

## Wettkampf 41 - 400m Freistil männlich

### Pflichtzeiten

2004 bis 2008: 04:26,30 2001 bis 2003: 04:34,20 2000 und älter: 04:26,30

### Jahrgang 2003

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Hessischer Jahrgangsmeister 2018					
	Adrian Eichler	2003	SC Wiesbaden 1911	04:08,78	621
	50m: 00:28,99 (00:28,99)   100m: 00:59,94 (00:30,95)   150m: 01:31,73 (00:31,79)   200m: 02:03,33 (00:31,60) 250m: 02:35,35 (00:32,02)   300m: 03:06,52 (00:31,17)   350m: 03:38,05 (00:31,53)   400m: 04:08,78 (00:30,73)				
2.	Nils Müller	2003	TV Wetzlar	04:13,89	584
	50m: 00:28,86 (00:28,86)   100m: 01:00,05 (00:31,19)   150m: 01:32,64 (00:32,59)   200m: 02:05,03 (00:32,39) 250m: 02:37,83 (00:32,80)   300m: 03:10,25 (00:32,42)   350m: 03:42,96 (00:32,71)   400m: 04:13,89 (00:30,93)				
3.	Timo Henning	2003	SV Delphin Wiesbaden e.V.	04:15,15	575
	50m: 00:29,59 (00:29,59)   100m: 01:01,57 (00:31,98)   150m: 01:33,82 (00:32,25)   200m: 02:06,57 (00:32,75) 250m: 02:38,51 (00:31,94)   300m: 03:11,20 (00:32,69)   350m: 03:44,06 (00:32,86)   400m: 04:15,15 (00:31,09)				
4.	Luca Smit	2003	SC Wiesbaden 1911	04:22,84	526
	50m: 00:31,03 (00:31,03)   100m: 01:04,57 (00:33,54)   150m: 01:37,52 (00:32,95)   200m: 02:11,15 (00:33,63) 250m: 02:44,26 (00:33,11)   300m: 03:17,58 (00:33,32)   350m: 03:50,30 (00:32,72)   400m: 04:22,84 (00:32,54)				
5.	Nicolas Krüger	2003	SC Wiesbaden 1911	04:26,23	506
	50m: 00:29,42 (00:29,42)   100m: 01:02,19 (00:32,77)   150m: 01:35,70 (00:33,51)   200m: 02:09,35 (00:33,65) 250m: 02:43,16 (00:33,81)   300m: 03:17,35 (00:34,19)   350m: 03:52,17 (00:34,82)   400m: 04:26,23 (00:34,06)				
6.	Thijs Oscar Such	2003	SC Wiesbaden 1911	04:29,66	487
	50m: 00:29,84 (00:29,84)   100m: 01:02,39 (00:32,55)   150m: 01:36,54 (00:34,15)   200m: 02:11,25 (00:34,71) 250m: 02:45,71 (00:34,46)   300m: 03:20,33 (00:34,62)   350m: 03:55,41 (00:35,08)   400m: 04:29,66 (00:34,25)				
7.	Niklas Müller	2003	SC Wiesbaden 1911	04:37,26	448
	50m: 00:31,35 (00:31,35)   100m: 01:05,08 (00:33,73)   150m: 01:39,48 (00:34,40)   200m: 02:14,67 (00:35,19) 250m: 02:49,99 (00:35,32)   300m: 03:25,71 (00:35,72)   350m: 04:01,80 (00:36,09)   400m: 04:37,26 (00:35,46)				
	<u>abgemeldet</u>				
	Sven Kruse	2003	SG Frankfurt		EnM

### Jahrgang 2002

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Hessischer Jahrgangsmeister 2018					
	Jon Kantzenbach	2002	SC Wiesbaden 1911	04:05,82	643
	50m: 00:28,30 (00:28,30)   100m: 00:59,07 (00:30,77)   150m: 01:30,37 (00:31,30)   200m: 02:02,00 (00:31,63) 250m: 02:33,52 (00:31,52)   300m: 03:04,89 (00:31,37)   350m: 03:36,36 (00:31,47)   400m: 04:05,82 (00:29,46)				
2.	Oliver Klemet	2002	TV Wetzlar	04:06,03	642
	50m: 00:27,94 (00:27,94)   100m: 00:58,67 (00:30,73)   150m: 01:30,00 (00:31,33)   200m: 02:01,57 (00:31,57) 250m: 02:32,77 (00:31,20)   300m: 03:04,41 (00:31,64)   350m: 03:35,87 (00:31,46)   400m: 04:06,03 (00:30,16)				
3.	Henry Graf	2002	Hofheimer SC	04:11,35	602
	50m: 00:29,00 (00:29,00)   100m: 01:00,20 (00:31,20)   150m: 01:31,88 (00:31,68)   200m: 02:04,21 (00:32,33) 250m: 02:36,50 (00:32,29)   300m: 03:09,10 (00:32,60)   350m: 03:41,57 (00:32,47)   400m: 04:11,35 (00:29,78)				
4.	Christian Danilov	2002	SV Delphin Wiesbaden e.V.	04:13,36	587
	50m: 00:28,48 (00:28,48)   100m: 00:59,04 (00:30,56)   150m: 01:30,57 (00:31,53)   200m: 02:02,85 (00:32,28) 250m: 02:35,56 (00:32,71)   300m: 03:08,63 (00:33,07)   350m: 03:41,50 (00:32,87)   400m: 04:13,36 (00:31,86)				
5.	Aaron Wilmes	2002	TV Wetzlar	04:14,76	578
	50m: 00:28,99 (00:28,99)   100m: 01:00,63 (00:31,64)   150m: 01:33,15 (00:32,52)   200m: 02:05,83 (00:32,68) 250m: 02:38,37 (00:32,54)   300m: 03:10,61 (00:32,24)   350m: 03:41,76 (00:31,15)   400m: 04:14,76 (00:33,00)				
6.	Tobias Düll	2002	SG Frankfurt	04:15,03	576
	50m: 00:29,78 (00:29,78)   100m: 01:02,30 (00:32,52)   150m: 01:35,09 (00:32,79)   200m: 02:08,20 (00:33,11) 250m: 02:40,04 (00:31,84)   300m: 03:12,19 (00:32,15)   350m: 03:44,61 (00:32,42)   400m: 04:15,03 (00:30,42)				
7.	Lorenz Hof	2002	TSV Eintracht Stadtallendorf	04:16,60	565
	50m: 00:29,99 (00:29,99)   100m: 01:02,76 (00:32,77)   150m: 01:36,30 (00:33,54)   200m: 02:09,47 (00:33,17) 250m: 02:41,09 (00:31,62)   300m: 03:13,24 (00:32,15)   350m: 03:45,21 (00:31,97)   400m: 04:16,60 (00:31,39)				



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## noch Wettkampf 41 - 400m Freistil männlich

noch Jahrgang 2002

Platz	Schwimmer	Jg.	Verein	Endzeit	
8.	Sebastiano Lanucara	2002	DSW 1912 Darmstadt e.V.	04:25,07	513
	50m: 00:30,55 (00:30,55)   100m: 01:03,39 (00:32,84)   150m: 01:37,49 (00:34,10)   200m: 02:10,73 (00:33,24) 250m: 02:44,70 (00:33,97)   300m: 03:19,11 (00:34,41)   350m: 03:53,49 (00:34,38)   400m: 04:25,07 (00:31,58)				
9.	Jona Buhrke	2002	SC Oberursel	04:25,18	512
	50m: 00:30,03 (00:30,03)   100m: 01:03,44 (00:33,41)   150m: 01:37,37 (00:33,93)   200m: 02:11,61 (00:34,24) 250m: 02:45,58 (00:33,97)   300m: 03:19,48 (00:33,90)   350m: 03:53,33 (00:33,85)   400m: 04:25,18 (00:31,85)				
	<u>nicht am Start</u>				
	Casian Zakota	2002	SC Wasserfreunde Fulda e.V.		EnM

Jahrgang 2001

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Hessischer Jahrgangsmeister 2018					
	Lennart Plaschke	2001	SC Wiesbaden 1911	04:08,66	621
	50m: 00:29,00 (00:29,00)   100m: 00:59,87 (00:30,87)   150m: 01:31,21 (00:31,34)   200m: 02:02,78 (00:31,57) 250m: 02:34,32 (00:31,54)   300m: 03:06,24 (00:31,92)   350m: 03:37,86 (00:31,62)   400m: 04:08,66 (00:30,80)				
2.	Linus Sasse	2001	SC Undina Bruchköbel 90	04:16,28	568
	50m: 00:28,41 (00:28,41)   100m: 00:59,69 (00:31,28)   150m: 01:31,67 (00:31,98)   200m: 02:03,71 (00:32,04) 250m: 02:36,32 (00:32,61)   300m: 03:09,23 (00:32,91)   350m: 03:42,98 (00:33,75)   400m: 04:16,28 (00:33,30)				
3.	Peter Hellenschmidt	2001	SG Frankfurt	04:22,84	526
	50m: 00:27,76 (00:27,76)   100m: 00:58,96 (00:31,20)   150m: 01:31,76 (00:32,80)   200m: 02:05,87 (00:34,11) 250m: 02:40,03 (00:34,16)   300m: 03:14,66 (00:34,63)   350m: 03:49,64 (00:34,98)   400m: 04:22,84 (00:33,20)				
	<u>nicht am Start</u>				
	Lennart Enders	2001	SC Wiesbaden 1911		EnM
	<u>abgemeldet</u>				
	Danny Schmidt	2001	SG Frankfurt		EnM

Junioren

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Hessischer Juniorenmeister 2018					
	Philipp Karpov	2000	SC Wiesbaden 1911	04:07,54	630
	50m: 00:28,22 (00:28,22)   100m: 00:58,86 (00:30,64)   150m: 01:29,97 (00:31,11)   200m: 02:01,60 (00:31,63) 250m: 02:33,03 (00:31,43)   300m: 03:04,72 (00:31,69)   350m: 03:36,52 (00:31,80)   400m: 04:07,54 (00:31,02)				
2.	Alexander Bauch	1999	SG Frankfurt	04:11,37	602
	50m: 00:28,42 (00:28,42)   100m: 00:58,90 (00:30,48)   150m: 01:30,36 (00:31,46)   200m: 02:02,58 (00:32,22) 250m: 02:34,60 (00:32,02)   300m: 03:07,16 (00:32,56)   350m: 03:39,61 (00:32,45)   400m: 04:11,37 (00:31,76)				
3.	Nicholas Shoopinsky	2000	SC Wiesbaden 1911	04:12,08	596
	50m: 00:28,92 (00:28,92)   100m: 01:00,55 (00:31,63)   150m: 01:33,01 (00:32,46)   200m: 02:04,12 (00:31,11) 250m: 02:36,78 (00:32,66)   300m: 03:09,78 (00:33,00)   350m: 03:41,53 (00:31,75)   400m: 04:12,08 (00:30,55)				
4.	Jonathan Rimek	1999	DSW 1912 Darmstadt e.V.	04:23,05	525
	50m: 00:29,96 (00:29,96)   100m: 01:02,97 (00:33,01)   150m: 01:36,34 (00:33,37)   200m: 02:10,06 (00:33,72) 250m: 02:43,35 (00:33,29)   300m: 03:16,86 (00:33,51)   350m: 03:50,48 (00:33,62)   400m: 04:23,05 (00:32,57)				

Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Hessischer Meister 2018					
	Julian Haller	1998	SG Frankfurt	04:00,92	683
	50m: 00:27,84 (00:27,84)   100m: 00:57,43 (00:29,59)   150m: 01:27,63 (00:30,20)   200m: 01:58,07 (00:30,44) 250m: 02:28,87 (00:30,80)   300m: 02:59,91 (00:31,04)   350m: 03:30,90 (00:30,99)   400m: 04:00,92 (00:30,02)				
2.	Jon Kantzenbach	2002	SC Wiesbaden 1911	04:05,82	643
	50m: 00:28,30 (00:28,30)   100m: 00:59,07 (00:30,77)   150m: 01:30,37 (00:31,30)   200m: 02:02,00 (00:31,63) 250m: 02:33,52 (00:31,52)   300m: 03:04,89 (00:31,37)   350m: 03:36,36 (00:31,47)   400m: 04:05,82 (00:29,46)				



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**noch Wettkampf 41 - 400m Freistil männlich**

noch Offene Wertung

Platz	Schwimmer	Jg.	Verein	Endzeit	
3.	Oliver Klemet	2002	TV Wetzlar	04:06,03	642
	50m: 00:27,94 (00:27,94)   100m: 00:58,67 (00:30,73)   150m: 01:30,00 (00:31,33)   200m: 02:01,57 (00:31,57) 250m: 02:32,77 (00:31,20)   300m: 03:04,41 (00:31,64)   350m: 03:35,87 (00:31,46)   400m: 04:06,03 (00:30,16)				
4.	Philipp Karpov	2000	SC Wiesbaden 1911	04:07,54	630
	50m: 00:28,22 (00:28,22)   100m: 00:58,86 (00:30,64)   150m: 01:29,97 (00:31,11)   200m: 02:01,60 (00:31,63) 250m: 02:33,03 (00:31,43)   300m: 03:04,72 (00:31,69)   350m: 03:36,52 (00:31,80)   400m: 04:07,54 (00:31,02)				
5.	Lennart Plaschke	2001	SC Wiesbaden 1911	04:08,66	621
	50m: 00:29,00 (00:29,00)   100m: 00:59,87 (00:30,87)   150m: 01:31,21 (00:31,34)   200m: 02:02,78 (00:31,57) 250m: 02:34,32 (00:31,54)   300m: 03:06,24 (00:31,92)   350m: 03:37,86 (00:31,62)   400m: 04:08,66 (00:30,80)				
6.	Adrian Eichler	2003	SC Wiesbaden 1911	04:08,78	621
	50m: 00:28,99 (00:28,99)   100m: 00:59,94 (00:30,95)   150m: 01:31,73 (00:31,79)   200m: 02:03,33 (00:31,60) 250m: 02:35,35 (00:32,02)   300m: 03:06,52 (00:31,17)   350m: 03:38,05 (00:31,53)   400m: 04:08,78 (00:30,73)				
7.	Henry Graf	2002	Hofheimer SC	04:11,35	602
	50m: 00:29,00 (00:29,00)   100m: 01:00,20 (00:31,20)   150m: 01:31,88 (00:31,68)   200m: 02:04,21 (00:32,33) 250m: 02:36,50 (00:32,29)   300m: 03:09,10 (00:32,60)   350m: 03:41,57 (00:32,47)   400m: 04:11,35 (00:29,78)				
8.	Alexander Bauch	1999	SG Frankfurt	04:11,37	602
	50m: 00:28,42 (00:28,42)   100m: 00:58,90 (00:30,48)   150m: 01:30,36 (00:31,46)   200m: 02:02,58 (00:32,22) 250m: 02:34,60 (00:32,02)   300m: 03:07,16 (00:32,56)   350m: 03:39,61 (00:32,45)   400m: 04:11,37 (00:31,76)				
9.	Nicholas Shoopinsky	2000	SC Wiesbaden 1911	04:12,08	596
	50m: 00:28,92 (00:28,92)   100m: 01:00,55 (00:31,63)   150m: 01:33,01 (00:32,46)   200m: 02:04,12 (00:31,11) 250m: 02:36,78 (00:32,66)   300m: 03:09,78 (00:33,00)   350m: 03:41,53 (00:31,75)   400m: 04:12,08 (00:30,55)				
10.	Christian Danilov	2002	SV Delphin Wiesbaden e.V.	04:13,36	587
	50m: 00:28,48 (00:28,48)   100m: 00:59,04 (00:30,56)   150m: 01:30,57 (00:31,53)   200m: 02:02,85 (00:32,28) 250m: 02:35,56 (00:32,71)   300m: 03:08,63 (00:33,07)   350m: 03:41,50 (00:32,87)   400m: 04:13,36 (00:31,86)				
11.	Nils Müller	2003	TV Wetzlar	04:13,89	584
	50m: 00:28,86 (00:28,86)   100m: 01:00,05 (00:31,19)   150m: 01:32,64 (00:32,59)   200m: 02:05,03 (00:32,39) 250m: 02:37,83 (00:32,80)   300m: 03:10,25 (00:32,42)   350m: 03:42,96 (00:32,71)   400m: 04:13,89 (00:30,93)				
12.	Aaron Wilmes	2002	TV Wetzlar	04:14,76	578
	50m: 00:28,99 (00:28,99)   100m: 01:00,63 (00:31,64)   150m: 01:33,15 (00:32,52)   200m: 02:05,83 (00:32,68) 250m: 02:38,37 (00:32,54)   300m: 03:10,61 (00:32,24)   350m: 03:41,76 (00:31,15)   400m: 04:14,76 (00:33,00)				
13.	Tobias Düll	2002	SG Frankfurt	04:15,03	576
	50m: 00:29,78 (00:29,78)   100m: 01:02,30 (00:32,52)   150m: 01:35,09 (00:32,79)   200m: 02:08,20 (00:33,11) 250m: 02:40,04 (00:31,84)   300m: 03:12,19 (00:32,15)   350m: 03:44,61 (00:32,42)   400m: 04:15,03 (00:30,42)				
14.	Timo Henning	2003	SV Delphin Wiesbaden e.V.	04:15,15	575
	50m: 00:29,59 (00:29,59)   100m: 01:01,57 (00:31,98)   150m: 01:33,82 (00:32,25)   200m: 02:06,57 (00:32,75) 250m: 02:38,51 (00:31,94)   300m: 03:11,20 (00:32,69)   350m: 03:44,06 (00:32,86)   400m: 04:15,15 (00:31,09)				
15.	Linus Sasse	2001	SC Undina Bruchköbel 90	04:16,28	568
	50m: 00:28,41 (00:28,41)   100m: 00:59,69 (00:31,28)   150m: 01:31,67 (00:31,98)   200m: 02:03,71 (00:32,04) 250m: 02:36,32 (00:32,61)   300m: 03:09,23 (00:32,91)   350m: 03:42,98 (00:33,75)   400m: 04:16,28 (00:33,30)				



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