

## Wettkampf 20 - 400m Freistil männlich

### Jahrgang 2008

| Platz | Schwimmer                                                                                                                                                                                                                     | Jg.  | Verein        | Endzeit  |     |   |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|---------------|----------|-----|---|
| 1.    | Max-Luca Schmidt                                                                                                                                                                                                              | 2008 | Rheingauer SC | 06:56,11 | 132 | 4 |
|       | 50m: 00:43,64 (00:43,64)   100m: 01:34,99 (00:51,35)   150m: 02:29,05 (00:54,06)   200m: 03:24,12 (00:55,07)<br>250m: 04:20,38 (00:56,26)   300m: 05:13,71 (00:53,33)   350m: 06:06,98 (00:53,27)   400m: 06:56,11 (00:49,13) |      |               |          |     |   |

### Jahrgang 2007

| Platz | Schwimmer                                                                                                                                                                                                                     | Jg.  | Verein                   | Endzeit  |     |   |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|--------------------------|----------|-----|---|
| 1.    | Lukas Steuer                                                                                                                                                                                                                  | 2007 | Wasserfreunde Spandau 04 | 05:43,40 | 236 | 4 |
|       | 50m: 00:39,03 (00:39,03)   100m: 01:22,16 (00:43,13)   150m: 02:06,26 (00:44,10)   200m: 02:50,35 (00:44,09)<br>250m: 03:35,11 (00:44,76)   300m: 04:19,37 (00:44,26)   350m: 05:03,36 (00:43,99)   400m: 05:43,40 (00:40,04) |      |                          |          |     |   |
| 2.    | Simon Hayer                                                                                                                                                                                                                   | 2007 | Wasserfreunde Spandau 04 | 06:00,89 | 203 | 2 |
|       | 50m: 00:40,70 (00:40,70)   100m: 01:26,59 (00:45,89)   150m: 02:13,34 (00:46,75)   200m: 02:58,90 (00:45,56)<br>250m: 03:45,38 (00:46,48)   300m: 04:32,15 (00:46,77)   350m: 05:18,04 (00:45,89)   400m: 06:00,89 (00:42,85) |      |                          |          |     |   |
| 3.    | Lennart Rosenberger                                                                                                                                                                                                           | 2007 | Wasserfreunde Spandau 04 | 06:23,89 | 169 | 1 |
|       | 50m: 00:42,83 (00:42,83)   100m: 01:32,60 (00:49,77)   150m: 02:21,32 (00:48,72)   200m: 03:10,39 (00:49,07)<br>250m: 04:01,21 (00:50,82)   300m: 04:50,23 (00:49,02)   350m: 05:38,03 (00:47,80)   400m: 06:23,89 (00:45,86) |      |                          |          |     |   |
| 4.    | Melvin Jonas                                                                                                                                                                                                                  | 2007 | Wassersport-Hünfeld      | 07:00,70 | 128 |   |
|       | 50m: 00:46,61 (00:46,61)   100m: 01:38,57 (00:51,96)   150m: 02:33,62 (00:55,05)   200m: 03:27,92 (00:54,30)<br>250m: 04:23,07 (00:55,15)   300m: 05:18,21 (00:55,14)   350m: 06:13,09 (00:54,88)   400m: 07:00,70 (00:47,61) |      |                          |          |     |   |

### Jahrgang 2006

| Platz | Schwimmer                                                                                                                                                                                                                     | Jg.  | Verein                   | Endzeit  |     |   |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|--------------------------|----------|-----|---|
| 1.    | Maxim Sterk                                                                                                                                                                                                                   | 2006 | Wasserfreunde Spandau 04 | 05:20,77 | 289 | 4 |
|       | 50m: 00:36,10 (00:36,10)   100m: 01:16,95 (00:40,85)   150m: 01:58,00 (00:41,05)   200m: 02:39,65 (00:41,65)<br>250m: 03:20,54 (00:40,89)   300m: 04:01,79 (00:41,25)   350m: 04:42,73 (00:40,94)   400m: 05:20,77 (00:38,04) |      |                          |          |     |   |
| 2.    | Arsenii Reih                                                                                                                                                                                                                  | 2006 | SC Wiesbaden 1911        | 05:20,85 | 289 | 2 |
|       | 50m: 00:34,68 (00:34,68)   100m: 01:14,60 (00:39,92)   150m: 01:56,16 (00:41,56)   200m: 02:37,37 (00:41,21)<br>250m: 03:19,13 (00:41,76)   300m: 04:01,02 (00:41,89)   350m: 04:42,69 (00:41,67)   400m: 05:20,85 (00:38,16) |      |                          |          |     |   |
| 3.    | Miika Juro Conrad                                                                                                                                                                                                             | 2006 | Wasserfreunde Spandau 04 | 05:40,51 | 242 | 1 |
|       | 50m: 00:36,18 (00:36,18)   100m: 01:18,76 (00:42,58)   150m: 02:01,18 (00:42,42)   200m: 02:44,71 (00:43,53)<br>250m: 03:27,69 (00:42,98)   300m: 04:12,84 (00:45,15)   350m: 04:56,28 (00:43,44)   400m: 05:40,51 (00:44,23) |      |                          |          |     |   |
| 4.    | Arthur Braun                                                                                                                                                                                                                  | 2006 | Wassersport-Hünfeld      | 07:14,93 | 116 |   |
|       | 50m: 00:45,30 (00:45,30)   100m: 01:40,07 (00:54,77)   150m: 02:35,17 (00:55,10)   200m: 03:30,90 (00:55,73)<br>250m: 04:27,20 (00:56,30)   300m: 05:23,58 (00:56,38)   350m: 06:19,34 (00:55,76)   400m: 07:14,93 (00:55,59) |      |                          |          |     |   |

### Jahrgang 2005

| Platz | Schwimmer                                                                                                                                                                                                                     | Jg.  | Verein                    | Endzeit  |     |   |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|---------------------------|----------|-----|---|
| 1.    | Tom Borst                                                                                                                                                                                                                     | 2005 | SV Poseidon Limburg e. V. | 06:16,82 | 178 | 4 |
|       | 50m: 00:40,89 (00:40,89)   100m: 01:27,94 (00:47,05)   150m: 02:16,80 (00:48,86)   200m: 03:05,38 (00:48,58)<br>250m: 03:54,76 (00:49,38)   300m: 04:44,63 (00:49,87)   350m: 05:32,73 (00:48,10)   400m: 06:16,82 (00:44,09) |      |                           |          |     |   |

### Jahrgang 2004

| Platz | Schwimmer                                                                                                                                                                                                                     | Jg.  | Verein                   | Endzeit  |     |   |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|--------------------------|----------|-----|---|
| 1.    | Mathis Schöning                                                                                                                                                                                                               | 2004 | SG EWR Rheinhessen-Mainz | 04:39,10 | 439 | 4 |
|       | 50m: 00:31,62 (00:31,62)   100m: 01:06,35 (00:34,73)   150m: 01:41,52 (00:35,17)   200m: 02:17,24 (00:35,72)<br>250m: 02:52,95 (00:35,71)   300m: 03:28,93 (00:35,98)   350m: 04:05,05 (00:36,12)   400m: 04:39,10 (00:34,05) |      |                          |          |     |   |
| 2.    | Carl-Ole Peuker                                                                                                                                                                                                               | 2004 | SC Wiesbaden 1911        | 04:57,74 | 362 | 2 |
|       | 50m: 00:32,99 (00:32,99)   100m: 01:10,58 (00:37,59)   150m: 01:48,73 (00:38,15)   200m: 02:27,11 (00:38,38)<br>250m: 03:04,65 (00:37,54)   300m: 03:43,19 (00:38,54)   350m: 04:21,38 (00:38,19)   400m: 04:57,74 (00:36,36) |      |                          |          |     |   |
| 3.    | Liam Radovanovic                                                                                                                                                                                                              | 2004 | SC Wiesbaden 1911        | 04:57,84 | 361 | 1 |
|       | 50m: 00:33,30 (00:33,30)   100m: 01:11,49 (00:38,19)   150m: 01:49,73 (00:38,24)   200m: 02:28,42 (00:38,69)<br>250m: 03:06,18 (00:37,76)   300m: 03:44,28 (00:38,10)   350m: 04:22,25 (00:37,97)   400m: 04:57,84 (00:35,59) |      |                          |          |     |   |
| 4.    | Konstantin Hummel                                                                                                                                                                                                             | 2004 | Wasserfreunde Spandau 04 | 05:05,32 | 335 |   |
|       | 50m: 00:33,23 (00:33,23)   100m: 01:10,57 (00:37,34)   150m: 01:49,43 (00:38,86)   200m: 02:28,89 (00:39,46)<br>250m: 03:08,74 (00:39,85)   300m: 03:48,88 (00:40,14)   350m: 04:28,38 (00:39,50)   400m: 05:05,32 (00:36,94) |      |                          |          |     |   |



## noch Wettkampf 20 - 400m Freistil männlich

noch Jahrgang 2004

| Platz | Schwimmer                                                                                                                                                                                                                     | Jg.  | Verein              | Endzeit  |     |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|---------------------|----------|-----|
| 5.    | Hendrik Link                                                                                                                                                                                                                  | 2004 | Wassersport-Hünfeld | 05:06,02 | 333 |
|       | 50m: 00:32,09 (00:32,09)   100m: 01:09,17 (00:37,08)   150m: 01:48,14 (00:38,97)   200m: 02:27,58 (00:39,44)<br>250m: 03:07,67 (00:40,09)   300m: 03:47,54 (00:39,87)   350m: 04:27,34 (00:39,80)   400m: 05:06,02 (00:38,68) |      |                     |          |     |
| 6.    | Ilkay Ayverdi                                                                                                                                                                                                                 | 2004 | SC Wiesbaden 1911   | 05:09,67 | 321 |
|       | 50m: 00:34,44 (00:34,44)   100m: 01:13,72 (00:39,28)   150m: 01:53,74 (00:40,02)   200m: 02:32,85 (00:39,11)<br>250m: 03:12,35 (00:39,50)   300m: 03:52,53 (00:40,18)   350m: 04:30,75 (00:38,22)   400m: 05:09,67 (00:38,92) |      |                     |          |     |
| 7.    | Niklas Pschibl                                                                                                                                                                                                                | 2004 | Wfr. Fechenheim     | 05:21,16 | 288 |
|       | 50m: 00:34,94 (00:34,94)   100m: 01:15,44 (00:40,50)   150m: 01:57,12 (00:41,68)   200m: 02:38,19 (00:41,07)<br>250m: 03:19,82 (00:41,63)   300m: 04:01,45 (00:41,63)   350m: 04:42,45 (00:41,00)   400m: 05:21,16 (00:38,71) |      |                     |          |     |

nicht am Start

Keno Graumann 2004 SC Wiesbaden 1911

Jahrgang 2003

| Platz | Schwimmer                                                                                                                                                                                                                     | Jg.  | Verein                    | Endzeit  |     |   |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|---------------------------|----------|-----|---|
| 1.    | Nicolas Krüger                                                                                                                                                                                                                | 2003 | SC Wiesbaden 1911         | 04:33,18 | 469 | 4 |
|       | 50m: 00:30,53 (00:30,53)   100m: 01:03,92 (00:33,39)   150m: 01:38,66 (00:34,74)   200m: 02:13,62 (00:34,96)<br>250m: 02:49,00 (00:35,38)   300m: 03:24,54 (00:35,54)   350m: 03:59,79 (00:35,25)   400m: 04:33,18 (00:33,39) |      |                           |          |     |   |
| 2.    | Luca Smit                                                                                                                                                                                                                     | 2003 | SC Wiesbaden 1911         | 04:39,42 | 438 | 2 |
|       | 50m: 00:31,43 (00:31,43)   100m: 01:06,68 (00:35,25)   150m: 01:42,06 (00:35,38)   200m: 02:17,23 (00:35,17)<br>250m: 02:53,55 (00:36,32)   300m: 03:29,94 (00:36,39)   350m: 04:05,44 (00:35,50)   400m: 04:39,42 (00:33,98) |      |                           |          |     |   |
| 3.    | Thijs Oscar Such                                                                                                                                                                                                              | 2003 | SV Poseidon Limburg e. V. | 04:40,26 | 434 | 1 |
|       | 50m: 00:31,25 (00:31,25)   100m: 01:05,49 (00:34,24)   150m: 01:41,29 (00:35,80)   200m: 02:17,13 (00:35,84)<br>250m: 02:53,33 (00:36,20)   300m: 03:30,18 (00:36,85)   350m: 04:06,35 (00:36,17)   400m: 04:40,26 (00:33,91) |      |                           |          |     |   |
| 4.    | Paul Eckelmann                                                                                                                                                                                                                | 2003 | TV Bad Bergzabern         | 04:55,60 | 370 |   |
|       | 50m: 00:31,34 (00:31,34)   100m: 01:07,65 (00:36,31)   150m: 01:45,27 (00:37,62)   200m: 02:23,63 (00:38,36)<br>250m: 03:02,16 (00:38,53)   300m: 03:41,14 (00:38,98)   350m: 04:19,62 (00:38,48)   400m: 04:55,60 (00:35,98) |      |                           |          |     |   |
| 5.    | Marlon Kunert                                                                                                                                                                                                                 | 2003 | SC Wiesbaden 1911         | 05:05,55 | 335 |   |
|       | 50m: 00:32,91 (00:32,91)   100m: 01:10,26 (00:37,35)   150m: 01:48,84 (00:38,58)   200m: 02:27,44 (00:38,60)<br>250m: 03:06,19 (00:38,75)   300m: 03:45,82 (00:39,63)   350m: 04:25,81 (00:39,99)   400m: 05:05,55 (00:39,74) |      |                           |          |     |   |
| 6.    | Björn Jelinka                                                                                                                                                                                                                 | 2003 | TV Bad Bergzabern         | 05:28,42 | 269 |   |
|       | 50m: 00:34,91 (00:34,91)   100m: 01:14,06 (00:39,15)   150m: 01:56,26 (00:42,20)   200m: 02:38,92 (00:42,66)<br>250m: 03:21,71 (00:42,79)   300m: 04:04,88 (00:43,17)   350m: 04:47,44 (00:42,56)   400m: 05:28,42 (00:40,98) |      |                           |          |     |   |
| 7.    | Philliph Elsmann                                                                                                                                                                                                              | 2003 | Wasserfreunde Spandau 04  | 05:43,68 | 235 |   |
|       | 50m: 00:36,95 (00:36,95)   100m: 01:18,56 (00:41,61)   150m: 02:02,92 (00:44,36)   200m: 02:46,53 (00:43,61)<br>250m: 03:31,03 (00:44,50)   300m: 04:15,89 (00:44,86)   350m: 05:01,89 (00:46,00)   400m: 05:43,68 (00:41,79) |      |                           |          |     |   |
| 8.    | Thomas Gispert                                                                                                                                                                                                                | 2003 | SG EWR Rheinhessen-Mainz  | 05:51,23 | 220 |   |
|       | 50m: 00:37,19 (00:37,19)   100m: 01:20,58 (00:43,39)   150m: 02:05,18 (00:44,60)   200m: 02:50,26 (00:45,08)<br>250m: 03:35,67 (00:45,41)   300m: 04:21,02 (00:45,35)   350m: 05:07,71 (00:46,69)   400m: 05:51,23 (00:43,52) |      |                           |          |     |   |

Jahrgang 2002

| Platz | Schwimmer                                                                                                                                                                                                                     | Jg.  | Verein            | Endzeit  |     |   |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-------------------|----------|-----|---|
| 1.    | Noah Shoopinsky                                                                                                                                                                                                               | 2002 | SC Wiesbaden 1911 | 04:39,04 | 440 | 4 |
|       | 50m: 00:31,06 (00:31,06)   100m: 01:05,28 (00:34,22)   150m: 01:40,47 (00:35,19)   200m: 02:16,26 (00:35,79)<br>250m: 02:52,04 (00:35,78)   300m: 03:28,15 (00:36,11)   350m: 04:04,36 (00:36,21)   400m: 04:39,04 (00:34,68) |      |                   |          |     |   |
| 2.    | Alexander Haas                                                                                                                                                                                                                | 2002 | SC Oberursel      | 04:48,78 | 397 | 2 |
|       | 50m: 00:30,69 (00:30,69)   100m: 01:05,22 (00:34,53)   150m: 01:41,30 (00:36,08)   200m: 02:18,15 (00:36,85)<br>250m: 02:55,39 (00:37,24)   300m: 03:33,19 (00:37,80)   350m: 04:12,10 (00:38,91)   400m: 04:48,78 (00:36,68) |      |                   |          |     |   |
| 3.    | Niklas Seutemann                                                                                                                                                                                                              | 2002 | TV Bad Bergzabern | 05:12,90 | 312 | 1 |
|       | 50m: 00:33,74 (00:33,74)   100m: 01:12,96 (00:39,22)   150m: 01:54,45 (00:41,49)   200m: 02:35,54 (00:41,09)<br>250m: 03:16,28 (00:40,74)   300m: 03:57,03 (00:40,75)   350m: 04:36,75 (00:39,72)   400m: 05:12,90 (00:36,15) |      |                   |          |     |   |



## noch Wettkampf 20 - 400m Freistil männlich

Jahrgang 2000/2001 (Junioren)

| Platz | Schwimmer                                                                                                                                                                                                                     | Jg.  | Verein                   | Endzeit  |     |   |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|--------------------------|----------|-----|---|
| 1.    | Till Willi Heißler                                                                                                                                                                                                            | 2000 | SV Halle / Saale         | 04:00,19 | 690 | 4 |
|       | 50m: 00:28,34 (00:28,34)   100m: 00:58,66 (00:30,32)   150m: 01:29,25 (00:30,59)   200m: 02:00,11 (00:30,86)<br>250m: 02:30,67 (00:30,56)   300m: 03:01,84 (00:31,17)   350m: 03:31,72 (00:29,88)   400m: 04:00,19 (00:28,47) |      |                          |          |     |   |
| 2.    | Niklas Heelein                                                                                                                                                                                                                | 2000 | Wfr. Fechenheim          | 04:07,06 | 634 | 2 |
|       | 50m: 00:28,31 (00:28,31)   100m: 00:58,58 (00:30,27)   150m: 01:29,45 (00:30,87)   200m: 02:00,73 (00:31,28)<br>250m: 02:32,23 (00:31,50)   300m: 03:04,31 (00:32,08)   350m: 03:36,33 (00:32,02)   400m: 04:07,06 (00:30,73) |      |                          |          |     |   |
| 3.    | Lennart Plaschke                                                                                                                                                                                                              | 2001 | SC Wiesbaden 1911        | 04:16,87 | 564 | 1 |
|       | 50m: 00:29,70 (00:29,70)   100m: 01:01,58 (00:31,88)   150m: 01:34,21 (00:32,63)   200m: 02:07,18 (00:32,97)<br>250m: 02:39,84 (00:32,66)   300m: 03:12,66 (00:32,82)   350m: 03:45,58 (00:32,92)   400m: 04:16,87 (00:31,29) |      |                          |          |     |   |
| 4.    | Alan Kudaschov                                                                                                                                                                                                                | 2001 | SG EWR Rheinhessen-Mainz | 04:21,23 | 536 |   |
|       | 50m: 00:31,28 (00:31,28)   100m: 01:04,14 (00:32,86)   150m: 01:36,93 (00:32,79)   200m: 02:09,24 (00:32,31)<br>250m: 02:42,21 (00:32,97)   300m: 03:15,32 (00:33,11)   350m: 03:49,00 (00:33,68)   400m: 04:21,23 (00:32,23) |      |                          |          |     |   |
| 5.    | Wendelin Altenhöner                                                                                                                                                                                                           | 2000 | SG EWR Rheinhessen-Mainz | 04:40,99 | 430 |   |
|       | 50m: 00:30,07 (00:30,07)   100m: 01:04,20 (00:34,13)   150m: 01:40,01 (00:35,81)   200m: 02:16,36 (00:36,35)<br>250m: 02:53,23 (00:36,87)   300m: 03:30,02 (00:36,79)   350m: 04:06,84 (00:36,82)   400m: 04:40,99 (00:34,15) |      |                          |          |     |   |
| 6.    | Jonas Seutemann                                                                                                                                                                                                               | 2000 | TV Bad Bergzabern        | 04:52,18 | 383 |   |
|       | 50m: 00:30,14 (00:30,14)   100m: 01:05,42 (00:35,28)   150m: 01:42,19 (00:36,77)   200m: 02:19,59 (00:37,40)<br>250m: 02:57,65 (00:38,06)   300m: 03:36,07 (00:38,42)   350m: 04:14,65 (00:38,58)   400m: 04:52,18 (00:37,53) |      |                          |          |     |   |

Jahrgang 1999 und älter

| Platz | Schwimmer                                                                                                                                                                                                                     | Jg.  | Verein            | Endzeit  |     |   |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-------------------|----------|-----|---|
| 1.    | Jannik Höntsch                                                                                                                                                                                                                | 1998 | SV Halle / Saale  | 03:55,54 | 731 | 4 |
|       | 50m: 00:27,54 (00:27,54)   100m: 00:56,28 (00:28,74)   150m: 01:25,71 (00:29,43)   200m: 01:55,39 (00:29,68)<br>250m: 02:25,04 (00:29,65)   300m: 02:55,32 (00:30,28)   350m: 03:25,82 (00:30,50)   400m: 03:55,54 (00:29,72) |      |                   |          |     |   |
| 2.    | Michael Stöhner                                                                                                                                                                                                               | 1995 | Aqua Berlin e.V.  | 04:00,04 | 691 | 2 |
|       | 50m: 00:27,19 (00:27,19)   100m: 00:56,26 (00:29,07)   150m: 01:25,97 (00:29,71)   200m: 01:56,82 (00:30,85)<br>250m: 02:27,71 (00:30,89)   300m: 02:59,21 (00:31,50)   350m: 03:31,22 (00:32,01)   400m: 04:00,04 (00:28,82) |      |                   |          |     |   |
| 3.    | Tim Wilsdorf                                                                                                                                                                                                                  | 1999 | SV Halle / Saale  | 04:03,24 | 664 | 1 |
|       | 50m: 00:27,72 (00:27,72)   100m: 00:57,29 (00:29,57)   150m: 01:27,56 (00:30,27)   200m: 01:58,56 (00:31,00)<br>250m: 02:29,75 (00:31,19)   300m: 03:01,35 (00:31,60)   350m: 03:33,07 (00:31,72)   400m: 04:03,24 (00:30,17) |      |                   |          |     |   |
| 4.    | Philipp Scholz                                                                                                                                                                                                                | 1999 | SC Wiesbaden 1911 | 04:19,72 | 545 |   |
|       | 50m: 00:30,04 (00:30,04)   100m: 01:02,32 (00:32,28)   150m: 01:35,63 (00:33,31)   200m: 02:08,87 (00:33,24)<br>250m: 02:42,37 (00:33,50)   300m: 03:15,58 (00:33,21)   350m: 03:49,05 (00:33,47)   400m: 04:19,72 (00:30,67) |      |                   |          |     |   |
| 5.    | Christian Balser                                                                                                                                                                                                              | 1993 | SC Wiesbaden 1911 | 04:38,59 | 442 |   |
|       | 50m: 00:31,55 (00:31,55)   100m: 01:05,66 (00:34,11)   150m: 01:41,37 (00:35,71)   200m: 02:17,00 (00:35,63)<br>250m: 02:52,82 (00:35,82)   300m: 03:29,12 (00:36,30)   350m: 04:04,68 (00:35,56)   400m: 04:38,59 (00:33,91) |      |                   |          |     |   |

Abschnittende: 15:59 Uhr

Protokollende: 15:59 Uhr

Schiedsrichter

Schiedsrichter

Protokollführer

