

## 21. Kasseler Staffelpokal

vom 01.03.2025 bis 02.03.2025 im Auebad Kassel  
Veranstalter: Kasseler SV / Ausrichter: Kasseler SV

Protokoll

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### Wettkampf 37 - 400m Freistil weiblich

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Nora Sowinski	2006	TWG 1861 Göttingen	04:40,28	592
	100m: 01:05,59 (01:05,59)   200m: 02:16,22 (01:10,63)   300m: 03:27,88 (01:11,66)   400m: 04:40,28 (01:12,40)				
2.	Valerie Brzezicha	2010	SG Frankfurt	04:45,45	560
	100m: 01:07,17 (01:07,17)   200m: 02:19,54 (01:12,37)   300m: 03:32,92 (01:13,38)   400m: 04:45,45 (01:12,53)				
3.	Lilith Bethke	2007	Kasseler SV	05:02,62	470
	100m: 01:11,46 (01:11,46)   200m: 02:27,94 (01:16,48)   300m: 03:45,45 (01:17,51)   400m: 05:02,62 (01:17,17)				
4.	Fenn Marie Wiesenthal	2009	ASC Göttingen von 1846 e.V.	05:04,78	460
	100m: 01:10,10 (01:10,10)   200m: 02:28,18 (01:18,08)   300m: 03:48,05 (01:19,87)   400m: 05:04,78 (01:16,73)				
5.	Louisa Moroni	2010	SC Oberursel 1958	05:06,99	450
	100m: 01:10,93 (01:10,93)   200m: 02:29,00 (01:18,07)   300m: 03:48,83 (01:19,83)   400m: 05:06,99 (01:18,16)				
6.	Marie Kaiser	2008	Kasseler SV	05:10,60	435
	100m: 01:12,84 (01:12,84)   200m: 02:31,70 (01:18,86)   300m: 03:50,78 (01:19,08)   400m: 05:10,60 (01:19,82)				
7.	Lia Rüppel	2012	SG ACT/Baunatal	05:17,13	408
	100m: 01:14,74 (01:14,74)   200m: 02:35,81 (01:21,07)   300m: 03:57,84 (01:22,03)   400m: 05:17,13 (01:19,29)				
8.	Madlen Mihm	2012	SC Wasserfreunde Fulda e.V.	05:18,91	402
	100m: 01:15,20 (01:15,20)   200m: 02:37,46 (01:22,26)   300m: 04:00,39 (01:22,93)   400m: 05:18,91 (01:18,52)				
9.	Lena Scheibe	2010	TWG 1861 Göttingen	05:21,80	391
	100m: 01:13,89 (01:13,89)   200m: 02:35,48 (01:21,59)   300m: 04:00,31 (01:24,83)   400m: 05:21,80 (01:21,49)				
10.	Emilia Ehrlich	2011	SG ACT/Baunatal	05:27,87	370
	100m: 01:17,43 (01:17,43)   200m: 02:41,69 (01:24,26)   300m: 04:06,32 (01:24,63)   400m: 05:27,87 (01:21,55)				
11.	Milena Senkevich	2011	Kasseler SV	05:35,00	346
	100m: 01:17,47 (01:17,47)   200m: 02:43,82 (01:26,35)   300m: 04:10,40 (01:26,58)   400m: 05:35,00 (01:24,60)				
12.	Luise Wazal	2010	SG ACT/Baunatal	05:44,53	318
	100m: 01:21,30 (01:21,30)   200m: 02:50,04 (01:28,74)   300m: 04:19,77 (01:29,73)   400m: 05:44,53 (01:24,76)				
13.	Leni-Marie Höhl	2011	SC Wasserfreunde Fulda e.V.	05:48,23	308
	100m: 01:19,79 (01:19,79)   200m: 02:48,72 (01:28,93)   300m: 04:19,28 (01:30,56)   400m: 05:48,23 (01:28,95)				
14.	Sabrina Schön	1996	Aqua Sports Eschborn	05:51,25	300
	100m: 01:16,91 (01:16,91)   200m: 02:47,40 (01:30,49)   300m: 04:21,15 (01:33,75)   400m: 05:51,25 (01:30,10)				
15.	Valentina Scheurell	2011	Kasseler SV	05:51,63	299
	100m: 01:22,23 (01:22,23)   200m: 02:52,26 (01:30,03)   300m: 04:24,10 (01:31,84)   400m: 05:51,63 (01:27,53)				
16.	Johanna Kleppe	2013	SG ACT/Baunatal	05:51,88	299
	100m: 01:20,96 (01:20,96)   200m: 02:52,11 (01:31,15)   300m: 04:24,60 (01:32,49)   400m: 05:51,88 (01:27,28)				
17.	Zlata Ruda	2013	SG ACT/Baunatal	05:56,90	286
	100m: 01:22,46 (01:22,46)   200m: 02:55,63 (01:33,17)   300m: 04:28,43 (01:32,80)   400m: 05:56,90 (01:28,47)				
18.	Ariane Sophie Piehl	2009	Kasseler SV	05:57,24	286
	100m: 01:25,46 (01:25,46)   200m: 02:55,82 (01:30,36)   300m: 04:27,18 (01:31,36)   400m: 05:57,24 (01:30,06)				
19.	Claudia Timmermann	2005	ASC Göttingen von 1846 e.V.	05:58,86	282
	100m: 01:26,09 (01:26,09)   200m: 02:58,79 (01:32,70)   300m: 04:29,40 (01:30,61)   400m: 05:58,86 (01:29,46)				
20.	Elena Lodhia	2009	ASC Göttingen von 1846 e.V.	05:59,36	281
	100m: 01:24,42 (01:24,42)   200m: 02:58,86 (01:34,44)   300m: 04:31,98 (01:33,12)   400m: 05:59,36 (01:27,38)				
21.	Mia Cassandra Meinhardt	2012	Aqua Sports Eschborn	06:10,97	255
	100m: 01:25,75 (01:25,75)   200m: 03:00,66 (01:34,91)   300m: 04:37,73 (01:37,07)   400m: 06:10,97 (01:33,24)				
22.	Greta Antonia Bergmann	2014	SFD Schwimmsport-Fulda e.V.	06:12,35	252
	100m: 01:27,25 (01:27,25)   200m: 03:01,96 (01:34,71)   300m: 04:38,71 (01:36,75)   400m: 06:12,35 (01:33,64)				
23.	Ekaterina Zhdaneeva	2011	ASC Göttingen von 1846 e.V.	06:16,31	244
	100m: 01:25,59 (01:25,59)   200m: 03:05,22 (01:39,63)   300m: 04:43,02 (01:37,80)   400m: 06:16,31 (01:33,29)				
24.	Maria Kühlke	2010	ASC Göttingen von 1846 e.V.	06:22,02	233
	100m: 01:28,24 (01:28,24)   200m: 03:08,08 (01:39,84)   300m: 04:48,22 (01:40,14)   400m: 06:22,02 (01:33,80)				
25.	Jele Kaiser	2011	Kasseler SV	06:25,83	227
	100m: 01:32,95 (01:32,95)   200m: 03:11,73 (01:38,78)   300m: 04:52,34 (01:40,61)   400m: 06:25,83 (01:33,49)				
26.	Sophie Emilia Gülen	2012	Aqua Sports Eschborn	06:54,82	182
	100m: 01:31,59 (01:31,59)   200m: 03:21,68 (01:50,09)   300m: 05:11,98 (01:50,30)   400m: 06:54,82 (01:42,84)				
27.	Laetitia Cartellieri	2014	ASC Göttingen von 1846 e.V.	07:38,42	135
	100m: 01:52,94 (01:52,94)   200m: 03:50,24 (01:57,30)   300m: 05:48,51 (01:58,27)   400m: 07:38,42 (01:49,91)				

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noch Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
28.	Marleen Siegmund	2014	SC Wasserfreunde Fulda e.V.	08:01,65	116
100m: 01:54,24 (01:54,24)   200m: 03:55,13 (02:00,89)   300m: 06:00,38 (02:05,25)   400m: 08:01,65 (02:01,27)					

#### nicht am Start

Charlotte Weiß 2015 SC Wasserfreunde Fulda e.V.

#### abgemeldet

Karla Braun 2015 SC Wasserfreunde Fulda e.V.

Lena Herbke 2007 ASC Göttingen von 1846 e.V.

Sophie Müller 2009 SG 1898 Chattengau