

## Wettkampf 31 - 400m Freistil weiblich

### Jahrgang 2010

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Laila Kiesel	2010	SCW Eschborn	06:11,98	248
	50m: 00:42,70 (00:42,70)   100m: 01:30,21 (00:47,51)   150m: 02:18,53 (00:48,32)   200m: 03:07,42 (00:48,89) 250m: 03:54,68 (00:47,26)   300m: 04:42,63 (00:47,95)   350m: 05:30,48 (00:47,85)   400m: 06:11,98 (00:41,50)				
2.	Flora Daye Kim	2010	SCW Eschborn	06:27,90	219
	50m: 00:42,95 (00:42,95)   100m: 01:33,30 (00:50,35)   150m: 02:24,21 (00:50,91)   200m: 03:14,81 (00:50,60) 250m: 04:05,98 (00:51,17)   300m: 04:55,33 (00:49,35)   350m: 05:43,66 (00:48,33)   400m: 06:27,90 (00:44,24)				
3.	Clara Kubica	2010	Aqua Sports Eschborn	06:47,17	189
	50m: 00:45,80 (00:45,80)   100m: 01:36,27 (00:50,47)   150m: 02:28,36 (00:52,09)   200m: 03:20,40 (00:52,04) 250m: 04:12,13 (00:51,73)   300m: 05:04,33 (00:52,20)   350m: 05:56,94 (00:52,61)   400m: 06:47,17 (00:50,23)				
4.	Marie Moslener	2010	Aqua Sports Eschborn	07:48,41	124
	50m: 00:48,88 (00:48,88)   100m: 01:49,37 (01:00,49)   150m: 02:49,73 (01:00,36)   200m: 03:50,83 (01:01,10) 250m: 04:51,53 (01:00,70)   300m: 05:51,17 (00:59,64)   350m: 06:51,21 (01:00,04)   400m: 07:48,41 (00:57,20)				
5.	Nina Wahlich	2010	Aqua Sports Eschborn	08:02,71	113
	50m: 00:48,93 (00:48,93)   100m: 01:51,82 (01:02,89)   150m: 02:52,58 (01:00,76)   200m: 03:55,74 (01:03,16) 250m: 04:58,27 (01:02,53)   300m: 06:00,95 (01:02,68)   350m: 07:05,40 (01:04,45)   400m: 08:02,71 (00:57,31)				

### Jahrgang 2009

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Yasmina Chiadmi	2009	SCW Eschborn	06:01,99	269
	50m: 00:40,62 (00:40,62)   100m: 01:26,14 (00:45,52)   150m: 02:11,67 (00:45,53)   200m: 02:58,22 (00:46,55) 250m: 03:43,97 (00:45,75)   300m: 04:30,56 (00:46,59)   350m: 05:18,68 (00:48,12)   400m: 06:01,99 (00:43,31)				
	<u>nicht am Start</u>				
	Jungyeon Ma	2009	Aqua Sports Eschborn		

### Jahrgang 2008

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Marina Reiber	2008	Aqua Sports Eschborn	06:03,57	266
	50m: 00:38,71 (00:38,71)   100m: 01:24,61 (00:45,90)   150m: 02:11,57 (00:46,96)   200m: 02:58,47 (00:46,90) 250m: 03:44,41 (00:45,94)   300m: 04:30,50 (00:46,09)   350m: 05:16,73 (00:46,23)   400m: 06:03,57 (00:46,84)				

### Jahrgang 2007

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Klara Binsteiner	2007	SCW Eschborn	05:21,46	385
	50m: 00:35,84 (00:35,84)   100m: 01:16,51 (00:40,67)   150m: 01:57,72 (00:41,21)   200m: 02:39,30 (00:41,58) 250m: 03:20,51 (00:41,21)   300m: 04:01,75 (00:41,24)   350m: 04:42,58 (00:40,83)   400m: 05:21,46 (00:38,88)				

### Jahrgang 2006

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Greta Wappenschmidt	2006	SCW Eschborn	04:44,70	554
	50m: 00:32,89 (00:32,89)   100m: 01:08,77 (00:35,88)   150m: 01:44,73 (00:35,96)   200m: 02:21,41 (00:36,68) 250m: 02:57,46 (00:36,05)   300m: 03:33,26 (00:35,80)   350m: 04:09,39 (00:36,13)   400m: 04:44,70 (00:35,31)				
2.	Emily Jane Phelan	2006	SCW Eschborn	04:54,33	501
	50m: 00:33,41 (00:33,41)   100m: 01:10,13 (00:36,72)   150m: 01:46,26 (00:36,13)   200m: 02:23,73 (00:37,47) 250m: 03:01,21 (00:37,48)   300m: 03:39,03 (00:37,82)   350m: 04:17,54 (00:38,51)   400m: 04:54,33 (00:36,79)				
3.	Emilia Muth	2006	SCW Eschborn	05:16,08	405
	50m: 00:36,11 (00:36,11)   100m: 01:15,26 (00:39,15)   150m: 01:55,98 (00:40,72)   200m: 02:37,20 (00:41,22) 250m: 03:18,25 (00:41,05)   300m: 03:58,88 (00:40,63)   350m: 04:38,66 (00:39,78)   400m: 05:16,08 (00:37,42)				
4.	Freya Messow	2006	Aqua Sports Eschborn	06:18,87	235
	50m: 00:41,96 (00:41,96)   100m: 01:30,89 (00:48,93)   150m: 02:20,45 (00:49,56)   200m: 03:09,33 (00:48,88) 250m: 03:58,14 (00:48,81)   300m: 04:45,96 (00:47,82)   350m: 05:32,78 (00:46,82)   400m: 06:18,87 (00:46,09)				

### Jahrgang 2005

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Antonia Gördes	2005	SCW Eschborn	04:46,69	543
	50m: 00:31,74 (00:31,74)   100m: 01:07,80 (00:36,06)   150m: 01:44,54 (00:36,74)   200m: 02:21,19 (00:36,65) 250m: 02:58,40 (00:37,21)   300m: 03:34,95 (00:36,55)   350m: 04:11,22 (00:36,27)   400m: 04:46,69 (00:35,47)				

### noch Wettkampf 31 - 400m Freistil weiblich

Jahrgang 2004 und älter

<b>Platz</b>	<b>Schwimmerin</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>	
1.	Sara Rizzetto	1999	SCW Eschborn	04:26,11	679
	50m: 00:30,86 (00:30,86)   100m: 01:04,35 (00:33,49)   150m: 01:38,26 (00:33,91)   200m: 02:12,25 (00:33,99) 250m: 02:46,99 (00:34,74)   300m: 03:21,50 (00:34,51)   350m: 03:54,90 (00:33,40)   400m: 04:26,11 (00:31,21)				
2.	Carola Pleines	2003	Aqua Sports Eschborn	05:07,55	440
	50m: 00:33,97 (00:33,97)   100m: 01:11,63 (00:37,66)   150m: 01:50,31 (00:38,68)   200m: 02:30,53 (00:40,22) 250m: 03:10,48 (00:39,95)   300m: 03:50,19 (00:39,71)   350m: 04:29,01 (00:38,82)   400m: 05:07,55 (00:38,54)				
3.	Heike Pleines	1974	Aqua Sports Eschborn	05:17,25	400
	50m: 00:35,91 (00:35,91)   100m: 01:15,19 (00:39,28)   150m: 01:54,53 (00:39,34)   200m: 02:34,57 (00:40,04) 250m: 03:15,26 (00:40,69)   300m: 03:56,15 (00:40,89)   350m: 04:37,49 (00:41,34)   400m: 05:17,25 (00:39,76)				
4.	Annika Mattner	2003	Aqua Sports Eschborn	05:19,47	392
	50m: 00:36,72 (00:36,72)   100m: 01:17,59 (00:40,87)   150m: 01:58,73 (00:41,14)   200m: 02:39,58 (00:40,85) 250m: 03:19,87 (00:40,29)   300m: 04:00,18 (00:40,31)   350m: 04:40,56 (00:40,38)   400m: 05:19,47 (00:38,91)				
5.	Noelle-Zoe Drexl	2003	Aqua Sports Eschborn	05:28,28	361
	50m: 00:36,15 (00:36,15)   100m: 01:16,64 (00:40,49)   150m: 01:58,16 (00:41,52)   200m: 02:39,90 (00:41,74) 250m: 03:21,83 (00:41,93)   300m: 04:04,87 (00:43,04)   350m: 04:47,45 (00:42,58)   400m: 05:28,28 (00:40,83)				