

Wettkampf 40 - 400m Freistil weiblich

Pflichtzeiten

2007 bis 2009: 04:54,00 2006: 05:00,00 2005: 04:57,00 2004 und älter: 04:54,00

Jahrgang 2006

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Hessische Jahrgangsmeisterin 2019					
	Maret Müller	2006	SG Frankfurt	04:44,51	555
	50m: 00:31,95 (00:31,95) 100m: 01:06,92 (00:34,97) 150m: 01:42,99 (00:36,07) 200m: 02:19,37 (00:36,38) 250m: 02:55,72 (00:36,35) 300m: 03:32,51 (00:36,79) 350m: 04:08,99 (00:36,48) 400m: 04:44,51 (00:35,52)				
2.	Arina Balzer	2006	DSW 1912 Darmstadt e.V.	04:47,39	539
	50m: 00:32,70 (00:32,70) 100m: 01:08,78 (00:36,08) 150m: 01:45,45 (00:36,67) 200m: 02:22,35 (00:36,90) 250m: 02:59,05 (00:36,70) 300m: 03:35,66 (00:36,61) 350m: 04:12,44 (00:36,78) 400m: 04:47,39 (00:34,95)				
3.	Emma Nikles	2006	TV Wetzlar	04:50,91	519
	50m: 00:32,25 (00:32,25) 100m: 01:08,16 (00:35,91) 150m: 01:45,06 (00:36,90) 200m: 02:22,26 (00:37,20) 250m: 02:59,52 (00:37,26) 300m: 03:36,95 (00:37,43) 350m: 04:14,89 (00:37,94) 400m: 04:50,91 (00:36,02)				
4.	Mia Behringer	2006	SG Frankfurt	04:52,21	512
	50m: 00:33,07 (00:33,07) 100m: 01:09,59 (00:36,52) 150m: 01:47,01 (00:37,42) 200m: 02:24,22 (00:37,21) 250m: 03:01,81 (00:37,59) 300m: 03:39,28 (00:37,47) 350m: 04:16,31 (00:37,03) 400m: 04:52,21 (00:35,90)				
5.	Emily Jane Phelan	2006	SCW Eschborn	05:03,67	457
	50m: 00:34,85 (00:34,85) 100m: 01:13,74 (00:38,89) 150m: 01:52,55 (00:38,81) 200m: 02:31,57 (00:39,02) 250m: 03:09,54 (00:37,97) 300m: 03:47,66 (00:38,12) 350m: 04:26,07 (00:38,41) 400m: 05:03,67 (00:37,60)				
	<u>abgemeldet</u>				
	Finja Florentin Lang	2006	DSW 1912 Darmstadt e.V.		EnM
	Greta Wappenschmidt	2006	SCW Eschborn		EnM
	Larissa Sina	2006	SG Frankfurt		EnM
	Saskia Hemberger	2006	Hofheimer SC		EnM

Jahrgang 2005

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Hessische Jahrgangsmeisterin 2019					
	Lenja Hessberger	2005	SV Gelnhausen 1924 e.V.	04:39,42	586
	50m: 00:30,83 (00:30,83) 100m: 01:05,33 (00:34,50) 150m: 01:40,19 (00:34,86) 200m: 02:15,81 (00:35,62) 250m: 02:51,79 (00:35,98) 300m: 03:28,30 (00:36,51) 350m: 04:04,26 (00:35,96) 400m: 04:39,42 (00:35,16)				
2.	Alicia Theres Keßler	2005	TV 1843 Dillenburg	04:44,38	556
	50m: 00:32,35 (00:32,35) 100m: 01:07,88 (00:35,53) 150m: 01:44,02 (00:36,14) 200m: 02:20,49 (00:36,47) 250m: 02:56,43 (00:35,94) 300m: 03:32,56 (00:36,13) 350m: 04:07,88 (00:35,32) 400m: 04:44,38 (00:36,50)				
3.	Aliki Maria Kostogiannis	2005	DSW 1912 Darmstadt e.V.	04:47,41	539
	50m: 00:32,19 (00:32,19) 100m: 01:07,70 (00:35,51) 150m: 01:43,92 (00:36,22) 200m: 02:20,47 (00:36,55) 250m: 02:57,19 (00:36,72) 300m: 03:34,16 (00:36,97) 350m: 04:11,61 (00:37,45) 400m: 04:47,41 (00:35,80)				
4.	Emilia Manafov	2005	DSW 1912 Darmstadt e.V.	04:47,91	536
	50m: 00:31,97 (00:31,97) 100m: 01:07,54 (00:35,57) 150m: 01:43,52 (00:35,98) 200m: 02:19,95 (00:36,43) 250m: 02:56,97 (00:37,02) 300m: 03:34,02 (00:37,05) 350m: 04:11,55 (00:37,53) 400m: 04:47,91 (00:36,36)				
5.	Valentina Barreto Fabian	2005	SG Frankfurt	04:51,63	516
	50m: 00:32,46 (00:32,46) 100m: 01:08,65 (00:36,19) 150m: 01:46,16 (00:37,51) 200m: 02:23,35 (00:37,19) 250m: 03:00,80 (00:37,45) 300m: 03:38,13 (00:37,33) 350m: 04:15,70 (00:37,57) 400m: 04:51,63 (00:35,93)				
6.	Antonia Gördes	2005	SCW Eschborn	04:52,02	514
	50m: 00:32,22 (00:32,22) 100m: 01:08,34 (00:36,12) 150m: 01:45,31 (00:36,97) 200m: 02:22,44 (00:37,13) 250m: 03:00,13 (00:37,69) 300m: 03:37,98 (00:37,85) 350m: 04:15,55 (00:37,57) 400m: 04:52,02 (00:36,47)				
	<u>abgemeldet</u>				
	Jazmin Döme	2005	SV Gelnhausen 1924 e.V.		EnM
	Mia-Antonia Volz	2005	DSW 1912 Darmstadt e.V.		EnM



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Jahrgang 2004

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Hessische Jahrgangsmeisterin 2019					
	Clara Heuberger	2004	DSW 1912 Darmstadt e.V.	04:30,69	645
	50m: 00:30,93 (00:30,93) 100m: 01:04,39 (00:33,46) 150m: 01:38,65 (00:34,26) 200m: 02:13,10 (00:34,45) 250m: 02:47,62 (00:34,52) 300m: 03:22,31 (00:34,69) 350m: 03:57,27 (00:34,96) 400m: 04:30,69 (00:33,42)				
2.	Sophia Herbsthoff	2004	DSW 1912 Darmstadt e.V.	04:32,53	632
	50m: 00:30,52 (00:30,52) 100m: 01:03,75 (00:33,23) 150m: 01:37,56 (00:33,81) 200m: 02:12,50 (00:34,94) 250m: 02:47,93 (00:35,43) 300m: 03:23,33 (00:35,40) 350m: 03:58,33 (00:35,00) 400m: 04:32,53 (00:34,20)				
3.	Jana Schomann	2004	SV Gelnhausen 1924 e.V.	04:38,44	592
	50m: 00:32,48 (00:32,48) 100m: 01:07,36 (00:34,88) 150m: 01:42,54 (00:35,18) 200m: 02:17,92 (00:35,38) 250m: 02:53,26 (00:35,34) 300m: 03:28,55 (00:35,29) 350m: 04:04,00 (00:35,45) 400m: 04:38,44 (00:34,44)				

Jahrgang 2003

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Hessische Jahrgangsmeisterin 2019					
	Lili Marie Kramer	2003	SG Frankfurt	04:29,40	654
	50m: 00:31,56 (00:31,56) 100m: 01:05,45 (00:33,89) 150m: 01:39,48 (00:34,03) 200m: 02:13,56 (00:34,08) 250m: 02:47,84 (00:34,28) 300m: 03:22,04 (00:34,20) 350m: 03:56,41 (00:34,37) 400m: 04:29,40 (00:32,99)				
2.	Anna-Fiona Volz	2003	DSW 1912 Darmstadt e.V.	04:36,34	606
	50m: 00:30,88 (00:30,88) 100m: 01:04,57 (00:33,69) 150m: 01:38,92 (00:34,35) 200m: 02:13,87 (00:34,95) 250m: 02:49,37 (00:35,50) 300m: 03:25,49 (00:36,12) 350m: 04:01,29 (00:35,80) 400m: 04:36,34 (00:35,05)				
3.	Anica Tröster	2003	SC Wiesbaden 1911	04:45,16	551
	50m: 00:32,65 (00:32,65) 100m: 01:08,41 (00:35,76) 150m: 01:44,58 (00:36,17) 200m: 02:21,11 (00:36,53) 250m: 02:56,79 (00:35,68) 300m: 03:33,17 (00:36,38) 350m: 04:09,32 (00:36,15) 400m: 04:45,16 (00:35,84)				
4.	Charlotte Maskort	2003	SC Wiesbaden 1911	04:51,13	518
	50m: 00:33,19 (00:33,19) 100m: 01:10,08 (00:36,89) 150m: 01:46,98 (00:36,90) 200m: 02:24,34 (00:37,36) 250m: 03:01,47 (00:37,13) 300m: 03:38,61 (00:37,14) 350m: 04:15,21 (00:36,60) 400m: 04:51,13 (00:35,92)				

Jahrgang 2002

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Hessische Jahrgangsmeisterin 2019					
	Anna Reschko	2002	SG Frankfurt	04:31,60	638
	50m: 00:31,52 (00:31,52) 100m: 01:05,67 (00:34,15) 150m: 01:40,03 (00:34,36) 200m: 02:14,18 (00:34,15) 250m: 02:48,55 (00:34,37) 300m: 03:23,43 (00:34,88) 350m: 03:58,60 (00:35,17) 400m: 04:31,60 (00:33,00)				
2.	Anna Sophie Sprunck	2002	DSW 1912 Darmstadt e.V.	04:46,79	542
	50m: 00:32,35 (00:32,35) 100m: 01:07,80 (00:35,45) 150m: 01:44,65 (00:36,85) 200m: 02:21,33 (00:36,68) 250m: 02:58,02 (00:36,69) 300m: 03:35,14 (00:37,12) 350m: 04:11,87 (00:36,73) 400m: 04:46,79 (00:34,92)				
3.	Nele Diessner	2002	SCW Eschborn	05:18,53	396
	50m: 00:35,07 (00:35,07) 100m: 01:14,17 (00:39,10) 150m: 01:55,14 (00:40,97) 200m: 02:36,33 (00:41,19) 250m: 03:16,81 (00:40,48) 300m: 03:57,64 (00:40,83) 350m: 04:37,56 (00:39,92) 400m: 05:18,53 (00:40,97)				

EnM

Juniorinnen

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Hessische Juniorenmeisterin 2019					
	Elena Sophia Schneider	2001	DSW 1912 Darmstadt e.V.	04:49,58	527
	50m: 00:33,37 (00:33,37) 100m: 01:09,51 (00:36,14) 150m: 01:46,19 (00:36,68) 200m: 02:23,10 (00:36,91) 250m: 03:00,00 (00:36,90) 300m: 03:37,08 (00:37,08) 350m: 04:14,02 (00:36,94) 400m: 04:49,58 (00:35,56)				

Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Hessische Meisterin 2019					
	Reva Foos	1993	SG Frankfurt	04:15,13	770
	50m: 00:30,45 (00:30,45) 100m: 01:02,50 (00:32,05) 150m: 01:35,25 (00:32,75) 200m: 02:08,00 (00:32,75) 250m: 02:39,69 (00:31,69) 300m: 03:11,96 (00:32,27) 350m: 03:43,93 (00:31,97) 400m: 04:15,13 (00:31,20)				



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noch Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit	
2.	Lili Marie Kramer	2003	SG Frankfurt	04:29,40	654
	50m: 00:31,56 (00:31,56) 100m: 01:05,45 (00:33,89) 150m: 01:39,48 (00:34,03) 200m: 02:13,56 (00:34,08) 250m: 02:47,84 (00:34,28) 300m: 03:22,04 (00:34,20) 350m: 03:56,41 (00:34,37) 400m: 04:29,40 (00:32,99)				
3.	Clara Heuberger	2004	DSW 1912 Darmstadt e.V.	04:30,69	645
	50m: 00:30,93 (00:30,93) 100m: 01:04,39 (00:33,46) 150m: 01:38,65 (00:34,26) 200m: 02:13,10 (00:34,45) 250m: 02:47,62 (00:34,52) 300m: 03:22,31 (00:34,69) 350m: 03:57,27 (00:34,96) 400m: 04:30,69 (00:33,42)				
4.	Anna Reschko	2002	SG Frankfurt	04:31,60	638
	50m: 00:31,52 (00:31,52) 100m: 01:05,67 (00:34,15) 150m: 01:40,03 (00:34,36) 200m: 02:14,18 (00:34,15) 250m: 02:48,55 (00:34,37) 300m: 03:23,43 (00:34,88) 350m: 03:58,60 (00:35,17) 400m: 04:31,60 (00:33,00)				
5.	Sophia Herbsthoff	2004	DSW 1912 Darmstadt e.V.	04:32,53	632
	50m: 00:30,52 (00:30,52) 100m: 01:03,75 (00:33,23) 150m: 01:37,56 (00:33,81) 200m: 02:12,50 (00:34,94) 250m: 02:47,93 (00:35,43) 300m: 03:23,33 (00:35,40) 350m: 03:58,33 (00:35,00) 400m: 04:32,53 (00:34,20)				
6.	Anna-Fiona Volz	2003	DSW 1912 Darmstadt e.V.	04:36,34	606
	50m: 00:30,88 (00:30,88) 100m: 01:04,57 (00:33,69) 150m: 01:38,92 (00:34,35) 200m: 02:13,87 (00:34,95) 250m: 02:49,37 (00:35,50) 300m: 03:25,49 (00:36,12) 350m: 04:01,29 (00:35,80) 400m: 04:36,34 (00:35,05)				
7.	Jana Schomann	2004	SV Gelnhausen 1924 e.V.	04:38,44	592
	50m: 00:32,48 (00:32,48) 100m: 01:07,36 (00:34,88) 150m: 01:42,54 (00:35,18) 200m: 02:17,92 (00:35,38) 250m: 02:53,26 (00:35,34) 300m: 03:28,55 (00:35,29) 350m: 04:04,00 (00:35,45) 400m: 04:38,44 (00:34,44)				
8.	Lenja Hessberger	2005	SV Gelnhausen 1924 e.V.	04:39,42	586
	50m: 00:30,83 (00:30,83) 100m: 01:05,33 (00:34,50) 150m: 01:40,19 (00:34,86) 200m: 02:15,81 (00:35,62) 250m: 02:51,79 (00:35,98) 300m: 03:28,30 (00:36,51) 350m: 04:04,26 (00:35,96) 400m: 04:39,42 (00:35,16)				
9.	Alicia Theres Keßler	2005	TV 1843 Dillenburg	04:44,38	556
	50m: 00:32,35 (00:32,35) 100m: 01:07,88 (00:35,53) 150m: 01:44,02 (00:36,14) 200m: 02:20,49 (00:36,47) 250m: 02:56,43 (00:35,94) 300m: 03:32,56 (00:36,13) 350m: 04:07,88 (00:35,32) 400m: 04:44,38 (00:36,50)				
10.	Maret Müller	2006	SG Frankfurt	04:44,51	555
	50m: 00:31,95 (00:31,95) 100m: 01:06,92 (00:34,97) 150m: 01:42,99 (00:36,07) 200m: 02:19,37 (00:36,38) 250m: 02:55,72 (00:36,35) 300m: 03:32,51 (00:36,79) 350m: 04:08,99 (00:36,48) 400m: 04:44,51 (00:35,52)				
11.	Anica Tröster	2003	SC Wiesbaden 1911	04:45,16	551
	50m: 00:32,65 (00:32,65) 100m: 01:08,41 (00:35,76) 150m: 01:44,58 (00:36,17) 200m: 02:21,11 (00:36,53) 250m: 02:56,79 (00:35,68) 300m: 03:33,17 (00:36,38) 350m: 04:09,32 (00:36,15) 400m: 04:45,16 (00:35,84)				
12.	Anna Sophie Sprunck	2002	DSW 1912 Darmstadt e.V.	04:46,79	542
	50m: 00:32,35 (00:32,35) 100m: 01:07,80 (00:35,45) 150m: 01:44,65 (00:36,85) 200m: 02:21,33 (00:36,68) 250m: 02:58,02 (00:36,69) 300m: 03:35,14 (00:37,12) 350m: 04:11,87 (00:36,73) 400m: 04:46,79 (00:34,92)				
13.	Marie Strohalm	2007	Hofheimer SC	04:47,30	539
	50m: 00:32,60 (00:32,60) 100m: 01:08,38 (00:35,78) 150m: 01:44,87 (00:36,49) 200m: 02:21,61 (00:36,74) 250m: 02:58,04 (00:36,43) 300m: 03:34,77 (00:36,73) 350m: 04:12,04 (00:37,27) 400m: 04:47,30 (00:35,26)				
14.	Arina Balzer	2006	DSW 1912 Darmstadt e.V.	04:47,39	539
	50m: 00:32,70 (00:32,70) 100m: 01:08,78 (00:36,08) 150m: 01:45,45 (00:36,67) 200m: 02:22,35 (00:36,90) 250m: 02:59,05 (00:36,70) 300m: 03:35,66 (00:36,61) 350m: 04:12,44 (00:36,78) 400m: 04:47,39 (00:34,95)				
15.	Aliki Maria Kostogiannis	2005	DSW 1912 Darmstadt e.V.	04:47,41	539
	50m: 00:32,19 (00:32,19) 100m: 01:07,70 (00:35,51) 150m: 01:43,92 (00:36,22) 200m: 02:20,47 (00:36,55) 250m: 02:57,19 (00:36,72) 300m: 03:34,16 (00:36,97) 350m: 04:11,61 (00:37,45) 400m: 04:47,41 (00:35,80)				
17.	Charlotte Lang	1997	SV Gelnhausen 1924 e.V.	04:49,56	527
	50m: 00:32,94 (00:32,94) 100m: 01:09,05 (00:36,11) 150m: 01:46,02 (00:36,97) 200m: 02:22,93 (00:36,91) 250m: 03:00,04 (00:37,11) 300m: 03:37,05 (00:37,01) 350m: 04:13,80 (00:36,75) 400m: 04:49,56 (00:35,76)				
19.	Lea-Friederike Hackmann	1997	SV Delphin Wiesbaden e.V.	04:49,59	527
	50m: 00:32,01 (00:32,01) 100m: 01:07,66 (00:35,65) 150m: 01:44,68 (00:37,02) 200m: 02:21,83 (00:37,15) 250m: 02:59,57 (00:37,74) 300m: 03:37,23 (00:37,66) 350m: 04:14,25 (00:37,02) 400m: 04:49,59 (00:35,34)				

abgemeldet

Melanie Guht 1998 SG Frankfurt

EnM



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Onlineprotokoll;
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Meisterschaft

