04:49,25 (00:35,68)				
2.	Nicola Schmitz	2005	SG Frankfurt	04:50,66	525
	50m: 00:33,14 (00:33,14) 100m: 01:10,23 (00:37,09) 150m: 01:47,18 (00:36,95) 200m: 02:24,44 (00:37,26) 250m: 03:01,65 (00:37,21) 300m: 03:39,67 (00:38,02) 350m: 04:16,47 (00:36,80) 400m: 04:50,66 (00:34,19)				



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noch Jahrgang 2005

Platz	Schwimmerin	Jg.	Verein	Endzeit	
3.	Valentina Barreto Fabian	2005	Wfr. Fechenheim	05:14,31	415
	50m: 00:34,94 (00:34,94) 100m: 01:13,25 (00:38,31) 150m: 01:52,90 (00:39,65) 200m: 02:33,25 (00:40,35) 250m: 03:14,29 (00:41,04) 300m: 03:55,13 (00:40,84) 350m: 04:36,04 (00:40,91) 400m: 05:14,31 (00:38,27)				
4.	Nikoletta Cygan	2005	Wfr. Fechenheim	05:20,39	392
	50m: 00:36,32 (00:36,32) 100m: 01:16,30 (00:39,98) 150m: 01:56,86 (00:40,56) 200m: 02:37,70 (00:40,84) 250m: 03:18,38 (00:40,68) 300m: 03:59,54 (00:41,16) 350m: 04:40,50 (00:40,96) 400m: 05:20,39 (00:39,89)				
5.	Mia-Antonia Volz	2005	SG 1886 Weiterstadt	05:27,88	365
	50m: 00:37,11 (00:37,11) 100m: 01:18,24 (00:41,13) 150m: 02:00,32 (00:42,08) 200m: 02:43,11 (00:42,79) 250m: 03:25,59 (00:42,48) 300m: 04:07,69 (00:42,10) 350m: 04:49,02 (00:41,33) 400m: 05:27,88 (00:38,86)				
6.	Kira Herzberger	2005	TSV Kirchhain	05:30,56	357
	50m: 00:35,78 (00:35,78) 100m: 01:16,12 (00:40,34) 150m: 01:57,88 (00:41,76) 200m: 02:40,95 (00:43,07) 250m: 03:23,41 (00:42,46) 300m: 04:07,46 (00:44,05) 350m: 04:49,26 (00:41,80) 400m: 05:30,56 (00:41,30)				
7.	Angelina-Louise Helmich	2005	SCW Eschborn	05:35,57	341
	50m: 00:36,57 (00:36,57) 100m: 01:17,79 (00:41,22) 150m: 02:00,28 (00:42,49) 200m: 02:42,76 (00:42,48) 250m: 03:25,54 (00:42,78) 300m: 04:09,26 (00:43,72) 350m: 04:53,18 (00:43,92) 400m: 05:35,57 (00:42,39)				

abgemeldet

Lavinia Haber 2005 SCW Eschborn

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Jahrgang 2004

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Hessische Jahrgangsmeisterin 2016	Chiara Klein	2004	TV 1843 Dillenburg	04:40,95	581
	50m: 00:31,42 (00:31,42) 100m: 01:05,44 (00:34,02) 150m: 01:40,82 (00:35,38) 200m: 02:16,47 (00:35,65) 250m: 02:52,45 (00:35,98) 300m: 03:28,62 (00:36,17) 350m: 04:05,29 (00:36,67) 400m: 04:40,95 (00:35,66)				
2.	Jana Schomann	2004	SV Gelnhausen 1924 e.V.	04:50,97	523
	50m: 00:33,39 (00:33,39) 100m: 01:09,66 (00:36,27) 150m: 01:46,57 (00:36,91) 200m: 02:24,15 (00:37,58) 250m: 03:01,44 (00:37,29) 300m: 03:38,91 (00:37,47) 350m: 04:16,44 (00:37,53) 400m: 04:50,97 (00:34,53)				
3.	Christina Düll	2004	SG Frankfurt	04:52,36	516
	50m: 00:32,60 (00:32,60) 100m: 01:08,65 (00:36,05) 150m: 01:45,72 (00:37,07) 200m: 02:22,94 (00:37,22) 250m: 03:00,17 (00:37,23) 300m: 03:37,89 (00:37,72) 350m: 04:15,52 (00:37,63) 400m: 04:52,36 (00:36,84)				
4.	Svea Bo Schmitz	2004	SC Wiesbaden 1911	04:54,41	505
	50m: 00:32,87 (00:32,87) 100m: 01:09,82 (00:36,95) 150m: 01:46,62 (00:36,80) 200m: 02:23,87 (00:37,25) 250m: 03:00,74 (00:36,87) 300m: 03:38,37 (00:37,63) 350m: 04:16,38 (00:38,01) 400m: 04:54,41 (00:38,03)				
5.	Sophia Herbsthoff	2004	SG 1886 Weiterstadt	04:56,48	494
	50m: 00:33,17 (00:33,17) 100m: 01:10,41 (00:37,24) 150m: 01:48,52 (00:38,11) 200m: 02:26,18 (00:37,66) 250m: 03:04,50 (00:38,32) 300m: 03:42,16 (00:37,66) 350m: 04:19,77 (00:37,61) 400m: 04:56,48 (00:36,71)				
6.	Alessandra Dahl	2004	SG Frankfurt	05:02,63	465
	50m: 00:33,26 (00:33,26) 100m: 01:11,30 (00:38,04) 150m: 01:49,88 (00:38,58) 200m: 02:29,11 (00:39,23) 250m: 03:08,38 (00:39,27) 300m: 03:46,97 (00:38,59) 350m: 04:25,34 (00:38,37) 400m: 05:02,63 (00:37,29)				
7.	Valerie Schönfelder	2004	SC Wiesbaden 1911	05:03,45	461
	50m: 00:34,48 (00:34,48) 100m: 01:12,45 (00:37,97) 150m: 01:51,28 (00:38,83) 200m: 02:30,36 (00:39,08) 250m: 03:09,46 (00:39,10) 300m: 03:48,31 (00:38,85) 350m: 04:26,66 (00:38,35) 400m: 05:03,45 (00:36,79)				
8.	Ronja Schimpfermann	2004	WSV Delphin 78 Großauheim	05:04,55	456
	50m: 00:33,18 (00:33,18) 100m: 01:10,19 (00:37,01) 150m: 01:48,63 (00:38,44) 200m: 02:27,62 (00:38,99) 250m: 03:07,19 (00:39,57) 300m: 03:47,29 (00:40,10) 350m: 04:26,86 (00:39,57) 400m: 05:04,55 (00:37,69)				
9.	Chiara Strecker	2004	Wfr. Fechenheim	05:13,53	418
	50m: 00:35,27 (00:35,27) 100m: 01:14,40 (00:39,13) 150m: 01:54,12 (00:39,72) 200m: 02:34,60 (00:40,48) 250m: 03:14,87 (00:40,27) 300m: 03:55,21 (00:40,34) 350m: 04:35,17 (00:39,96) 400m: 05:13,53 (00:38,36)				
10.	Frieda Freischlad	2004	TV 1843 Dillenburg	05:15,46	410
	50m: 00:35,71 (00:35,71) 100m: 01:14,37 (00:38,66) 150m: 01:53,66 (00:39,29) 200m: 02:33,58 (00:39,92) 250m: 03:14,35 (00:40,77) 300m: 03:55,25 (00:40,90) 350m: 04:36,13 (00:40,88) 400m: 05:15,46 (00:39,33)				
11.	Angie Gölz-Poppelreuter	2004	TV 1862 Langen e.V.	05:24,22	378
	50m: 00:34,95 (00:34,95) 100m: 01:15,42 (00:40,47) 150m: 01:56,72 (00:41,30) 200m: 02:37,81 (00:41,09) 250m: 03:19,71 (00:41,90) 300m: 04:01,01 (00:41,30) 350m: 04:43,16 (00:42,15) 400m: 05:24,22 (00:41,06)				

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