

Wettkampf 16 - 400 m Freistilschwimmen weiblich

Pflichtzeiten

2009: 06:05,00 2008: 05:39,00 2007: 05:17,00

Jahrgang 2009

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Hessische Jahrgangsmeisterin 2019					
	Inessa Kelberer	2009	SC Wasserfreunde Fulda e.V.	05:18,54	396
	50m: 00:36,96 (00:36,96) 100m: 01:16,60 (00:39,64) 150m: 01:57,83 (00:41,23) 200m: 02:38,53 (00:40,70) 250m: 03:18,74 (00:40,21) 300m: 04:00,01 (00:41,27) 350m: 04:40,65 (00:40,64) 400m: 05:18,54 (00:37,89)				
2.	Emma Lia Pauly	2009	SV Delphin Wiesbaden e.V.	05:22,73	380
	50m: 00:35,71 (00:35,71) 100m: 01:15,69 (00:39,98) 150m: 01:56,49 (00:40,80) 200m: 02:37,75 (00:41,26) 250m: 03:19,16 (00:41,41) 300m: 04:00,99 (00:41,83) 350m: 04:42,86 (00:41,87) 400m: 05:22,73 (00:39,87)				
3.	Sabina Ahmedov	2009	SC Wiesbaden 1911	05:34,63	341
	50m: 00:36,78 (00:36,78) 100m: 01:18,39 (00:41,61) 150m: 02:01,31 (00:42,92) 200m: 02:44,98 (00:43,67) 250m: 03:28,89 (00:43,91) 300m: 04:12,46 (00:43,57) 350m: 04:55,71 (00:43,25) 400m: 05:34,63 (00:38,92)				
4.	Lina Veith	2009	SC Wasserfreunde Fulda e.V.	05:39,36	327
	50m: 00:39,04 (00:39,04) 100m: 01:21,55 (00:42,51) 150m: 02:04,31 (00:42,76) 200m: 02:47,85 (00:43,54) 250m: 03:31,46 (00:43,61) 300m: 04:14,85 (00:43,39) 350m: 04:57,90 (00:43,05) 400m: 05:39,36 (00:41,46)				
5.	Sarah Fischer	2009	WSV Großkrotzenburg	05:45,50	310
	50m: 00:37,21 (00:37,21) 100m: 01:19,60 (00:42,39) 150m: 02:02,53 (00:42,93) 200m: 02:46,96 (00:44,43) 250m: 03:31,02 (00:44,06) 300m: 04:15,46 (00:44,44) 350m: 05:00,90 (00:45,44) 400m: 05:45,50 (00:44,60)				
6.	Lilly Leck	2009	SG ACT/Baunatal	05:49,20	300
	50m: 00:36,77 (00:36,77) 100m: 01:18,95 (00:42,18) 150m: 02:02,96 (00:44,01) 200m: 02:48,06 (00:45,10) 250m: 03:33,24 (00:45,18) 300m: 04:19,26 (00:46,02) 350m: 05:04,84 (00:45,58) 400m: 05:49,20 (00:44,36)				
7.	Helene Sagert	2009	SC Oberursel	05:54,07	288
	50m: 00:38,77 (00:38,77) 100m: 01:22,12 (00:43,35) 150m: 02:06,33 (00:44,21) 200m: 02:51,45 (00:45,12) 250m: 03:36,91 (00:45,46) 300m: 04:23,21 (00:46,30) 350m: 05:09,42 (00:46,21) 400m: 05:54,07 (00:44,65)				
8.	Giovanna Vieten	2009	DSW 1912 Darmstadt e.V.	06:00,92	272
	50m: 00:40,39 (00:40,39) 100m: 01:25,86 (00:45,47) 150m: 02:12,45 (00:46,59) 200m: 02:59,00 (00:46,55) 250m: 03:46,44 (00:47,44) 300m: 04:32,60 (00:46,16) 350m: 05:18,14 (00:45,54) 400m: 06:00,92 (00:42,78)				
9.	Katharina Werner	2009	DSW 1912 Darmstadt e.V.	06:04,07	265
	50m: 00:41,24 (00:41,24) 100m: 01:27,25 (00:46,01) 150m: 02:13,62 (00:46,37) 200m: 03:00,83 (00:47,21) 250m: 03:48,23 (00:47,40) 300m: 04:35,18 (00:46,95) 350m: 05:21,90 (00:46,72) 400m: 06:04,07 (00:42,17)				

Jahrgang 2008

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Hessische Jahrgangsmeisterin 2019					
	Anna Theissen	2008	SG Frankfurt	05:03,94	455
	50m: 00:35,08 (00:35,08) 100m: 01:12,89 (00:37,81) 150m: 01:51,63 (00:38,74) 200m: 02:30,36 (00:38,73) 250m: 03:09,01 (00:38,65) 300m: 03:47,70 (00:38,69) 350m: 04:26,53 (00:38,83) 400m: 05:03,94 (00:37,41)				
2.	Denisa Sindelarova	2008	TV 1843 Dillenburg	05:07,48	440
	50m: 00:35,54 (00:35,54) 100m: 01:14,50 (00:38,96) 150m: 01:53,94 (00:39,44) 200m: 02:33,92 (00:39,98) 250m: 03:13,23 (00:39,31) 300m: 03:52,42 (00:39,19) 350m: 04:30,40 (00:37,98) 400m: 05:07,48 (00:37,08)				
3.	Emilie Appel	2008	Erster Offenbacher SC	05:09,05	433
	50m: 00:34,89 (00:34,89) 100m: 01:13,30 (00:38,41) 150m: 01:53,02 (00:39,72) 200m: 02:32,63 (00:39,61) 250m: 03:12,82 (00:40,19) 300m: 03:52,32 (00:39,50) 350m: 04:30,89 (00:38,57) 400m: 05:09,05 (00:38,16)				
4.	Livia Gajda	2008	SC Wasserfreunde Fulda e.V.	05:10,85	426
	50m: 00:35,57 (00:35,57) 100m: 01:14,56 (00:38,99) 150m: 01:54,16 (00:39,60) 200m: 02:33,94 (00:39,78) 250m: 03:13,94 (00:40,00) 300m: 03:53,19 (00:39,25) 350m: 04:32,58 (00:39,39) 400m: 05:10,85 (00:38,27)				
5.	Helena Muresan	2008	Hofheimer SC	05:11,14	424
	50m: 00:35,30 (00:35,30) 100m: 01:14,28 (00:38,98) 150m: 01:53,68 (00:39,40) 200m: 02:33,72 (00:40,04) 250m: 03:13,76 (00:40,04) 300m: 03:54,03 (00:40,27) 350m: 04:33,57 (00:39,54) 400m: 05:11,14 (00:37,57)				
6.	Lavinia Schneider	2008	TV Wetzlar	05:18,21	397
	50m: 00:35,73 (00:35,73) 100m: 01:16,09 (00:40,36) 150m: 01:57,37 (00:41,28) 200m: 02:37,90 (00:40,53) 250m: 03:19,24 (00:41,34) 300m: 03:59,74 (00:40,50) 350m: 04:39,12 (00:39,38) 400m: 05:18,21 (00:39,09)				



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noch Jahrgang 2008

Platz	Schwimmerin	Jg.	Verein	Endzeit	
7.	Marie Kaiser	2008	SG Hessen Nord	05:23,41	378
	50m: 00:37,57 (00:37,57) 100m: 01:17,95 (00:40,38) 150m: 01:58,35 (00:40,40) 200m: 02:39,33 (00:40,98) 250m: 03:20,41 (00:41,08) 300m: 04:02,01 (00:41,60) 350m: 04:43,50 (00:41,49) 400m: 05:23,41 (00:39,91)				
8.	Clara Anderlohr	2008	SG Frankfurt	05:24,13	375
	50m: 00:35,95 (00:35,95) 100m: 01:16,87 (00:40,92) 150m: 01:58,34 (00:41,47) 200m: 02:39,28 (00:40,94) 250m: 03:20,56 (00:41,28) 300m: 04:02,26 (00:41,70) 350m: 04:43,32 (00:41,06) 400m: 05:24,13 (00:40,81)				
9.	Svea Wilschmann	2008	SV Delphin Wiesbaden e.V.	05:26,91	366
	50m: 00:36,33 (00:36,33) 100m: 01:16,99 (00:40,66) 150m: 01:58,27 (00:41,28) 200m: 02:39,96 (00:41,69) 250m: 03:22,29 (00:42,33) 300m: 04:04,69 (00:42,40) 350m: 04:45,70 (00:41,01) 400m: 05:26,91 (00:41,21)				
10.	Narjiss Labkakla	2008	DSW 1912 Darmstadt e.V.	05:40,12	325
	50m: 00:38,33 (00:38,33) 100m: 01:20,84 (00:42,51) 150m: 02:04,40 (00:43,56) 200m: 02:48,61 (00:44,21) 250m: 03:32,42 (00:43,81) 300m: 04:16,31 (00:43,89) 350m: 04:59,89 (00:43,58) 400m: 05:40,12 (00:40,23)				

EnM

Jahrgang 2007

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Hessische Jahrgangsmeisterin 2019					
	Mailin Johanna Bednarek	2007	SC Wasserfreunde Fulda e.V.	04:40,01	583
	50m: 00:31,90 (00:31,90) 100m: 01:06,31 (00:34,41) 150m: 01:41,99 (00:35,68) 200m: 02:17,56 (00:35,57) 250m: 02:53,46 (00:35,90) 300m: 03:29,02 (00:35,56) 350m: 04:05,13 (00:36,11) 400m: 04:40,01 (00:34,88)				
2.	Marie Strohalm	2007	Hofheimer SC	04:46,57	543
	50m: 00:32,59 (00:32,59) 100m: 01:08,04 (00:35,45) 150m: 01:44,19 (00:36,15) 200m: 02:20,59 (00:36,40) 250m: 02:57,36 (00:36,77) 300m: 03:34,31 (00:36,95) 350m: 04:11,13 (00:36,82) 400m: 04:46,57 (00:35,44)				
3.	Laura Isabella Bachmann	2007	SG Frankfurt	04:49,84	525
	50m: 00:32,61 (00:32,61) 100m: 01:08,74 (00:36,13) 150m: 01:45,45 (00:36,71) 200m: 02:22,46 (00:37,01) 250m: 02:59,45 (00:36,99) 300m: 03:36,60 (00:37,15) 350m: 04:13,94 (00:37,34) 400m: 04:49,84 (00:35,90)				
4.	Lilith Bethke	2007	SG Hessen Nord	04:53,08	508
	50m: 00:33,57 (00:33,57) 100m: 01:10,31 (00:36,74) 150m: 01:47,37 (00:37,06) 200m: 02:24,46 (00:37,09) 250m: 03:01,75 (00:37,29) 300m: 03:39,06 (00:37,31) 350m: 04:16,47 (00:37,41) 400m: 04:53,08 (00:36,61)				
5.	Lilly Seiler	2007	SV Gelnhausen 1924 e.V.	04:58,94	479
	50m: 00:33,71 (00:33,71) 100m: 01:10,55 (00:36,84) 150m: 01:48,78 (00:38,23) 200m: 02:27,09 (00:38,31) 250m: 03:05,07 (00:37,98) 300m: 03:43,98 (00:38,91) 350m: 04:22,31 (00:38,33) 400m: 04:58,94 (00:36,63)				
6.	Maja-Melina Volz	2007	DSW 1912 Darmstadt e.V.	05:01,28	468
	50m: 00:34,05 (00:34,05) 100m: 01:11,98 (00:37,93) 150m: 01:50,39 (00:38,41) 200m: 02:28,73 (00:38,34) 250m: 03:07,17 (00:38,44) 300m: 03:45,83 (00:38,66) 350m: 04:24,20 (00:38,37) 400m: 05:01,28 (00:37,08)				
7.	Leni Fischer	2007	SC Wasserfreunde Fulda e.V.	05:01,32	467
	50m: 00:34,70 (00:34,70) 100m: 01:12,11 (00:37,41) 150m: 01:49,97 (00:37,86) 200m: 02:28,25 (00:38,28) 250m: 03:07,01 (00:38,76) 300m: 03:45,74 (00:38,73) 350m: 04:24,11 (00:38,37) 400m: 05:01,32 (00:37,21)				
8.	Katharina Hruby	2007	SGS Main-Kinzig	05:02,24	463
	50m: 00:34,55 (00:34,55) 100m: 01:12,84 (00:38,29) 150m: 01:52,05 (00:39,21) 200m: 02:30,59 (00:38,54) 250m: 03:09,43 (00:38,84) 300m: 03:48,26 (00:38,83) 350m: 04:26,42 (00:38,16) 400m: 05:02,24 (00:35,82)				
9.	Anna-Lucia Rogall	2007	SG Frankfurt	05:02,55	462
	50m: 00:33,42 (00:33,42) 100m: 01:10,17 (00:36,75) 150m: 01:48,26 (00:38,09) 200m: 02:26,94 (00:38,68) 250m: 03:05,80 (00:38,86) 300m: 03:45,08 (00:39,28) 350m: 04:24,50 (00:39,42) 400m: 05:02,55 (00:38,05)				
10.	Fabienne Krenzer	2007	SC Wasserfreunde Fulda e.V.	05:03,04	459
	50m: 00:34,19 (00:34,19) 100m: 01:10,92 (00:36,73) 150m: 01:49,10 (00:38,18) 200m: 02:27,69 (00:38,59) 250m: 03:06,66 (00:38,97) 300m: 03:45,91 (00:39,25) 350m: 04:25,07 (00:39,16) 400m: 05:03,04 (00:37,97)				
11.	Wiktorija Cygan	2007	SG Frankfurt	05:03,68	457
	50m: 00:33,22 (00:33,22) 100m: 01:11,08 (00:37,86) 150m: 01:50,07 (00:38,99) 200m: 02:29,14 (00:39,07) 250m: 03:08,24 (00:39,10) 300m: 03:46,89 (00:38,65) 350m: 04:25,88 (00:38,99) 400m: 05:03,68 (00:37,80)				
12.	Lara-Sophie Stahl	2007	SC Wiesbaden 1911	05:03,75	456
	50m: 00:33,61 (00:33,61) 100m: 01:10,74 (00:37,13) 150m: 01:49,01 (00:38,27) 200m: 02:27,63 (00:38,62) 250m: 03:06,50 (00:38,87) 300m: 03:46,03 (00:39,53) 350m: 04:25,65 (00:39,62) 400m: 05:03,75 (00:38,10)				
13.	Ida Fiedler	2007	SG Frankfurt	05:06,09	446
	50m: 00:34,29 (00:34,29) 100m: 01:12,26 (00:37,97) 150m: 01:51,45 (00:39,19) 200m: 02:30,49 (00:39,04) 250m: 03:09,79 (00:39,30) 300m: 03:48,79 (00:39,00) 350m: 04:28,93 (00:40,14) 400m: 05:06,09 (00:37,16)				



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noch Jahrgang 2007

Platz	Schwimmerin	Jg.	Verein	Endzeit	
14.	Lilly Hau	2007	Gießener SV	05:14,30	412
	50m: 00:34,55 (00:34,55) 100m: 01:14,09 (00:39,54) 150m: 01:54,22 (00:40,13) 200m: 02:35,03 (00:40,81) 250m: 03:14,96 (00:39,93) 300m: 03:55,33 (00:40,37) 350m: 04:35,40 (00:40,07) 400m: 05:14,30 (00:38,90)				
15.	Janna Pauly	2007	SV Delphin Wiesbaden e.V.	05:15,27	408
	50m: 00:35,12 (00:35,12) 100m: 01:14,24 (00:39,12) 150m: 01:53,92 (00:39,68) 200m: 02:34,65 (00:40,73) 250m: 03:15,23 (00:40,58) 300m: 03:55,68 (00:40,45) 350m: 04:36,08 (00:40,40) 400m: 05:15,27 (00:39,19)				
16.	Luka-Viktoria Bornemann	2007	Hofheimer SC	05:15,62	407
	50m: 00:34,50 (00:34,50) 100m: 01:13,70 (00:39,20) 150m: 01:53,85 (00:40,15) 200m: 02:33,94 (00:40,09) 250m: 03:14,78 (00:40,84) 300m: 03:55,92 (00:41,14) 350m: 04:36,54 (00:40,62) 400m: 05:15,62 (00:39,08)				

abgemeldet

Lilli Schmid 2007 SC Oberursel

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