

Wettkampf 19 - 400m Freistil weiblich

Jahrgang 2008

Platz	Schwimmerin	Jg.	Verein	Endzeit		
1.	Lilly Joséphine Lohse	2008	DJK Sportfr. Budenheim	06:55,24	180	4
	50m: 00:46,54 (00:46,54) 100m: 01:36,62 (00:50,08) 150m: 02:28,56 (00:51,94) 200m: 03:19,38 (00:50,82) 250m: 04:12,88 (00:53,50) 300m: 05:07,21 (00:54,33) 350m: 06:03,19 (00:55,98) 400m: 06:55,24 (00:52,05)					
2.	Rebecca Nelgen	2008	DJK Sportfr. Budenheim	07:29,56	141	2
	50m: 00:46,58 (00:46,58) 100m: 01:46,10 (00:59,52) 150m: 02:45,42 (00:59,32) 200m: 03:43,85 (00:58,43) 250m: 04:42,45 (00:58,60) 300m: 05:37,32 (00:54,87) 350m: 06:37,57 (01:00,25) 400m: 07:29,56 (00:51,99)					

Jahrgang 2007

Platz	Schwimmerin	Jg.	Verein	Endzeit		
1.	Melina Feßler	2007	Wasserfreunde Spandau 04	05:40,59	326	4
	50m: 00:37,10 (00:37,10) 100m: 01:19,48 (00:42,38) 150m: 02:02,51 (00:43,03) 200m: 02:46,92 (00:44,41) 250m: 03:31,59 (00:44,67) 300m: 04:15,61 (00:44,02) 350m: 05:00,26 (00:44,65) 400m: 05:40,59 (00:40,33)					
2.	Lara-Sophie Stahl	2007	SC Wiesbaden 1911	05:54,43	289	2
	50m: 00:39,31 (00:39,31) 100m: 01:23,40 (00:44,09) 150m: 02:09,26 (00:45,86) 200m: 02:55,30 (00:46,04) 250m: 03:41,12 (00:45,82) 300m: 04:27,86 (00:46,74) 350m: 05:14,25 (00:46,39) 400m: 05:54,43 (00:40,18)					
3.	Florentina Montag	2007	Erster Sodener SC	06:30,43	216	1
	50m: 00:40,70 (00:40,70) 100m: 01:29,17 (00:48,47) 150m: 02:19,91 (00:50,74) 200m: 03:09,92 (00:50,01) 250m: 04:00,03 (00:50,11) 300m: 05:41,40 (01:41,37) 350m: 06:30,60 (00:49,20) 400m: 06:30,43 (00:00,17)					
4.	Lea Borst	2007	SV Poseidon Limburg e. V.	07:07,95	164	
	50m: 00:45,64 (00:45,64) 100m: 01:38,40 (00:52,76) 150m: 02:33,92 (00:55,52) 200m: 03:28,85 (00:54,93) 250m: 04:23,87 (00:55,02) 300m: 05:18,49 (00:54,62) 400m: 07:07,95 (01:49,46)					
5.	Emelie Braun	2007	SG Westerwald	07:12,23	159	
	50m: 00:44,63 (00:44,63) 100m: 01:38,83 (00:54,20) 150m: 02:35,47 (00:56,64) 200m: 03:31,46 (00:55,99) 250m: 04:28,23 (00:56,77) 300m: 05:24,92 (00:56,69) 350m: 06:20,12 (00:55,20) 400m: 07:12,23 (00:52,11)					

Jahrgang 2006

Platz	Schwimmerin	Jg.	Verein	Endzeit		
1.	Emma Heierhoff	2006	SC Wiesbaden 1911	05:27,01	368	4
	50m: 00:37,88 (00:37,88) 100m: 01:19,58 (00:41,70) 150m: 02:01,75 (00:42,17) 200m: 02:43,47 (00:41,72) 250m: 03:25,12 (00:41,65) 300m: 04:07,30 (00:42,18) 350m: 04:48,69 (00:41,39) 400m: 05:27,01 (00:38,32)					
2.	Gesine Lubert	2006	Wasserfreunde Spandau 04	05:28,19	364	2
	50m: 00:36,80 (00:36,80) 100m: 01:17,57 (00:40,77) 150m: 01:59,46 (00:41,89) 200m: 02:41,80 (00:42,34) 250m: 03:24,11 (00:42,31) 300m: 04:06,42 (00:42,31) 350m: 04:48,20 (00:41,78) 400m: 05:28,19 (00:39,99)					
3.	Franziska Gördes	2006	SC Wiesbaden 1911	05:44,70	314	1
	50m: 00:39,39 (00:39,39) 100m: 01:22,40 (00:43,01) 150m: 02:06,45 (00:44,05) 200m: 02:50,74 (00:44,29) 250m: 03:35,24 (00:44,50) 300m: 04:19,21 (00:43,97) 350m: 05:03,16 (00:43,95) 400m: 05:44,70 (00:41,54)					
4.	Eva Schön	2006	Erster Sodener SC	05:45,90	311	
	50m: 00:37,62 (00:37,62) 100m: 01:20,74 (00:43,12) 150m: 02:04,41 (00:43,67) 200m: 02:48,81 (00:44,40) 250m: 03:31,88 (00:43,07) 300m: 04:18,62 (00:46,74) 350m: 05:03,62 (00:45,00) 400m: 05:45,90 (00:42,28)					
5.	Swantje Bitterling	2006	SV Poseidon Limburg e. V.	06:05,96	263	
	50m: 00:39,59 (00:39,59) 100m: 01:23,72 (00:44,13) 150m: 02:10,61 (00:46,89) 200m: 02:57,60 (00:46,99) 250m: 03:44,66 (00:47,06) 300m: 04:31,76 (00:47,10) 350m: 05:16,17 (00:44,41) 400m: 06:05,96 (00:49,79)					
6.	Lilly Thamerus	2006	DJK Sportfr. Budenheim	06:39,09	202	
	50m: 00:41,53 (00:41,53) 100m: 01:32,04 (00:50,51) 150m: 02:24,04 (00:52,00) 200m: 03:17,42 (00:53,38) 250m: 04:07,67 (00:50,25) 300m: 05:01,10 (00:53,43) 350m: 05:53,26 (00:52,16) 400m: 06:39,09 (00:45,83)					

nicht am Start

Tita Luisa Klose 2006 SC Wiesbaden 1911

Jahrgang 2005

Platz	Schwimmerin	Jg.	Verein	Endzeit		
1.	Antonia Gördes	2005	SC Wiesbaden 1911	05:02,40	466	4
	50m: 00:32,95 (00:32,95) 100m: 01:10,60 (00:37,65) 150m: 01:49,47 (00:38,87) 200m: 02:28,22 (00:38,75) 250m: 03:07,66 (00:39,44) 300m: 03:46,88 (00:39,22) 350m: 04:26,28 (00:39,40) 400m: 05:02,40 (00:36,12)					



noch Wettkampf 19 - 400m Freistil weiblich

noch Jahrgang 2005

Platz	Schwimmerin	Jg.	Verein	Endzeit		
2.	Assal Bonakdar	2005	Wfr. Fechenheim	05:17,11	404	2
	50m: 00:37,00 (00:37,00) 100m: 01:17,64 (00:40,64) 150m: 01:58,09 (00:40,45) 200m: 02:38,78 (00:40,69) 250m: 03:19,02 (00:40,24) 300m: 03:59,15 (00:40,13) 350m: 04:39,16 (00:40,01) 400m: 05:17,11 (00:37,95)					
3.	Nele Kühn	2005	SC Wiesbaden 1911	05:18,21	400	1
	50m: 00:34,64 (00:34,64) 100m: 01:13,38 (00:38,74) 150m: 01:54,13 (00:40,75) 200m: 02:35,22 (00:41,09) 250m: 03:16,19 (00:40,97) 300m: 03:57,67 (00:41,48) 350m: 04:38,83 (00:41,16) 400m: 05:18,21 (00:39,38)					
4.	Vivien Michelle Novy	2005	SG Wetterau	05:20,42	392	
	50m: 00:35,41 (00:35,41) 100m: 01:15,17 (00:39,76) 150m: 01:55,43 (00:40,26) 200m: 02:36,04 (00:40,61) 250m: 03:17,16 (00:41,12) 300m: 03:59,08 (00:41,92) 350m: 04:40,98 (00:41,90) 400m: 05:20,42 (00:39,44)					
5.	Johanna Homann	2005	SC Wiesbaden 1911	05:23,99	379	
	50m: 00:35,75 (00:35,75) 100m: 01:16,39 (00:40,64) 150m: 01:57,77 (00:41,38) 200m: 02:39,44 (00:41,67) 250m: 03:21,89 (00:42,45) 300m: 04:03,58 (00:41,69) 350m: 04:46,25 (00:42,67) 400m: 05:23,99 (00:37,74)					
6.	Juliane Sucker	2005	Wasserfreunde Spandau 04	05:31,96	352	
	50m: 00:37,31 (00:37,31) 100m: 01:18,35 (00:41,04) 150m: 02:00,69 (00:42,34) 200m: 02:43,15 (00:42,46) 250m: 03:25,84 (00:42,69) 300m: 04:08,28 (00:42,44) 350m: 04:50,96 (00:42,68) 400m: 05:31,96 (00:41,00)					
7.	Zoe-Marie Jonas	2005	Wassersport-Hünfeld	06:38,71	203	
	50m: 00:44,38 (00:44,38) 100m: 01:34,06 (00:49,68) 150m: 02:25,20 (00:51,14) 200m: 03:16,36 (00:51,16) 250m: 04:07,98 (00:51,62) 300m: 05:00,38 (00:52,40) 350m: 05:51,65 (00:51,27) 400m: 06:38,71 (00:47,06)					
<u>abgemeldet</u>						
	Valentina Barreto Fabian	2005	Wfr. Fechenheim			

Jahrgang 2004

Platz	Schwimmerin	Jg.	Verein	Endzeit		
1.	Angie Gölz Poppelreuter	2004	Wfr. Fechenheim	05:15,59	410	4
	50m: 00:34,19 (00:34,19) 100m: 01:13,11 (00:38,92) 150m: 01:52,93 (00:39,82) 200m: 02:33,03 (00:40,10) 250m: 03:14,71 (00:41,68) 300m: 03:56,04 (00:41,33) 350m: 04:36,90 (00:40,86) 400m: 05:15,59 (00:38,69)					
2.	Johanna Eberwein	2004	SC Wiesbaden 1911	05:42,95	319	2
	50m: 00:38,94 (00:38,94) 100m: 01:21,88 (00:42,94) 150m: 02:06,32 (00:44,44) 200m: 02:50,51 (00:44,19) 250m: 03:35,25 (00:44,74) 300m: 04:19,33 (00:44,08) 350m: 05:03,17 (00:43,84) 400m: 05:42,95 (00:39,78)					
3.	Theresa Semmler	2004	Wassersport-Hünfeld	05:53,49	292	1
	50m: 00:38,85 (00:38,85) 100m: 01:23,26 (00:44,41) 150m: 02:08,97 (00:45,71) 200m: 02:54,92 (00:45,95) 250m: 03:40,11 (00:45,19) 300m: 04:26,29 (00:46,18) 350m: 05:12,96 (00:46,67) 400m: 05:53,49 (00:40,53)					
<u>disqualifiziert</u>						
	Sunny Schmitt	2004	TV Bad Bergzabern			
	Start vor dem Startsignal Uhrzeit der Bekanntgabe: 14:57					

Jahrgang 2003

Platz	Schwimmerin	Jg.	Verein	Endzeit		
1.	Rosalie Kleyboldt	2003	SC Wiesbaden 1911	04:26,04	685	4
	50m: 00:31,20 (00:31,20) 100m: 01:04,62 (00:33,42) 150m: 01:38,56 (00:33,94) 200m: 02:12,65 (00:34,09) 250m: 02:46,89 (00:34,24) 300m: 03:20,72 (00:33,83) 350m: 03:54,02 (00:33,30) 400m: 04:26,04 (00:32,02)					
2.	Hanna Kiegler	2003	SG EWR Rheinhessen-Mainz	04:39,07	593	2
	50m: 00:31,89 (00:31,89) 100m: 01:06,95 (00:35,06) 150m: 01:42,87 (00:35,92) 200m: 02:18,66 (00:35,79) 250m: 02:54,46 (00:35,80) 300m: 03:29,53 (00:35,07) 350m: 04:05,31 (00:35,78) 400m: 04:39,07 (00:33,76)					
3.	Christina Jarjour	2003	SC Wiesbaden 1911	04:51,77	519	1
	50m: 00:32,24 (00:32,24) 100m: 01:07,23 (00:34,99) 150m: 01:43,78 (00:36,55) 200m: 02:21,31 (00:37,53) 250m: 02:58,75 (00:37,44) 300m: 03:36,58 (00:37,83) 350m: 04:14,57 (00:37,99) 400m: 04:51,77 (00:37,20)					
4.	Luna Radovanovic	2003	SC Wiesbaden 1911	04:58,32	485	
	50m: 00:33,24 (00:33,24) 100m: 01:10,01 (00:36,77) 150m: 01:48,36 (00:38,35) 200m: 02:26,22 (00:37,86) 250m: 03:04,54 (00:38,32) 300m: 03:43,19 (00:38,65) 350m: 04:21,42 (00:38,23) 400m: 04:58,32 (00:36,90)					
5.	Alicia Link	2003	Wassersport-Hünfeld	05:29,10	361	
	50m: 00:37,08 (00:37,08) 100m: 01:17,21 (00:40,13) 150m: 01:58,28 (00:41,07) 200m: 02:39,75 (00:41,47) 250m: 03:22,37 (00:42,62) 300m: 04:05,62 (00:43,25) 350m: 04:48,97 (00:43,35) 400m: 05:29,10 (00:40,13)					



noch Wettkampf 19 - 400m Freistil weiblich

noch Jahrgang 2003

Platz	Schwimmerin	Jg.	Verein	Endzeit
	<u>abgemeldet</u> Paula Becker	2003	SV Poseidon Limburg e. V.	

Jahrgang 2002

Platz	Schwimmerin	Jg.	Verein	Endzeit		
1.	Lena Riedemann 50m: 00:29,75 (00:29,75) 100m: 01:02,62 (00:32,87) 150m: 01:36,39 (00:33,77) 200m: 02:10,28 (00:33,89) 250m: 02:44,48 (00:34,20) 300m: 03:19,14 (00:34,66) 350m: 03:53,36 (00:34,22) 400m: 04:26,72 (00:33,36)	2002	SV Halle / Saale	04:26,72	679	4
2.	Lucia Engel 50m: 00:30,53 (00:30,53) 100m: 01:03,87 (00:33,34) 150m: 01:38,53 (00:34,66) 200m: 02:14,49 (00:35,96) 250m: 02:51,41 (00:36,92) 300m: 03:28,69 (00:37,28) 350m: 04:05,73 (00:37,04) 400m: 04:41,08 (00:35,35)	2002	TV Bad Bergzabern	04:41,08	580	2
3.	Hannah Tereza Röth 50m: 00:35,01 (00:35,01) 100m: 01:12,79 (00:37,78) 150m: 01:51,29 (00:38,50) 200m: 02:29,94 (00:38,65) 250m: 03:09,03 (00:39,09) 300m: 03:48,18 (00:39,15) 350m: 04:26,83 (00:38,65) 400m: 05:04,02 (00:37,19)	2002	SC Wiesbaden 1911	05:04,02	459	1
4.	Ann-Kathrin Gerth 50m: 00:36,80 (00:36,80) 100m: 01:17,26 (00:40,46) 150m: 01:58,28 (00:41,02) 200m: 02:39,37 (00:41,09) 250m: 03:20,44 (00:41,07) 300m: 04:01,17 (00:40,73) 350m: 04:41,64 (00:40,47) 400m: 05:21,33 (00:39,69)	2002	SC Wiesbaden 1911	05:21,33	388	
5.	Melissa Urhahn 50m: 00:34,09 (00:34,09) 100m: 01:11,91 (00:37,82) 150m: 01:51,55 (00:39,64) 200m: 02:32,26 (00:40,71) 250m: 03:13,62 (00:41,36) 300m: 03:55,85 (00:42,23) 350m: 04:39,11 (00:43,26) 400m: 05:22,16 (00:43,05)	2002	SC Wiesbaden 1911	05:22,16	385	
6.	Paula Tegtmeier 50m: 00:35,62 (00:35,62) 100m: 01:16,36 (00:40,74) 150m: 01:58,50 (00:42,14) 200m: 02:40,79 (00:42,29) 250m: 03:23,22 (00:42,43) 300m: 04:06,01 (00:42,79) 350m: 04:48,55 (00:42,54) 400m: 05:27,44 (00:38,89)	2002	SV Poseidon Limburg e. V.	05:27,44	367	

Jahrgang 2000/2001 (Junioren)

Platz	Schwimmerin	Jg.	Verein	Endzeit		
1.	Lia Neubert 50m: 00:29,74 (00:29,74) 100m: 01:02,19 (00:32,45) 150m: 01:35,02 (00:32,83) 200m: 02:07,68 (00:32,66) 250m: 02:40,06 (00:32,38) 300m: 03:12,85 (00:32,79) 350m: 03:45,63 (00:32,78) 400m: 04:17,20 (00:31,57)	2000	SV Halle / Saale	04:17,20	758	4
2.	Yoshi Eschen 50m: 00:32,58 (00:32,58) 100m: 01:08,91 (00:36,33) 150m: 01:45,33 (00:36,42) 200m: 02:22,09 (00:36,76) 250m: 02:59,19 (00:37,10) 300m: 03:36,66 (00:37,47) 350m: 04:14,03 (00:37,37) 400m: 04:50,73 (00:36,70)	2000	SC Wiesbaden 1911	04:50,73	524	2
3.	Chiara Appel 50m: 00:34,64 (00:34,64) 100m: 01:13,05 (00:38,41) 150m: 01:51,65 (00:38,60) 200m: 02:30,37 (00:38,72) 250m: 03:08,99 (00:38,62) 300m: 03:47,68 (00:38,69) 350m: 04:25,89 (00:38,21) 400m: 05:02,60 (00:36,71)	2001	SC Wiesbaden 1911	05:02,60	465	1
4.	Francesca Novelli 50m: 00:33,77 (00:33,77) 100m: 01:10,64 (00:36,87) 150m: 01:49,18 (00:38,54) 200m: 02:28,37 (00:39,19) 250m: 03:07,80 (00:39,43) 300m: 03:47,93 (00:40,13) 350m: 04:28,08 (00:40,15) 400m: 05:07,68 (00:39,60)	2000	SV Poseidon Limburg e. V.	05:07,68	442	
5.	Marie Kolb 50m: 00:35,49 (00:35,49) 100m: 01:14,98 (00:39,49) 150m: 01:55,11 (00:40,13) 200m: 02:35,61 (00:40,50) 250m: 03:16,28 (00:40,67) 300m: 03:57,29 (00:41,01) 350m: 04:38,18 (00:40,89) 400m: 05:16,93 (00:38,75)	2000	TV Bad Bergzabern	05:16,93	405	

Jahrgang 1999 und älter

Platz	Schwimmerin	Jg.	Verein	Endzeit		
1.	Reva Foos 50m: 00:28,00 (00:28,00) 100m: 00:58,46 (00:30,46) 150m: 01:29,80 (00:31,34) 200m: 02:01,47 (00:31,67) 250m: 02:33,15 (00:31,68) 300m: 03:05,05 (00:31,90) 350m: 03:36,73 (00:31,68) 400m: 04:07,84 (00:31,11)	1993	DSW 1912 Darmstadt e.V.	04:07,84	847	4
2.	Laura Riedemann 50m: 00:29,06 (00:29,06) 100m: 00:59,97 (00:30,91) 150m: 01:31,34 (00:31,37) 200m: 02:03,01 (00:31,67) 250m: 02:34,58 (00:31,57) 300m: 03:06,25 (00:31,67) 350m: 03:37,99 (00:31,74) 400m: 04:08,61 (00:30,62)	1998	SV Halle / Saale	04:08,61	839	2
3.	Samira-Svea Erhart 50m: 00:30,08 (00:30,08) 100m: 01:02,62 (00:32,54) 150m: 01:36,07 (00:33,45) 200m: 02:09,60 (00:33,53) 250m: 02:43,33 (00:33,73) 300m: 03:17,34 (00:34,01) 350m: 03:51,06 (00:33,72) 400m: 04:23,65 (00:32,59)	1999	Erster Offenbacher SC	04:23,65	703	1



noch Wettkampf 19 - 400m Freistil weiblich

noch Jahrgang 1999 und älter

Platz	Schwimmerin	Jg.	Verein	Endzeit	
4.	Konstanze Klemet	1999	TV Wetzlar	04:34,76	621
	50m: 00:31,65 (00:31,65) 100m: 01:05,63 (00:33,98) 150m: 01:40,17 (00:34,54) 200m: 02:14,77 (00:34,60) 250m: 02:49,63 (00:34,86) 300m: 03:24,57 (00:34,94) 350m: 04:00,03 (00:35,46) 400m: 04:34,76 (00:34,73)				
5.	Katharina Wiesner	1999	SG EWR Rheinhessen-Mainz	04:42,56	571
	50m: 00:31,64 (00:31,64) 100m: 01:06,77 (00:35,13) 150m: 01:42,49 (00:35,72) 200m: 02:18,29 (00:35,80) 250m: 02:54,62 (00:36,33) 300m: 03:31,32 (00:36,70) 350m: 04:08,41 (00:37,09) 400m: 04:42,56 (00:34,15)				
6.	Miriam Diana Obersteller	1993	TuRa Meldorf	07:15,83	155
	50m: 00:46,24 (00:46,24) 100m: 01:38,72 (00:52,48) 150m: 02:33,87 (00:55,15) 200m: 03:30,78 (00:56,91) 250m: 04:27,90 (00:57,12) 300m: 05:26,88 (00:58,98) 350m: 06:24,52 (00:57,64) 400m: 07:15,83 (00:51,31)				

