

22. Kasseler Staffelpokal

vom 28.02.2026 bis 01.03.2026 im Auebad Kassel
Veranstalter: Kasseler SV / Ausrichter: Kasseler SV

Protokoll

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Wettkampf 49 - 1500m Freistil weiblich

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Nora Sowinski	2006	TWG 1861 Göttingen	19:24,73	493
	100m: 01:10,22 (01:10,22) 200m: 02:25,98 (01:15,76) 300m: 03:42,71 (01:16,73) 400m: 05:00,01 (01:17,30) 500m: 06:17,13 (01:17,12) 600m: 07:34,89 (01:17,76) 700m: 08:51,95 (01:17,06) 800m: 10:09,98 (01:18,03) 900m: 11:28,66 (01:18,68) 1000m: 12:47,63 (01:18,97) 1100m: 14:07,16 (01:19,53) 1200m: 15:27,55 (01:20,39) 1300m: 16:47,00 (01:19,45) 1400m: 18:06,64 (01:19,64) 1500m: 19:24,73 (01:18,09)				
2.	Claudia Timmermann	2005	ASC Göttingen von 1846 e.V.	22:40,93	309
	100m: 01:24,75 (01:24,75) 200m: 02:55,15 (01:30,40) 300m: 04:26,55 (01:31,40) 400m: 05:57,68 (01:31,13) 500m: 07:28,96 (01:31,28) 600m: 08:59,76 (01:30,80) 700m: 10:30,67 (01:30,91) 800m: 12:01,84 (01:31,17) 900m: 13:32,77 (01:30,93) 1000m: 15:03,92 (01:31,15) 1100m: 16:35,22 (01:31,30) 1200m: 18:07,43 (01:32,21) 1300m: 19:39,20 (01:31,77) 1400m: 21:11,62 (01:32,42) 1500m: 22:40,93 (01:29,31)				
3.	Elena Lodhia	2009	ASC Göttingen von 1846 e.V.	25:30,53	217
	100m: 01:30,72 (01:30,72) 200m: 03:09,65 (01:38,93) 300m: 04:49,21 (01:39,56) 400m: 06:28,22 (01:39,01) 500m: 08:09,84 (01:41,62) 600m: 09:50,72 (01:40,88) 700m: 11:33,94 (01:43,22) 800m: 13:17,81 (01:43,87) 900m: 15:02,37 (01:44,56) 1000m: 16:48,65 (01:46,28) 1100m: 18:35,67 (01:47,02) 1200m: 20:21,79 (01:46,12) 1300m: 22:08,19 (01:46,40) 1400m: 23:53,20 (01:45,01) 1500m: 25:30,53 (01:37,33)				

