

Wettkampf 33 - 400 m Lagenschwimmen weiblich

Pflichtzeiten

2004: 06:39,00 2003: 06:05,00

Jahrgang 2004

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Hessische Jahrgangsmeisterin 2015					
	Chiara Klein	2004	TSV Kirchhain	05:38,98	450
	50m: 00:37,06 (00:37,06) 100m: 01:22,28 (00:45,22) 150m: 02:04,32 (00:42,04) 200m: 02:45,94 (00:41,62) 250m: 03:34,56 (00:48,62) 300m: 04:23,37 (00:48,81) 350m: 05:02,03 (00:38,66) 400m: 05:38,98 (00:36,95)				
2.	Christina Düll	2004	SG Frankfurt	05:48,05	416
	50m: 00:37,76 (00:37,76) 100m: 01:24,00 (00:46,24) 150m: 02:09,45 (00:45,45) 200m: 02:53,55 (00:44,10) 250m: 03:40,90 (00:47,35) 300m: 04:29,37 (00:48,47) 350m: 05:09,32 (00:39,95) 400m: 05:48,05 (00:38,73)				
3.	Angie Gölz Poppelreuter	2004	SCW Eschborn	05:59,51	377
	50m: 00:39,32 (00:39,32) 100m: 01:28,39 (00:49,07) 150m: 02:12,86 (00:44,47) 200m: 02:56,63 (00:43,77) 250m: 03:46,96 (00:50,33) 300m: 04:38,38 (00:51,42) 350m: 05:19,41 (00:41,03) 400m: 05:59,51 (00:40,10)				
4.	Jana Schomann	2004	SV Gelnhausen 1924 e.V.	06:11,79	341
	50m: 00:39,72 (00:39,72) 100m: 01:28,45 (00:48,73) 150m: 02:16,67 (00:48,22) 200m: 03:03,85 (00:47,18) 250m: 03:56,08 (00:52,23) 300m: 04:49,81 (00:53,73) 350m: 05:31,89 (00:42,08) 400m: 06:11,79 (00:39,90)				
5.	Helena Herbst	2004	SCW Eschborn	06:17,00	327
	50m: 00:43,61 (00:43,61) 100m: 01:35,22 (00:51,61) 150m: 02:22,21 (00:46,99) 200m: 03:08,67 (00:46,46) 250m: 03:57,06 (00:48,39) 300m: 04:46,12 (00:49,06) 350m: 05:31,56 (00:45,44) 400m: 06:17,00 (00:45,44)				
6.	Ella Kantz	2004	VfS Rödermark	06:18,88	322
	50m: 00:42,71 (00:42,71) 100m: 01:33,93 (00:51,22) 150m: 02:19,92 (00:45,99) 200m: 03:07,87 (00:47,95) 250m: 03:59,57 (00:51,70) 300m: 04:53,12 (00:53,55) 350m: 05:37,48 (00:44,36) 400m: 06:18,88 (00:41,40)				
7.	Sophia Herbsthoff	2004	SG 1886 Weiterstadt	06:34,32	286
	50m: 00:45,12 (00:45,12) 100m: 01:41,63 (00:56,51) 150m: 02:28,93 (00:47,30) 200m: 03:14,81 (00:45,88) 250m: 04:09,98 (00:55,17) 300m: 05:07,41 (00:57,43) 350m: 05:51,15 (00:43,74) 400m: 06:34,32 (00:43,17)				
8.	Sarah Zdarek	2004	SG Frankfurt	06:35,01	284
	50m: 00:43,04 (00:43,04) 100m: 01:36,45 (00:53,41) 150m: 02:26,71 (00:50,26) 200m: 03:16,38 (00:49,67) 250m: 04:10,38 (00:54,00) 300m: 05:05,32 (00:54,94) 350m: 05:51,46 (00:46,14) 400m: 06:35,01 (00:43,55)				
9.	Tonique Braun	2004	Kelkheimer SC	06:36,94	280
	50m: 00:46,65 (00:46,65) 100m: 01:42,62 (00:55,97) 150m: 02:31,48 (00:48,86) 200m: 03:19,60 (00:48,12) 250m: 04:13,08 (00:53,48) 300m: 05:07,20 (00:54,12) 350m: 05:53,04 (00:45,84) 400m: 06:36,94 (00:43,90)				

Jahrgang 2003

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Hessische Jahrgangsmeisterin 2015					
	Lili Marie Kramer	2003	SG Frankfurt	05:21,78	526
	50m: 00:34,19 (00:34,19) 100m: 01:13,67 (00:39,48) 150m: 01:55,34 (00:41,67) 200m: 02:36,36 (00:41,02) 250m: 03:22,56 (00:46,20) 300m: 04:10,15 (00:47,59) 350m: 04:46,64 (00:36,49) 400m: 05:21,78 (00:35,14)				
2.	Anna-Fiona Volz	2003	SG 1886 Weiterstadt	05:26,23	505
	50m: 00:34,50 (00:34,50) 100m: 01:14,76 (00:40,26) 150m: 01:55,14 (00:40,38) 200m: 02:34,89 (00:39,75) 250m: 03:23,55 (00:48,66) 300m: 04:12,18 (00:48,63) 350m: 04:50,44 (00:38,26) 400m: 05:26,23 (00:35,79)				
3.	Lotte Volk	2003	SCW Eschborn	05:31,56	481
	50m: 00:35,61 (00:35,61) 100m: 01:16,45 (00:40,84) 150m: 01:58,53 (00:42,08) 200m: 02:39,17 (00:40,64) 250m: 03:27,19 (00:48,02) 300m: 04:15,91 (00:48,72) 350m: 04:54,70 (00:38,79) 400m: 05:31,56 (00:36,86)				
4.	Rianne Lagerpusch	2003	SC Wiesbaden 1911	05:34,41	469
	50m: 00:38,10 (00:38,10) 100m: 01:27,83 (00:49,73) 150m: 02:09,87 (00:42,04) 200m: 02:51,00 (00:41,13) 250m: 03:35,76 (00:44,76) 300m: 04:20,93 (00:45,17) 350m: 04:58,93 (00:38,00) 400m: 05:34,41 (00:35,48)				
5.	Alice Kremser	2003	SC Wfr. Fulda	05:39,05	450
	50m: 00:36,82 (00:36,82) 100m: 01:19,99 (00:43,17) 150m: 02:02,19 (00:42,20) 200m: 02:43,61 (00:41,42) 250m: 03:35,80 (00:52,19) 300m: 04:25,85 (00:50,05) 350m: 05:03,09 (00:37,24) 400m: 05:39,05 (00:35,96)				
6.	Alicia Werlen	2003	SCW Eschborn	05:44,41	429
	50m: 00:37,03 (00:37,03) 100m: 01:22,01 (00:44,98) 150m: 02:06,25 (00:44,24) 200m: 02:49,95 (00:43,70) 250m: 03:36,54 (00:46,59) 300m: 04:23,67 (00:47,13) 350m: 05:04,99 (00:41,32) 400m: 05:44,41 (00:39,42)				



Protokollservice
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Platz	Schwimmerin	Jg.	Verein	Endzeit	
7.	Sarah-Johanna Helmich	2003	SCW Eschborn	05:46,51	421
	50m: 00:36,56 (00:36,56) 100m: 01:21,89 (00:45,33) 150m: 02:07,81 (00:45,92) 200m: 02:51,07 (00:43,26) 250m: 03:39,33 (00:48,26) 300m: 04:28,49 (00:49,16) 350m: 05:07,25 (00:38,76) 400m: 05:46,51 (00:39,26)				
8.	Leoni Richter	2003	TV Wetzlar	05:47,81	417
	50m: 00:38,99 (00:38,99) 100m: 01:26,11 (00:47,12) 150m: 02:10,24 (00:44,13) 200m: 02:52,89 (00:42,65) 250m: 03:43,35 (00:50,46) 300m: 04:33,56 (00:50,21) 350m: 05:12,06 (00:38,50) 400m: 05:47,81 (00:35,75)				
9.	Michelle Böhm	2003	WSV Großkrotzenburg	05:54,11	395
	50m: 00:39,75 (00:39,75) 100m: 01:26,43 (00:46,68) 150m: 02:10,58 (00:44,15) 200m: 02:54,27 (00:43,69) 250m: 03:45,09 (00:50,82) 300m: 04:36,96 (00:51,87) 350m: 05:15,97 (00:39,01) 400m: 05:54,11 (00:38,14)				
10.	Laura Urban	2003	WSV Großkrotzenburg	06:05,34	359
	50m: 00:38,14 (00:38,14) 100m: 01:23,90 (00:45,76) 150m: 02:10,79 (00:46,89) 200m: 02:57,63 (00:46,84) 250m: 03:49,70 (00:52,07) 300m: 04:43,53 (00:53,83) 350m: 05:25,54 (00:42,01) 400m: 06:05,34 (00:39,80)				

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